



The
golden
nuggets

The Golden Nuggets Contents

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ADAM AND EVE

There were God and two more -- from the beginning. And therein is all interaction. Then came children and brethren, but each unit consists in One Male + One Female, and no more. This is the Whole, the Nucleus of manifestation: the male in us thinks; the female carries this out.

Woman has listened to man; now she must listen to God and accept Him. In Eden, the trouble came because she listened to neither, but to an intruder, a trespasser and interloper below even her own human level.

Undoubtedly her husband had already cautioned her not to eat of the tree, but when one came along with seeming greater wisdom who knew the ways of the gods and their reasoning, she succumbed to his wiles and took his word as being greater. Perhaps she had not yet learned to talk to God directly, as had her husband.

It was an act of impatience. How could they do evil, not knowing it? As they entered into that other pattern, they then could know what good and evil were.

If they had not eaten, they would have stayed with God and would have received the knowledge in time. Having eaten, they had to leave Eden, and return. Eating before time breaks into the Law of Creation, causing its misuse and consequent negative action. "They don't care how much fruit you eat, just so it's ripe." Time to be eaten.

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The real sin of the apple was in seeing evil. Seeing anything wrong at all was just the cork out of the bottle, which then let loose all the rest.

It could have been kept closed. But even so, good awaits the end. It's the connotation given that makes a thing good or evil.

For a long time woman has run to man for protection from the very fears she set in motion by succumbing to the evil in her eyes. That was the first tempter, who later bruised her heel and she had to step on and dissolve him finally.

When she became irate enough, she overcame fear. In the Book of Revelations, the dragon pursued the woman. It seems time for her to overcome her first sin and not try it again.

When Adam and Eve gave up absolute obedience which had yielded absolute protection and care, they exchanged it for second choice. They chose, and God left them thenceforth with their own selection, without much help.

If they had chosen wisely and known how, they could have eaten of the Tree of Everlasting Life. But they were children, and didn't know until long afterward when they had covered the course and passed to perfect knowledge of good and evil. The teacher was the serpent force, which taught through temptation and forcing of choice to take one or the other, darkness or light. When Light grew secure, darkness left and the illumined one gained his right to partake of the Tree of Life.

In the beginning God created the heaven and the earth. Heaven was united with matter which had been created out of Himself. But now they've been apart so long, earth has become hardly recognizable as her former beauteous self.

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Earth has come to outpicture all the accumulated ill of the past, all the faults and the burdens left on her by the wandering Spirit. Having been left more and more to herself, having drifted farther and farther from heaven, sometimes she now, like humanity itself, thinks herself deserted. Yet a vague inner knowledge has kept alive the spark of faith.

Her sons are oft neglected for the increasing physical burdens piled upon her, but a spark in them also was never quenched; their Father's essence is still there.

After a long cycle, the Spirit of God is drawn once more to His creation, for something must be done. The earth must needs be healed, to take its rightful place in the Kingdom.

The sons must be guided and taught to perform good work. Love must be proven and shown, not just remembered as a theory. So once more the union of heaven and earth is acknowledged, but each must continue inspired efforts to keep the blessing of the reunion of Spirit and Matter.

Perhaps man forgot his mastery and let woman take over when it was beyond her capacity; but she got "stuck" with it, and gradually he stepped aside refusing his family responsibility, and she got deeper and deeper under family burdens, not daring to be irresponsible.

Things grew out of hand. Now the New Age man has decided it's time to get back where he belongs as head of the house, and straighten up the mess he's ducked so long, while giving his mate an equal break at his side.

AFFIRMATION

If you make a statement of affirmation or prayer for good in your life, it can only come true if you live and act in accordance with this statement.

For instance, if you tell someone, "I love you", he'll believe you to the extent that you ACT lovingly. That initial statement

is like prayer, in that it sums up all you wish for and sets the stage. But the play hasn't begun until you start to act. That "I love you" provides a title and outlines the plot, but the action must be in accordance to give it reality.

ALL IN ORDER

The Universe is an orderly system. Could we survive if it were not?

"Let all things be done rightly and in order," that is, in their ordained sequence. In any consideration of taking things in order, God comes first. "Seek ye first the kingdom of heaven, and all these things shall be added unto you." And "Ye shall have no other gods before me."

In this He meant more than people usually think, because they tend to make gods out of many things, emotions, possessions, or persons that they put before their Creator. If you put Him first, He will begin the process of seeing that your life is put in proper order.

Give him first place in your time schedule too. He should be the first to consult on any problem, and the first to thank or give glory to when you have cause to rejoice. He is the first to turn loving thoughts toward on waking, and the first resort in all things.

Some people feel they cannot do anything spiritual until they have set their lives in order materially, but they are doing everything backward when they think they have to wait until they have more time, or the children grow up, or they are financially secure.

There is no such thing as material security or guaranteed spare time in the future. You have to start now with what you have and what you have to offer. The widow's mite was worth more than the rich man's gold because it was given now with total devotion, not when she could better afford it. Money is far from the most important thing you can give, but it serves as an example.

If you would become a Son of God, then acknowledge the first Son whose mediation paved the way for you to obtain Grace.

Honor your parents too, whether or not their lives flow in the same direction as yours, lest you refuse your own life by denying the channel through which it flowed.

If you are in a position of authority, you may find it avails nothing unless you acknowledge the higher authority which conferred it upon you, or makes it possible.

Assume that we have now put things in order within ourselves; as the inmost in due time becomes the outmost already things are taking a turn for the better.

You must not only glorify God, but do things to serve Him. You are His hands on earth. And you must make moves to rectify some of the snarls in your life. Wherever you are do what you can, not to show off nor try to be a great hero, but simply what you can.

Then last but not least, set your own house literally in order. Unless you have built up your atmosphere to perfection, living in confused or chaotic surroundings cannot help but rub off somewhat on those continually exposed to them.

If you do what you can with what you have, and make no excuses as "if only I had this, I could do that", you will find that each effort directed toward bringing order in your life will result in enlarged opportunities to do still more.

If you have not a house, start on your room, and if no room, start with your bed, or books, or table, and your own person to establish neatness. One need not make a fetish of it, nor a god. This is just common sense and clear patterns for living. And it works both ways -- from the inside out, and from the outside in.

"Keep the Father, then Christ, then Christ Jesus, Lord of Earth, in your consciousness at all times -- then the Holy Spirit will be with you always."

Every time someone blasts out or lashes out at another person in anger or condemnation, he is blasting the walls of his own being and endangering his own well-being.

If you tend to be too disturbed by other persons' thoughtlessness or actions stop blaming them and control your anger. Life is not very smooth, anymore than is the earth's surface, and it would lose some of its interest if it were all flat.

Usually the person or the event which calls forth rage is not the real cause of anger. More likely the real reasons have been piling up and multiplying. Various disappointments which were met quite agreeably at the time because of a need to tread softly -- to hold your job or to get along with another person -- trying so hard not to antagonize people but being aggravated underneath causes pressure and tension to build.

Then, if someone less formidable steps on your toes in some little way, it just provides a last straw to the mounting load on a camel's back. When the lid is off, words of reproach may be spoken way out of proportion to the actual event or the blame of this person; but he provides a sounding board for an accumulation of your many wounds.

If you give way to anger, you're giving power over yourself to other people and things, and the hurt causes you to react. It is your own convictions which create the conditions in your life.

At times we should feel grateful to the persons who irritate us because often their very faults provide a caricature of our own faults to help us to try to do better than one would be normally inclined.

There is an exception when anger is more positive than negative. This is when a good clean righteous anger long overdue may provide him courage to slash through error and do

what is necessary to change conditions; then, for a moment, he mounts up as one on the wings of a red eagle.

ANOINTING

The secret of mastering circumstances is to be sought in the fact that the innermost spirit of humanity is identical with the ruling power (Christos, the Anointed) which sets into motion the wheeling activity of the cosmic cycles.

Kings were anointed into their ruling office, and "Christos" (the Anointed), or "Messiah" (the Anointed), referred to the ruling Power from on high, the one appointed to that office.

ASTROLOGY

Each star carries an expression of The Holy Influence as it flows down into the affairs of men.

Each shows an individualized essence of a character different from the others, which flows like ink through the pen of the Creator, declaring His perfect Will.

Each being is a channel through which the Holy Influence may flow unto that below.

Practical astrology is of limited use, because our knowledge is imperfect, but with increasing understanding, it will be recognized as one of the supremely useful arts and valuable

branches of knowledge known. But utilitarian standard by itself produces a wrong attitude of mind.

Dangers of misuse of the art do not justify us in studying astrology simply as a theoretical science, nor if we do so, must we look down upon those who are more practical in their views. The use of astrology makes not an honest venture less so, nor a dishonest one better.

Each soul is a secret to itself, and we may not judge why each one has chosen the nativity it has, and the life it has elected to face. It must, by essential character, unfold itself in every way possible so it may grow, and viewing these matters from beyond time, it probably cares little about the exact amount of happiness or unhappiness that may fall in each particular incarnation.

Once in matter, its old mistakes and weaknesses come to life and its pure vision obscured.

ATMOSPHERE

The atmosphere is an electro-magnetic shell. It is a shell, and it has thickness. The atmosphere reflects, if you set it; and if it is different from that which comes, it will bounce off.

To disappear, you draw energy from the outer atmosphere into your shell until it becomes cloudy, then you disappear. Don't bother to try this if you are a neophyte.

ATTENTION

Wherever I place my attention, there am I. You can be walking down a street preoccupied, your mind so totally somewhere else that you are in no way aware of your

surroundings. Until the mind becomes aware, you are not fully there at all, except for your outer shell.

If this can happen involuntarily, it can surely be made to happen when I need to change the focal point of thoughts for some reason.

Put on the "seemless" robe, and fly from what appears to what you would like to appear -- so long as you do not use it as an escape, but as a means of lifting up from a mental quagmire.

Neither dream in the past, nor go back over past errors, but concentrate on the perfection of things to come. The only thing ahead is the future. You can never go back; so why dig things up?

Put your attention on peoples' good points instead of their faults, and help them grow. Put thought into what you want to come about rather than in what you fear. For you give life to that which has your attention.

AVERSION

Beware of cultivating pet aversions, or making positive assertions you'd never do this, or put up with that; for Life, in a few ways, almost invariably seems to bring these very things, one by one, into your life and experience, as though to say, "Now here's the chance to prove what you declared."

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You may be forced into a close up view or experience of what you had stated yourself "against", for the very reason of broadening the understanding concerning it.

Any extreme one-sidedness of view creates an imbalance which Nature does not like. So man is asked to climb out of the rut and look at the over-all view.

It comes about because the things we give attention to with conviction and feeling take form in outer events, and this works just the same for things intensely disliked as for things wished for.

The final outcome may find you close to the original viewpoint, but it will by then be tempered with understanding and tolerance. Those childishly vehement declarations will be silenced, and you will find yourself cautiously thinking twice before too positively denouncing anything.

AWAKENING

By water, as though raining, it comes down softly, steadily, soaking in and softening the outer shell in order that the soul may receive impressions and so alert the Spirit.

The "waters" of the psychic realm, where the soul is at home, melt the outer crust of the earth-bound consciousness and make receptive to the Voice from above. The inhabitants of the upper psychic realm may help to transmit certain messages, being able to semi-manifest.

The first real awakening of the soul may indeed come through a "baptism of waters", a cleansing of old sins, initiated by the religious ritual, but accomplished by a shower of life experiences.

Brother Lawrence said, "If the vessel of our soul is still tossed with winds and storms, let us awake the Lord, who reposes in it, and He will quickly calm the sea."

BALANCE AND HARMONY

There is a stream of life within us cloaked about though it may be, with flesh, environment and personality which knows its own course and flows on regardless of what goes on around it.

When not harried, this stream flows smoothly, but when the wind of thought creates waves on the surface, or the throwing of stones startles its even tenor, or deep underlying currents of emotion roil and trouble, the waters may get diverted from normally peaceful channels. Sometimes when physical strength has been overtaxed, the stream slows down and thins out until it can gather fresh impetus for the rapids ahead.

Looking at the principles of balance from the physical parallel, the sense organs of balance are located in the semicircular canals of the inner ear. There are three canals in each inner ear, which are sensitive to changes in the position of the head. Each canal is filled with liquid. When a person is dizzy or seasick, the sensation is caused by a disturbance in the liquid in these semicircular canals.

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Muscles also have nerve endings which serve as receptors to stimuli, and which set up nerve impulses that travel to the cerebellum. These, along with the ones from the ear canals, are coordinated in the cerebellum, with the result that we are able to keep our balance.

Well-chosen music, which represents the perfection of harmony in sound, can often help restore the inner balance of mind and spirit. It somehow takes up the shattered, scattered ends of our frayed nerves when we feel beyond self-help and gently restores inner equilibrium. Not so the more popular types of beat music which destructively chop up soul patterns.

Departures from harmony throw us "off beam" and we must concentrate our strength toward regaining the straight undeviating way. As an airplane holds its course by following a radio beam, so we can never go far off-course if we keep determinedly on the beam of communication with God.

When life has gotten off-balance, reaching too far in any one direction, we have to reach a little farther than normal in the opposite direction to bring it back to a state of equilibrium. If we reach out too far in dependency on others, we get off-balance like a leaning tower. By assuming a little extra independence, more than we really want to, and swinging just as far in the opposite direction, soon we can snap back to the happy medium.

This principle works with anything, not just personal relations. In spiritual training, one who has over-indulged the physical or material side of his nature must go quite far in the opposite direction before he can relax into the norm.

If you bring balance where you are to your own state of mind, life and affairs, God will balance the whole. You don't

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need to worry about the Infinite side of things; He takes care of that.

A teacher helps bring spiritual balance to his students by cutting down the worldly egos way "below size", in order to build up the spiritual ego to do God's work.

BAPTISM

The baptism of fire and water: The water washes the outside of the cup -- scrapes off the accumulated error -- while the fire refines the inside. Baptism loosens and separates man from his sins.

The experiences of Noah and Moses seem to parallel that of John the Baptist who came to repeat in symbol, to re-enact their roles of the past and to present the new way.

The water he baptizes with now is of the psychic world -- the tidal wave of baptism by life, by experiences through the psychic media -- of which the Jordan was but a foreshadowing.

Only the nucleus of all one is survives to be brought out. The fires which destroy the old world are of friction and seething emotion, but out of the furnace which consumes all the dross comes the pure gold of illumination.

The baptism of water was to open a path to the psychic, or contact therewith, and to put a guard on the tongue. The baptism with oil in the new age is to soften the crown chakra to permit ingress of the Holy Spirit.

15

Baptism may be compared with washing clothes and drying them very dry, then having to sprinkle or dampen them again for ironing very smooth. How the saint acquires spotless linen -- the cleansing of the soul -- can be correlated with doing the laundry.

The word "baptism" stems from a word meaning "immersion", but it itself signifies cleansing or purifying. First the spots of *earth*, the dirt encrusting the garments, must be

washed off in agitated water, psychic fuller's soap. They have to be scrubbed and perhaps scalded, depending on material and depths of dirt. Any stubborn stain must receive definite, possibly harsh, treatment to dissolve it.

Then the psychic influences are wrung out, and the subject is either hung out on the clothesline or put in a dryer. Either one uses the principle of *air*. Breath. Spirit.

At any time the linens are wet, they may not be mixed with colored garments which might stain them, unless one knows the dyes are certainly fade-proof and previously washed and tested. When the air and/or heat have dried them, they come in clean but wrinkled, not ready to wear.

So the iron element, the red Mars, comes in here and tries to smooth things by his might; but finds that even as one would "dry out" a drunk by giving him a little drink next morning, so the clothes need more water, a sprinkling, just enough to dampen them so the hot iron can overcome the wrinkles, a *taste* of the psychic. Then fire and water remove the wrinkles, and all comes out smooth and beautiful. The pure white linen of the saints. *Baptizing with fire and water.*

John only baptized with water. He cleansed away the faults, but did not make them fully presentable to the Most High.

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Here is the tempering of metal, the refiners fire -- water on heat, and fire on water.

Anointing is giving of the Holy Spirit by a prophet to another to accomplish a purpose. Jesus was anointed by John. The one who anoints is always of a different Order, always a human being, but not usually as great as the one anointed.

THE BEAST

"The man must not become a lion, but it is all right for the lion to become a man." We tend not only to accept uncontrolled emotional reactions, but go all out to stimulate and glorify the very beasts which tear at our vital parts. Though they ravage the motor of our bodily vehicle and wear down the efficiency of its faculties, we are foolish enough to coddle them and seek still more stimulation through sensations and thrills.

A successful play is one that can make people cry, laugh, grow angry, or terrified; but the very allowing of something outside ourselves to *make* us angry or happy, is putting power over ourselves into the hands of others. And to further stimulate these traits by artificial means is to cultivate the weeds and ignore the flowers in our garden.

Your full and true happiness can never depend on another person or thing. Though he may add to your pleasure, he is incapable of doing all the things required to keep you at the peak of joy and should never be asked to become a slave to keeping you happy.

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True happiness must be fished-for deep within the wellspring of your own being, and just be thankful if your mutual enjoyment of life may be increased with some companion or friend. This cannot be eternal, for he too must find his own foundation within the Self, and neither of you can devote eternity to keeping another unpredictable individual totally happy. If this were your main objective, it would be your god. "And thou shalt have no other gods" before your Creator.

With negative emotions you mustn't let anything fully get "to you", or to elicit uncontrolled reaction from inside yourself.

Perhaps you are a very mild-mannered person never suspected of a temper or passion.

Have you ever looked down deep inside yourself and squarely faced your moment-to-moment thoughts and especially feelings? The first view might shock you.

Watch them for a day, all day long, then next day watch again, but from the viewpoint of a little angel sitting on your shoulder, who is testing you out and watching your reactions, pushing and shoving a little.

Before the day is over, you might wonder why the angels bother with humankind. And you would surely see why they don't take a very determined hand until the person himself wears out the negative emotions which to him are his dearest possession. Have you ever tried to drop a grudge, and see how hard it is to let go?

One morning both you and your wife oversleep; and you race to work without coffee or breakfast, and with a hole in your sock. A new supervisor at work raises eyebrows at your coming in late, then breathes critically down your neck all day. Your paycheck doesn't arrive and bills are due. Then your wife

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meets you with dreary problems, and not dressed up like the pretty girls in the office.

Her "dreary" problems were what she lived with all day, and are fully as important as yours, whatever they are. Perhaps she has better things to spend money on than clothes and coiffures, for the benefit of the family -- or maybe neither of you has any real excuse.

Do you both just let the beast rage, taunting it on till it tears you to shreds, then try to patch it up? Or do you let it continue to rage privately inside you, keeping it locked in a secret place until its grow mounts to a roar that can be kept hidden no longer?

Take plenty of time to observe this beast, as you take steps to master him. Stop waving the red flag and start coaxing him with love into gentle submission. He represents not so much the mind as the involuntary reaction of heart and emotions, behind which lies the will.

This savage beast untamed can riddle one, but gentled and controlled he provides the motive power to carry forward. You must be the rider, not the one ridden.

If he says, "Come down here", you must insist "Come up" instead. When all the world has tamed the beast and harnessed its power there will be freedom and peace for all. But before we can persuade someone else to pet a lion, we must learn how to pet him ourselves.

19

BIBLE NOTES - I

Firmament means support. *Heaven* means cover or shelter.

Genesis 1:20: "open firmament of heaven"; in Hebrew, "between the day and the night."

1. First created birds to fly in firmament.
2. Second, water brought forth fish, and let fowl multiply.
3. Then the earth brought forth beasts.
4. And then man in God's image with dominion.

Hebrews 11:33 -- stopping lion's mouth and power of fire is overcoming lower nature.

Abraham is Father of a multitude of sounds, such as Ram (ram's horn) and many meanings. Abraham, like Brahman, the Creative capacity of God. God made Abraham especially in His Image. The child of Abraham (Isaac) means "joy". Not just to produce people, but the faculties of God in humankind.

"Rabbi" is a form of "Ra."

JHVH does not mean Lord, because Lord is but an attribute. Nearest is "Eternal of Eternities". God had to be made intelligible. Dr. Sam teaches God becomes intelligible through love and breath. The simplest form of breath is "Heh". God is eternally breathing.

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IHOH HUH. Yod also stands for male; Eve, eternal life. Vowel stands for spirit; consonants, for matter. That is why the Bible starts with B, not A. The name for God in Gnosis is IAU, a variation of JAH.

"Aum", but used in Hebrew, signified in Chaldean "the basis of things". Chaldeans called "people of fire" by Hebrews. The use of vowels that come from God are universally the same.

Don't call it Jehovah or Lord God, but "INEFFABLE" or Brahman. "I was, IS, and WILL BE, that I Was, IS, and Will BE."

"And HE Blessed" (the essence of man). He gave the effect upon them that they had joy or wisdom. Wisdom is not content,

but capability of capacity. (A great magnet does not move machinery until the magnet starts moving.)

Adamic is potential. Earth would mean "by the rocks of which earth is made". Ground is soil -- erosion of rocks, introduction of organic matter. Soil has life; rocks, in a sense, do not.

ADAM WAS CREATED IN THE IMAGE OF ELOHIM;
BUT JEHOVAH, ABOVE ELOHIM, PUT INTO HIM THE
BREATH BY WHICH LIFE WAS POSSIBLE.

Man, not animal, can breathe in virtues.

Joseph was the 11th son, a suggestion of Aquarius, the eleventh sign: the age of the "fruitful bough by a spring, his branches run over the wall".

The reason one can't build divinity on things of the Old Testament alone is that it pictures all mens' error, all his lust and sin.

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The basic difference between the Old Testament and the New is the difference between disobedience and obedience to the Will of God, and heeding His Words.

Another difference is the conception of God. Formerly they thought of Him as a Man who walked and talked in the flesh, and talked out loud in thunder. They thought of Him as angry, jealous, and vindictive, without mercy, partial, and only for Jews, killing off others so they might have land and food.

The New Testament saw Him as a Loving Father who cared for His children and Creation, and would go outside that nation to others. They saw Him as forgiving and self-sacrificing, sending the only body He could -- that of His Son -- to atone.

With Noah, God cleansed out the evil and diseased cells from His body by a flood, but now He purchased them with love, healed and led them back to Him made whole.

In the Old Testament, fear and slavery. In the New, love in servitude. In the New Age, free man and woman.

DR. SAM TEACHES THE BIBLE

The four levels of Cause and Effect: material, emotional, mental and spiritual.

The first chapter of Genesis refers to the condition of sleep; second chapter, to the condition of smile. "Eden" means delight. God put man in the condition of delight. Jesus said, "You must become as little children." The Babe knows conditions of sleep and conditions of delight. The Garden of

22

Eden is your condition in meditation. If you want to get into the Garden of Eden, meditate. If you want to get out, think!

Upon the "etz" (Hebrew for "tree" or "growth"), Christ was crucified -- upon the "ETZ" of Life. Hebrew word for "evil" means absence of light.

Evil is not opposite of good; evil means you are overcome by darkness. "Paradise" means an enclosure. Eden was not an enclosure. It was a range of vibration, universal delight.

You don't have any kind of growth without breath (of Life). Hebrews say the Bible is the Tree of Life; hold to it. When we discover this Tree within us, which is the base of the Kabbalah, we still haven't come to the Christ.

If we did not go through the world, we would remain as angels, not appreciative, not realizing God -- just praising Him. The angel has never tasted of the fruit of Knowledge, or good or evil, or anything. He knows not darkness, but he doesn't know he does not know.

The new principles do not replace the old ones, as one day on the calendar does not replace another. Sometimes they transcend them, but they do not replace them.

If someone destroyed your faith, he would be a scoundrel; but if he added a dimension to it, it would still be there. Seeing or going into another dimension doesn't destroy this dimension. You add another plane.

Love is the lifter that gets you there.

Love is not what you're going to carry (into the heavens) -- it's the carrier.

23

BREATHING: If you breathe out, "Our Father which art in Heaven," and in, "Hallowed be Thy Name," you have taken in the Holy Spirit. If you do or say or hear anything and it agrees with this, after you have so breathed, it is right. If it does not agree, it is wrong. (Quoting Dr. Sam). Not always is the inner voice of God. It may be one of temptation. But if you hear the still small Voice after breathing the Name of God, within yourselves, it will save you from temptation and evil. So should Eve have listened, not to her own desire.

God *breathed* into man the Holy Breath (Spirit), and man became a living Soul. God created Woman out of Man, Ish and Isha.

The enmity was not between man and woman, but between the Will and the Determiner. As when one "wills" to drive to

the Ferry Building, and traffic, lights, detours, etc. interfere with his direct accomplishment.

The horoscope is your own magnetic field confronted with another magnetic field of that moment; your own self struggling with this which is always going on. The struggle between two things; you and the things around you -- Will and Fate.

In the midst of this, where is God?

Naked you entered the world, and naked you will leave it (they say at funerals). Why do they forget to mention this at other times?

Man must first leave all material possessions, then drop all doctrinal possessions. When you do that you go into the next world entirely.

24

The pain in childbearing. Eve's punishment, means the *action* that you do brings forth pain. Every thought is the production of the Isha in us, and every thought contrary is an interference with our primordial peace, the Eden within us.

Adam followed his own will power (listened to the woman), not the Divine Will. "Isha" means our will power personified.

There is constant conflict between the Will Power and the Karma of the world around us.

Eve is the intellectual mate of Adam -- the mother of all living. God clothed them; He made bodies for them.

He had gradually refined matter through plants and animals to man, until His spirit could enter it! Animals could not do the breathing as we can. They have no will-power.

These bodies are made out of the hardening of the Divine Power, and through hardening comes the means of protection.

So He drove man out of Eden and forced him to enter the sphere of Time.

Eve's name was not mentioned until the third Chapter of Genesis, verse 20.

In the first Chapter on the sixth Day:

"In the Image of God created He him; *male* and *female* created He them."

In the second Chapter:

"The rib was removed from Adam, and sealed up with flesh. Ish and Isha -- *Man* and *Woman*, they were called."

25

In the third Chapter:

"After Eve digressed, and was with Adam reprimanded, He clothed them with skins, and then Adam called her Eve, the mother of all living."

BIBLE NOTES FROM DR. SAM

"Then He spoke", or "in the Name (Shem) of God"; these things only need we accept in the Bible as being spoken of God, where these terms are used.

The ark is to save at us any time (from turmoil), and this is the whole meaning of the flood. The 17th day of the 7th month the ark landed. Ararat means the "piling of light upon light." Greek Tartarus means the piling of darkness upon darkness.

After the raven, he lets out the dove or Jonah. Noah is the spirit of repose.

As long as you have the ceremonies you don't need the Scriptures.

Mt. Sinai might have real experience.

They crossed not the Red Sea, but Ain Soph (No-Limit), Sea of Weeds, or Reeds.

Shem: All that is bright and upright. Egocentricity.

Ham: All that is dark, unwell, and heated. Materiality. Duality.

Japheth: All that is extended and wide.

26

Races: white -- intelligence

black -- joy

yellow -- peacefulness.

Abel has the same root as Baal, "master" or "possessor", not a keeper. And Abel represents that which becomes master. When time comes to pass the seas or ocean of untranquillity, Cain pulls, gravitates, and takes us away from tranquillity. Abel took from the first things in this world which he had, and he appeared a saviour. Abel blesses, Cain receives. He grew angry, casting down the lines on his face.

You can't do this,  **and do this** 

Blood and ground have the same root: "dam" ("Adamah"). He is driven from the Adamah. He needed cleansing.

The angel is a creation of light, and knows nothing of darkness. The man, when projected, became the master of Light.

As soon as you attain knowledge, you lose joy -- for knowledge is picked up by the tension of the nerves. But when you attain wisdom, you have joy. Gnosis and Sophia.

Knowledge as we know it means the termination of joy: after the age of 7 years, the gray matter starts developing and the joy recedes.

Dying doesn't mean you are caught in dying -- not you shall surely die. Dying means simply the end of appearances. "You shall be as gods *knowing* good and evil." Evil in Hebrew means the absence of light. We observe the word "good" and not the word "knowledge".

27

What is manna? Manna means the fruit of the mind. When you eat it, it tastes however you *think*. When manna comes down, it makes things separate, we become analytical. He breaks down, cuts and divides. When we get control of that part of our nature, this is what happens.

The houses (Beth) of the Divine Voice. You dare not see God, but you can hear His Voice -- "the infusion of His mind into your own being".

Adam heard His Voice, and he knew there was a difference between himself and God, so he tried to get away from it. When you become aware of the mortal sense and the mental sense, you are outside the divine union. Then you have to make it by yourself.

God said, you are cursed, beyond all animality. We have to get rid of the sensuality if we want to return to Eden, by going through travail. You have to work in order to regain your own nature.

When you are not self-assertive, you can possess the heavens; when you are self-assertive, you can only possess that which you assert over.

If you have the love, you need not strain for it, but if you have not -- why suffer?

28

BLESS THEM THAT DESPITEFULLY USE YOU - BLESS AND CURSE NOT

Jesus blessed his executioners, or at least he said, "Father, forgive them for they know not what they do," implying that if they had known the full extent of what they were doing, it is not likely they would have dared such an act. For if they knew, they must automatically accept full responsibility for whatever payment their deed would incur. Unfortunately some of them did accept both for themselves and their children the consequences, but the majority were ignorant. The important point is that in his statement, *Jesus freed himself* of any involvement with their future payments.

Oddly enough, it was a Gentile, their foreign governor, who did what the Jews should normally have thought to do. He cleansed himself, washing before the crowd, to publicly disavow any involvement with the verdict. This, despite his reputation as a cruel and erratic ruler who disliked the Jews.

If you have a grievance against anyone, first talk to him, then if he does nothing, as the Bible says, take it up with him and

three or four others, then if no correction is made, take it to the board of elders. If he will still do nothing to make amends, even then, "Avenge not yourself, for I will repay, saith the Lord." All that is beyond the reach of man's power of restitution is in God's hands, and He will make all things equal in due course. He will straighten all things. Let go of mental anguish concerning it, for in that grieving is started a new train of events if you allow yourself to react, and you need no furtherance of that.

The temptation here is both subtle and vicious: the temptation to blame someone; to get caught up in the sorrow

29

and frustration which they obviously caused (and you have caught the brunt of the actions), who squirm at the injustice and seek a way to set things right. Quite naturally, ask God to straighten "them" out and see that "they" make right what is amiss. Meanwhile you may seek to maintain outer equilibrium and the amenities necessary to polite society -- a "civilized" demeanor -- but beware of burying bitterness to eat away your insides. What passes for civilization is far from civilized and far from reality. Better get out what's bothering you, negotiate in the most acceptable way possible, or the most constructive way. Anger or unrestrained impulsiveness seldom works well unless a real dynamiting is needed for crystallizing conditions.

If the solution still has not come, after all this, don't *blame* anyone, for your own sake. For this is the devil's own trap, after you have passed so many of the tests you do not even recognize this one as a test because it looks so totally on someone else's doorstep. You tend to feel like the innocent bystander or victim, trying to protect mind, heart and soul from going under, trying to keep all clear. In the face of acts which are selfish and without excuse, it is very hard to get out any mental "God bless you's", when perfect justice indicates a punch in the nose would be the only satisfactory solution all around. For full forgiveness can only be granted to those who ask for it with genuine contrition.

"Repent", and then it is not so hard to forgive, even if they repent about 70 times 7 (though it might begin to wear thin toward the end).

The problem lies with those self-justifying persons who ask no forgiveness, who "couldn't care less" what they're doing, because they're getting just what they are after; who are willing to risk your happiness to get their happiness.

When Jesus said, "As ye judge, so shall ye also be judged," he was not sternly admonishing the people, nor presenting man

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with another hurdle to see if he could become more holy. Rather, he gave factual instruction for man's own protection when he asked this hard thing. For it is hard but carries reward with it, and the reverse carries suffering. You could not try this out unless the opportunity presented itself, nor could you pass a test until you actually confronted it. When you do pass this with flying colors (and not until then), you will be ready for still higher instruction. Every grade brings fresh new tests with it before you are allowed to leave that level for the next.

If you cannot remove yourself physically from a situation (and even after you do), the only sure way to get all the way out of it is to drop it from your mind, and mark the bill "paid" as far as you are concerned. That's what forgiveness is anyway. DON'T EVEN INSIST TO GOD that He deal with them properly. That's His affair, not yours, and if you hang onto that you are binding yourself to their future, and have not stepped free of the situation but stake out a share in their Karma. That was what Jesus avoided.

Ask Him to help you handle your part correctly, but let them keep their debts if that's what they want; do not take them upon yourself. Rather take your mind elsewhere and step clear. Forgive them if they ask, but if not, silently give them a cheerful

blessing with a thought for their well-being and evolvment. For they are more as ignorant children than vicious foes.

One way to go farther toward breaking down antagonism toward a person is to try "going along" with that person for a moment, mentally, in whatever he is doing, and trying to see it from his viewpoint. As a minor example, if someone is annoying you with awful music, instead of bristling try to follow his tune and whatever he is trying to experience or express as he attempts to harmonize. You may feel all at once his friend.

31

Really this is just the difference between blessing and cursing; for as the faulty musician can make you miserable with his nuisance if you react impulsively, though you do not even think to curse, your mental resentment does not help him. Of course, under certain conditions, you could ask him to stop, but if this is not feasible try to listen intently and as you move along with it you may find delight in his stumbling efforts. And in this you are in a sense blessing him, even though you do not consciously express such.

If you can just "play along" with anyone who is bothering you in any way, maybe you can enjoy just as good a time as he is now having at your expense. And whatever Karma is involved is then on the good side of your ledger, because you will have whatever reward there is for blessing, not the reward for cursing.

Though others confuse liberty with license, you must be free, and knowing you can no longer depend on any man to supply your happiness, you have to set yourself free detaching yourself from any side-effects of an unhappy or unbalanced situation.

Oftentimes when barriers should come down, you know exactly what should be done. You know the teachings and the rules, but do not want to do it. You want peace and harmony with everything clean and right, but you do not want to move across the grain toward that other person, having developed a distaste in which anything that person touches becomes

squeamish to you, and your sensitive nature feels repelled by any kind of contact.

So instead of permitting this misery of personal distaste to "get" you, just try to follow along for a moment what he is doing from his viewpoint. Talk to him, if you can, and often someone you disliked because of his actions, when you warm

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up in a conversation of mutual interest you will find an actual liking for the person. In that the wall just dissolves instantly.

Away back at the beginning, it would have been easy to change the whole course of events, but the longer anything is allowed to mature, the more it crystallizes and the harder to change. Talking to, or even liking, someone who is acting in a way harmful does not necessarily solve the situation. Neither does it make you condone anything; but it may open the way to a mutually acceptable solution, and bring peace.

Another way to break down barriers is to do something for the other person that he needs to have done, and that you know would be acceptable to him. Neither falsely show your teeth in "cheery" greetings which are no more than a bitter challenge to him to do the same. So long as the mess is swept under the table, the only thing needful is to get it out and dispose of that; then you can grin with honesty.

Take another look at yourself also to see if you are being stubborn in an inner way though outwardly you have never been a stubborn sort at all. Are you in this matter stubbornly refusing to take the deciding step to turn around and go the other way? Have courage and know that God is with you in doing whatever is right.

33

CHANGE

Remain comfortably seated in change.

There are no endings, only new beginnings.

The last step of one experience is the first step of another.

The same types of experience tend to repeat in circles, but spirally as they ascend to higher levels, becoming less of earth.

In the midst of outer changes one cannot be inwardly moved, since God is changeless. An all-inclusive spiral of rising Light weaves around and includes all moves and separations between people or places, so all are contained in one pattern.

It is not difficult to see the advantage of moves and change once free of them. The relief of lightening the weight of accumulated things and associations is healthy, as pruning a tree for better growth.

God is in the midst of you. You shall not be moved -- inwardly. But if there is something you want to change, go back and change its cause.

Don't *set* yourself in anything, lest you become annoyed at change or disturbance. Be mobile and adaptable, giving a second look at even what seems negative, for it may be the seedbed of some possible good.

Let all that is false be shattered from our lives, that only the true may remain. And if we seem to be falling from wreckage that had to be cleared away before the finer structure could rise, then let us not fear, for this is God's work, and there is no place

34

one can fall except into His arms. Whatever is sought in Truth though it seems left behind is waiting for one at the end of the road.

It may have seemed over and over that life had been smashed to bits, and there was need to pick up the pieces alone and start over. Yet what is your life? Only the outer circumstances have been disrupted. The true life is within and cannot be changed, not even by death itself.

Each hardship adds to strength and wisdom. How can one with limited vision know that it is not for the best that certain shackles are removed, that a different and more favorable setting might be achieved?

In fairness, too, on looking back, instead of waiting for these matters to grow to such proportions that only blasting could remove them, why didn't we "nip them in the bud" at their very starting and stop them in the "borning"?

Anything that guarantees to be unfortunate in the long run had best be prevented at the very beginning, before a foothold is gained. The longer things endure, the harder to break up; it is easier to pull out a seedling tree than the full-grown oak.

"You, and you alone, may give permanence to a thing by your protection of it, for you are the creator, and the Spirit moves within you.

"For the Spirit is the only permanent thing with the Self, which is eternal. All else is everlasting change, which brings

Joy, Love, Peace and Harmony, according to your choice and the way you use it."

35

CHILDREN

One needn't worry about children going the way of their parents, usually. The material-minded parents stand as guardians by their example, saying silently, *Don't go this way*.

The young rebel against their parents. The child who pensively remarks, "I got too much for Christmas," is saying in his soul, "You haven't given me God. You haven't given me a glimpse of Reality; that's what I really wanted."

If a father and mother truly love the child and act on this love, the child will love the parent. But they expect discipline as a part of love, and proof that you really care what happens with them. Again, you have to be able to handle them, or they'll handle you.

Honor your parents, because if you cut yourself off from father and mother, you are no longer their son, but a stranger, trying to set up a creative pattern from "scratch".

If you try to place yourself equal to or above your father, you are not giving respect to your source, or the physical symbol thereof, and indirectly not acknowledging creation.

If you are disrespectful to your mother in essence, you are not respecting the subtle principles which brought about your manifestation.

On the Spiritual Path become as little children. Do, and it works. Never mind how. If you want it, do it through Jesus Christ.

SPIRITUAL CHILDREN: "Except ye become as a little child ye shall in no wise enter the kingdom of heaven."

36

The child is eager and trusting. Wide-eyed he swallows whole the tales told by his elders. He is thrilled with wonder and doubts nothing, believing in goodness of those who care for him.

Except a seeker swallow whole hook, line and sinker what the teacher tells him, there's no way to bring him to the reality. If he shies away and denies, how can you help him? If anyone reading the Bible questioned every statement and resisted the words of Jesus, how could he partake of the Christ Light?

It is only the childlike whole-heartedness that can get you anywhere spiritually.

Nonetheless, when you have accepted it -- when you have swallowed the bait and been caught, and when you have partaken of Him and become part of His Body eternal -- then He wants you to grow up, just enough. Not remain schoolboys forever, but conscientious stewards of this realm. You must be his brave emissary, equal to any occasion. This requires training to make you "wise" as well as "innocent".

CHAOS AS OPPORTUNITY

"The earth was without form, and void, and darkness was upon the face of the deep..." Gen.1: 2

Remember, this was the *beginning* of the world, not the end! To human eyes it might have seemed utterly hopeless at that time, but to God it was the plastic substance from which a beautiful planned earth was about to be created.

37

The most seemingly hopeless times of our lives are those times of utter chaos, when everything has reached such a state of confusion we hardly know where to turn. Things look a complete mess, and it seems there is no way out. But outer appearances always mislead. Looking deeply within to discover their real nature, this very chaos can be the actual material out of which better circumstances are created.

The very fact of its present formlessness makes possible the reshaping into something finer -- right now, while it is still workable, before the mass begins to harden without direction.

The clay needs a potter with some picture in his mind of what he desires, some goal to aim at. But if you feel momentarily incapable of choosing a new pattern, due to emotional upset or numbed reaction, pray for guidance with all your heart, or simply ask God to bring about that which is right and good in His own way.

Then believe He did it, and don't keep poking doubtful fingers in His work to criticize and pull apart His efforts. Firmly trust Him and let Him know you do by every word and act. Affirmations and holding in mind the desired result as an accomplished fact, with steadfast faith, can help bring things about.

"When you pray, believe that you have received, and you will."

These seemingly worst and hardest times of your life actually provide your highest opportunities to emerge with something finer than before. They are the signal to start work and try to create better conditions, not to fall back in self pity or bitterness at the very crucial moment when you should "take up your bed and walk".

For if you give no prayer of support to help reshape things properly, they will simply congeal of themselves and become set in whatever haphazard way things happen to fall, colored by your state of mind. And once "jelled" into solid form, about the best you will be able to do for the time being will be to "make do", for it would be doubly hard to shatter them and start all over again.

Better let this creative process remain a secret between you and God. If it must be mentioned, let this be done as little as possible until things have become securely well set, then you may release it.

You would not take a cake from the oven when it was half-baked, just to exclaim over it with a neighbor. If you did, it would fall and be a failure. On the contrary, you would keep it well-hidden at just the right temperature until just the right moment, then bring it forth in triumph.

It is as though talking to others about your thought-creations while they are still-in-the-making dilutes them down and weakens, or even stops, the creative process right where it is. It is as though talking to others about unfinished things has a way of crystallizing them right where they are, finished or not, because talking about a thing seems like cutting the cake to be eaten, whether or not it is fully cooked.

There are times when you must declare for your plan, whether aloud or silently, and that is when someone near you is making opposite or negative declarations.

Then you have to counteract his tearing-down remarks by building-up words of your own, not necessarily revealing all. It seems that positive declarations made in the face of appearances to the contrary carry added strength.

If you become weary and discouraged and yourself make contrary remarks, it may create a cross current, like jarring the oven, and you'd better try to get straightened out so it can work.

These are some of the ways words have been known to work. You see or hear someone or something interesting that you'd like to contact again, and enthusiastically talk of it to someone. At once, it seems to disappear. Things might have turned out the same regardless of talk, but it seems the matter was still too nebulous and unfinished to bear the impact of dissecting words.

Don't comment overmuch on things in your life which displease you, either, lest you cement them by your words. Your conviction carries weight.

In the case of two persons living in poverty, everything about them speaking of lack, one of them just looks at the way things appear and constantly bewails his poverty, making it more and more real. He gradually solidifies appearances as they are, making no effort to reverse his thought.

The other person will not admit to poverty, and if anyone in his family makes "poor" remarks, he firmly contradicts them and declares plenty instead. He steadily pulls upward spiritually and financially, things growing better and better, not swiftly, but gradually and sure, to the degree of his conviction.

Yet another experience can be mentioned. After a long desperate struggle to endure things as best as one could, the day came when in a sudden outburst of rebellion, one cried, "I cannot endure another day of this," and strangely in a very short time that long-standing condition was resolved. Was it the

passionate refusal to endure longer, or the logical foreshadowing of things to come, or just the darkest hour before the dawn?

In the case of a problem which upsets you so seriously that you are incapable of getting thoughts and emotions under control -- before you have grown strong and are unable without aid to think positively -- then it is best not to hold things-as- they-appear close to your bosom and brood over them, lest they grow and thrive by very attention.

It is then that discussing things with another of right attitude not only helps you unload a burden, but the very airing of the problem seems to dissipate its strength and make it seem less serious. You may get a clearer perspective, a boost in courage, and then be able to go on to control the situation.

In the case of something lost, there seems to be better hope of its being returned if you do not admit its loss to anyone, especially yourself. Of course, it may be necessary to report to certain authorities who would be the means of returning it, or to your family who might be in some way concerned. But don't go telling everyone you contact about your loss, as long as there is any chance of recovery.

Just keep telling yourself it's not lost, but that everything is all right. If you know someone of strong faith whose prayers might help, it would do to tell him, but in any case rely on your own faith too, and do not let the loss become real to you.

Every minute is a time of choice: what to say or think.

Life -- God -- daily holds out a platter to us from which to choose our thoughts and actions, either we may decide to do things less tasty and pleasant, perhaps -- but which will strengthen and nourish our souls and minds -- or we may lazily dissipate and indulge in those things which fatten and gradually destroy. God may try to tell us, our parents try to guide, but the choice is that of the individual alone.

Make your decisions definite. Don't say, "Yes, but - ," or "No. Well, maybe -;" just, "Thy will, O lord, be done."

Live only *today*. You get back exactly what you put in.

If you stop looking for darkness or the devil, he'll disappear. Don't feed evil.

You choose your way to light or darkness. "And blessed is he whosoever shall not be offended in me."

We have many times the choice between carving a name for ourselves on earth, or choosing the less clearly defined chance of heaven.

Many times we have the chance to resign ourselves to letting another take over, where we may have held on even against odds to do a needed job.

If we insist on credit or on keeping a position, we dig deeper in earth and get materiality, but if we release and don't insist we can rise, transcend.

God created man in His Image, and gave him the prerogative of acting in the name of Jesus Christ. He begot the Sun out of His own Being. He is the Mind, and the Solar System is His Body. Through the Sun came the planets.

The clue to the Trinity -- the Father is the mind, the Son is the heart, and the Holy Spirit is the character or *attributes* of God.

The Father coming down through the Sun takes on a personality. In creating the Sun He realized a Center to His own Being. God creates a Son, speaking the Word, with a pattern He has predetermined, and a way He predetermined, and a gathering of the Will. Then the Son is born.

The Spirit is the force of God working through the personality of God, in Creation. Spirit is an invisible Flame which never burns, but sets on fire all that it touches, while giving it life and generation. Only the Spirit of God can point out to us the Christ.

Spirit is the force of the Son-Sun of God in action, as the negative aspect it draws from other parts for what is needed there.

One must be negative toward God to get action. If positive, what would happen? You're positive in this atmosphere, but not toward God. As above, so below. Scientists study atmosphere above; these waves are conductors of things to earth.

Measure the temple, the physical body of man, because God is in it.

43

Christ is the Bridegroom, the human consciousness the Bride. When one begins to act, the Christ acts with him, and therein is the marriage.

Man is the Light, the visible part of the Life, the becoming part of the Love -- the great motivator of God, being and creating.

The Universe is created as a whole within an eggshell, a thinner shell within, and then *layered* all the way down to the core. And that is a Particle of God Himself at the center of the Universe. The center of our universe is the Sun; at the Center of your own is the Self.

The Father is one rate of vibration, and as it passes through the sun, it takes on the Christ principle. Another, mainly ultra-violet, produces the light which is the Son Light. This is the Christ light. It has a Christ characteristic -- healing, purity, and it carries the Life Force. It comes into our atmosphere, and illumines it as sunlight. The God Force is still in it -- the Christ principle, now coming more than normal. More light coming in makes the body more light in weight.

The Son of God gathers Light and radiates it.

His light is not by reflection, like that of planets. HE IS. He gives light, as a piece of it taken from the Source. He is Begotten of Light, a spark thrown out from Central Source.

The sun gives not heat, but pure energy, which it radiates forth.

If the earth's atmosphere provided no resistance (and heat) the earth would burn instantly.

44

Planets are held by electrical currents and fields in the Sun.

Speaking of the return of the Christ force in this day, He said -- "I shall return as a thief in the night."

Christ came with spirit and power of atonement, so people had no time to shy away.

When the Christ comes and brings His Light to your nucleus, it shows up all the dirt and drives it out. Every speck is magnified at the last. The same thing happens to everyone, but not everyone knows it. His life may be a mess, but only through becoming spiritually attuned can he clean it up.

Awake: Rev. 3: 3 "If you do not wake up, I shall come upon you like a thief, and you will not know the moment of my coming."

CITY OR COUNTRY

A country person has cause to feel appalled on entering into our city life -- at the aggressiveness displayed: the grabbing in stores, the pushing to get on street cars, rather rudely selfish attitude of "get out of my way; that's mine, buster, if I can beat you to it."

It is in rude contrast to the country good neighbor policy of "Can I give you a hand, neighbor?" or "Here, try some of this."

But later you understand the grabbing. There aren't enough of anything to go around -- of jobs, of houses or rooms, or bathrooms, of food, of bargain items, or of seats on the bus.

45

The constant need to make it through any opening or lose out altogether -- to be there first before 20 or 50 others wanting the same thing -- begets indifference to others. You know he has the same odds so you forget him and concentrate on yourself.

If you were to let down the barrier, you couldn't stand the concern of seeing him lose what you gained.

Yet there is enough understanding of his problems that can bring real friendliness in an emergency situation.

All is stiff, separated silence on a bus taking people to work, but if it breaks down, in five minutes everyone accepts everyone else as part of his shared experience; friendly communication breaks out all around and barriers disappear.

COMMUNION

Daily we invite God to our table to bless the food and our company. But when we come to the altar, He invites us to share the feast at His table, distributed by His servants.

When one invites someone as a person to share his meal, the return is another invitation. When one invites a holy man as a holy man, in holy manner will one be invited to share the spiritual feast which he has prepared.

At communion, we come *up* to reach the level of this sacrament.

46

It has been customary in the past to bow before the sanctuary because "the Host is always present in His tabernacle."

Let me not remember farther back than Christ Jesus, and remember that in Him are all things. Let me participate in the

communion knowing this, that He consumed all the past in Himself, and fulfilled all that it had been.

Let me remember nothing beyond Him nor uncover the graves of those disobedient to God's word. Let us not exhume all those who sinned before Noah, neither all those who lived riotously since.

Eat and drink in remembrance of the Son of God who came that we might share with Him at Our Father's table, and replace little by little, through daily participation, our mortal flesh with the divine.

God is mind. I reach Him through mind. As I think, so do I dwell in Him, if thoughts be worthy of His consciousness. Walking at all times with That Mind through this mind, at one point they move together and merge into One.

In taking communion, I come down from Mind to partake of the Divine Alchemy, of the transmuted Body and Blood of the Son, and it occurs in the earth of the physical vehicle. So in one moment, I know Father, Son and Man. Before that, it was taken rather as man reaching up.

47

CONCERN AND CONTROL

Don't get "carried away" by your own joys and sorrows. A "weaker" student, though of long-standing, one week so immovably woebegone, the next almost offensively cheerful, is

overcome by his own emotions, awed by them, almost to the point of wallowing in his own reactions.

Neither has one the right to absorb and hold the sorrows of others, feeling responsible, because that assumes God's work or takes it from Him.

Use God's mind to deal with it, and let Him take it over.

Carefully weigh every mental, emotional, and physical state which seeks to hold you back.

If thoughts start to act like rebellious uncontrolled children, ask God's help to get them in hand.

When unwanted thoughts seek to obtrude, don't react negatively by thinking them "evil" or harmful, something to get rid of or throw out with great vigor.

That's the knowledge of good and evil. Rather think of their darkness as unfilled pockets which need to be flooded with light.

Shadow spots which need, not chasing, but the turning on of a light. Then they're gone. Don't hate or flee or drive them, but treat them with what they need.

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It is only where there are "thou shalt-nots" that one has knowledge of good-and-evil. No one has ever told me I should not drink sweet apple juice; therefore, why question the conscience in so doing? But if one had told me, "Thou shalt not," and I did, I would have consciousness of wrongness, or having disobeyed, whether or not the act itself were immoral or "wrong".

I have the right to one jealousy only, with Him who is also jealous -- to keep the channel open between Him and me, and let nothing interfere.

CONDEMNATION

"Bless them . . . bless, and curse not."

It is foolish and harmful to condemn or accuse another of anything at all (presuming his actions have not been purposefully directed to another's harm, or to break the law).

However his actions appear to you, they are to him logical and justified, and no other human being has the right to judge.

Every person knows deep within himself that he is essentially good.

We instinctively recognize our Divine nature, while not always conscious of it. So we are hurt and confused, or just harden ourselves when others fail to see the rightness of our intent.

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That is why almost everyone can be reached by love and approval. A person approved knows that he is being *rightly* judged, and will appreciate your keen discernment of his true worth.

There is that Spirit within every man which gives him the divine right to be treated with *dignity* and *respect*.

If you wish to improve someone, work first on yourself. Remove the tendency to condemn, and seek the good that's there. Then help to draw out and enlarge this good in a positive way, but remember your own dignity, too.

As we are all members of one body of humanity, if one attacks another, it is somewhat like attacking his own arm or foot or accusing his own eye.

To criticize another is to cut him down making him less, yet we seek not to make him less, but more. So must we show approval, to magnify the good (God) qualities in him.

Don't expect everyone to be perfect, nor worry that they're not. We are all in varying stages of progress in spiritual evolution.

Any of us who was perfect would not be here on earth. There would be no need for further advent in this school-room of experience.

Similarly, one expects great things of himself, and becomes disappointed at his own defects. But these are his reasons for being here; to gradually, eventually dissolve them out of his being.

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Each fault causes one to blunder again and again into its own particular resultant effects until the whole thing becomes unbearable, and then ridiculous in the light of understanding. "Take it easier", both on yourself and others.

You cannot know what is in the heart of a person you condemn.

Outward appearances do not often show the actual motive. Some people are unfortunate in often "appearing" to be in the wrong, while others with cruel and hateful minds wear impeccable fronts of self-righteous respectability.

In fact, the tongue of the accuser is more often committing a worse crime than the one accused, especially if he permits the poison of his words to spread about to the harm of the other. A sword in the back might do less harm than words used as knives!

It is safe to say that God judges man more from his inner motive in any act than from the outer appearance. If the accused has acted from love, and the accuser from hate, well . . . ? The word "satan" literally translates as "accuser."

Let those who have been fortunate enough to find a happy, sheltered, and highly respected niche in life give thanks for it, instead of maligning those who have not, yet.

CONSCIOUSNESS

Consciousness has to be exercised.

Learn sensitivity by becoming conscious of the world, then move in . . . exercise . . . and flex the Mind of the creator.

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These millions of little cell worlds you control, set free to function and be filled with rejoicing. To set in order, fill them up with light.

The mind of man conceives of plans or patterns. These work out on the earth level. But when he gets a glimmer of Cosmic Consciousness, and begins to think and plan there, if anything comes forth which is negative it cannot stand being there and comes back to him. Thus it is not God slapping people down

when difficulties occur but their own creations returning to their creators.

CONTROL

If you don't take control of your life and thoughts, they'll take control of you. We wait so long for things to happen to us, in our favor, forgetting that the things which happen from without are but a passing parade of events which leave no lasting imprint.

But those things which happen within us represent soul growth and become a permanent part of us.

When the wrong sort of things tend to recur, or bitter experiences bring numbness and despair so you feel unable to endure one more incident, then is the time to take stock and decide which is master, those happenings or the divine Spirit within you which was originally given dominion over all things on earth.

When we no longer tremble at sorry circumstance, but inwardly declare the superiority of Spirit over all else, then we take the bull by the horns and hitch it where it will work for us.

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Because the only thing that can really affect us, or that holds any reality, is that which occurs inwardly.

COSMIC CONSCIOUSNESS

At the stage of cosmic consciousness, you will no longer need to verbalize. On this level there is no language. On this level all Mind is one.

The brain is a prism, but consciousness lies in the Self. Words are the activators of consciousness.

Cosmic consciousness is a state of attunement occurring when the inner consciousness of the individual becomes harmonized with the Universal Mind and the Consciousness of God to the extent that he feels part of it.

This does not happen overnight, but unfolds gradually as it is awakened and given life within the being. Steady application to its cultivation helps develop this into a flame.

Such a state of consciousness brings healing power into the body or a creative and constructive nature, and it strengthens the still small voice within to speak more definitely so as to guide and lead the individual. It makes man begin to really love others as himself, and brings him closer to God, the Father of all.

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COUNT YOUR BLESSINGS

Regard not wistfully the blessings of another, while belittling your own lot. What you think the great good fortune of another may be his very cross, while someone may unknowingly envy you that which seems your source of deepest sorrow.

A family woman jokingly exclaimed to a single friend who was planning to visit parents abroad, "Oh, can't you tuck me in your suitcase?" The surprising answer was, "Do not covet. I'd give anything for the home you have."

But neither did she know that home was most unhappy. So each saw only the ideal of the other's life, without realizing the underlying lack. Could we but reverse that process and see the ideal of our own life!

Again, when utter exhaustion from overwork plus lack of time for sleep seems to threaten health, you may envy the easy lot of a co-worker, who works very little, either on the job or at home -- until you hear the complaint of miserable nights of insomnia. Then you can feel truly grateful for the tiredness which insures immediate and unbroken sleep, interrupted only by the early morning alarm.

So no matter what your situation it has compensations, if you seek them out. And the "easy" lot of others is not always better.

Sometimes I have paused to think and look about me when things were going badly, and wondered, "With which one of these people would I change places, if it were possible?" The surprising answer is -- not one!

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Somehow the very struggles endured have given one a foothold or vantage point in life, which it would be foolish to discard. One person who was sleepless and over-wrought with worry, found a better way of falling asleep than counting sheep; she counted every little blessing she could think of in her life; and was able to fall asleep happy.

A story is told of a man who struggled and groaned under his load of troubles, carried like a heavy pack on his back, until one day an angel came down and took his pack, setting it down beside all others.

He then gave the man his choice of any pack there, so the man looked them over carefully, then picked up what appeared to be the lightest one.

Opening it up to see, this turned out to be the same pack he had carried before. But this time he shouldered it joyfully with thanksgiving.

Thank you, Lord, not merely for the countless blessings now manifest in my life, but more especially for those in the making, those as yet in the unseen formative period which most of all need my faith and blessing to bring forth. And when they come, let me not keep them all to myself, but let them flow through and be distributed.

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CREATION

First Day: God brought light into the already existing darkness, then separated light and darkness into night and day. The evening and the morning -- all Hebrew holidays started with evening; and the negative precedes the positive.

Second Day: God created the heavens in the midst of the existent waters, and separated the upper etheric waters from those below.

Third Day: He raised land up out of the salty sea and planted the deserts with vegetation.

Fourth Day: He brought out the luminaries in space, the sun and moon, to rule day and night. (The sun was born.)

Fifth Day: He populated air and water with living creatures.

Sixty Day: He next populated the land with living creatures, then apparently talked it over ("let us") and decided to add man as a created replica of Himself (not part of Himself then), with woman for his companion, and He turned creation over to them, to fill and subdue the earth and have dominion over all its creatures.

The force of nature -- God -- does have to get denser; it has to crystallize, in a sense, to become Matter. God created Ma, the substance which means thingness or things, and covers the ground as moving matter. Adamah means ground, not "earth". Adamah has life because the Breath of God is added with the "h" (in Hebrew "heh", the second and fourth letters of the Divine Name, JHVH or Jahweh).

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Adam was made in the likeness of Elohim, and he is to Elohim as Elohim is to Jahweh. Made in the form and nature of Elohim, Adam was formed in the image of perfectibility. Adam means eternal form, while Eve means eternal life. Adam was created as one who can remember, and one who can receive. Mankind was created with the faculty of remembering (male aspect) and learning or receiving (female aspect.) We become "time-binders" above animal possibilities.

And Elohim created six heavens and one earth. Hell only came in later with the removal from Eden. Good, rather than joy, is the subject of the first chapter of Genesis. Elohim represents all the colors, the powers, and potentialities of God.

All colors will ultimately merge into white, they being different but each perfect in itself, as all rivers are different but merge into the sea.

All things begin at Ruh, or Ruach, the Breath of God, and go into the hardness to return back up whence they came. Ruach also means "Spirit" or "wind". Ruh is the beginning of all things in its finest essence; Ruh is an Arabic word meaning "soul", the refinement of the Spirit. And "artz" is the farthest down it can come through the six heavens into the one earth.

The "Alpha" and "Omega" is used only because of the difference in language, and the final vowel sound of Greek being the Omega, the long O, sounded as "oo", sometimes even in Aum.

Out of the dust of earth man was created. God breathed His Word through the creative medium, moving through with the Word producing power, and then growth filling it in, with the result left over and mutable.

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In symbolism, the circle represents the fundamental Power; the triangle the channel or conductor thereof; and the square the manifested creation resulting therefrom. All manifested objects carry variations of these three basic forms.



There exists a link between the Spirit resident in matter and the mind of man. God created by means of His Intelligence, and man who was created in His image has inherited a replica of His powers. Creation is less in what you do physically than it is "right up there on top" where you think.

It is up to you to change the spirit of things by your thoughts, and then "bring forth" via a new kind of words and actions. For in truth, you cannot continually live yesterday. The only thing you are "up against" is what you are creating right now.

Do not remain satisfied with the reflection of someone else's thinking and ideas. Every moment of exalted consciousness raises the level of creation for all mankind. You are reaping now what was created in the past, and you have free will to create today in mind and heart what your soul desires for tomorrow.

When man seeks to create something solid, he must build from the top down, starting in the heaven world where God thinks, dwells, and is. There creation germinates.

"You say it is yet four months till the harvest, but I say to you look up, and the fields are white to harvest already." John 4:35.

Look up to the heaven world where the creation is forming, ignoring what your senses observe on earth below. There the prayer is already accomplished

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CREATIVE WORD

John called Jesus Christ the Word, or link between God and man, this Word infused with divine Love and Power which God sent into the world to save men from helplessness.

God's Word was questioned and crucified. Out of the great Solar Plexus of His Being came the Word. It was Divine, not as men heard. It was taken before the high priests, where none would explain it. He was silent -- "Thou sayest."

Let the word of your mouth speak of your coming Life. Words bring down into earth. Meditation lifts up. Think and speak only that which is true, kind, helpful and necessary.

Remember the tongue once was an unruly member. God said, "If you utter what is precious and not what is worthless, you shall be as My mouth."

Hebrews 4:12 -- "For the Word of God is alive and active. It cuts more keenly than any two-edged sword, piercing as far as the place where life and spirit, joints and marrow, divide. It sifts the purpose and thoughts of the heart."

The Word is the first-begotten, not the first-created, Son of God. The Word having been said, there are certain laws. They are few but they are there. If you work according to these, they will work, because it is God's Will. If you use your own will, as in alchemy, that is something else, but you can use them together, man's will with God's Will.

Through sound and the Word the worlds were framed. Yet, the multiplication of this same sound could come to destroy it - the progeny of the Word adrift from its Source. "Babylon" and

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"babble" sounds alike, producing separation, but carefully selected words are like good seeds, bearing good results.

First John 5: 6 (King James) -- Father, Word, and Holy Ghost. Spirit, water, and blood. Words are powerful only when they create a symbol or image in your mind. And the word takes on life and creativity only when it relates to other things.

CROSS

The crucifixion is inner. Man's body is the true cross. A picture is seen in which is shown a wooden cross with a man flying from it, his arms outstretched and body straight, so that he himself is in the exact form of a cross.

It is as though his very sorrows had made him weightless enough to overcome all earthly limitations and fly of his own power. First had come the suffering, then release, followed by up-liftment.

Someone once said, "Regard the cross in any form as a cosmic transmitter, and you will have hearing and sight. Look and listen."

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THE CROSS

Knowing the Cross has been used as a religious symbol before Christ, and seeking in meditation for a less violent association than Crucifixion, I envisioned a man flying from the cross, his arms outstretched so that he himself was formed like a cross.

It is as though his very sorrows had made it possible for him to overcome earthly limitations. First he had suffered, but then the suffering had given him wings of freedom and release not known before.

The inner crucifixion occurs while wrestling with oneself as in a death struggle to attain self-mastery. For as a man overcomes the enemy in a fight to the death, so must a seeker overcome the hold of worldly things upon him, when he masters them.

"It is given to some to die, because the Father is not in them."

The first death was of the body; the second death is of the temporary ego being; it must die, or merge into the real Self.

With God he always had eternal continuity, or immortality of the soul, but now as an individual he has been given Life, through the Christ who overcomes and fills his being with Light, and in acceptance of this Life he will carry on, eternally happy to fulfill the will of his Master, our Lord.

Take up your cross. The red flames coming from the cross indicate the Spirit, the creative fire which only manifests in action.

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DARKNESS

The world seems small to those dwelling in the darkness, restricted by the limitations of their own consciousness, able to see only a little way into the surrounding gloom. Go not into the darkness of night without the Light of your Self, for the pit is deep and wide.

The dark days of trial are those where *each is driven to his inmost center alone, there to reassemble himself* in what is good; there to step clear of the old garments worn before, and to leave them behind. When one gets to the depths, where "hard pan" is struck in digging a well, only then, at rock-bottom, with all the soil shoveled out and walled away, can the pure fresh water flow in.

Some of the difficult and shattering experiences in one's personal life may be part of a clearing out process, necessary before something better could have room to grow.

Terrible as some things may seem, they usually force one into taking needed steps for betterment. The darker and deeper the depths, the higher and brighter the mountain.

Christ is the star of promise and hope which comes only at the nadir of experience. As Christ was born at the darkest season of the year, at midnight when days were shortest and nights most long, at the bleak time when winter begins and vegetation sleeps -- so also do the finest experiences of the human soul come to one at the bottom of the dark well of despair.

It is only too often through soul-rending experiences that our outer shell of self-sufficient busyness is softened enough to enable us to open up to Him.

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"Though He slay me, yet will I trust Him."

His purpose is not to slay me. He is the eternal Will-to- Good. He merely wants me to realize something, that I may be freed from one more chain. He is giving me every opportunity to see Himself in this -- beyond the outer frightening semblance.

I was too cumbered about to come willingly, so He had to force me through love and consideration for my eternal, not just momentary, good. Then here in the depths, stripped of all other possibilities of comfort, I come fully to Thee, to return myself to the Creator who has cared enough to call me here.

THE DIVINE MOTHER ASPECT

"Whence came the fragrance of the apple and the rose, but from thy heaven-breath?"

The first aspect of Mary or Ideal Woman is devotion to God; the second, obedience to the voice of Spirit. Her most out-

standing spiritual gifts are humility, purity, patience and blessing. In purity is much nobility of character.

She has been seen in many forms, in many different ways, and it is apparent that she can manifest in any form that she may choose, according to the need of the individual.

It should not be so very hard for her to appear and to manifest the principles which she embodies, for she has control over the very substances used, such as that which is called Mind Stuff, or the psychic stuff, which is only borrowed by others from her when they manifest. This is that First Matter of

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the Akasha, which fills the pattern from which form emerges, becoming more distinct as it moves in closer from the background.

When Jesus said, "Woman, what have I to do with you?", He was discussing the Water, her own substance, for the alchemical water is symbolic of woman and of the substance of the Akasha. She should be able to make the transformation herself, but He had to teach her.

One has seen the Mother working with nature, creating a tree. First, the tree fully receiving as it grows, and then fully giving forth. Each embryo breaks the shell of the seed from which it springs.

God is Mind, and all thoughts that come to the Mother from God that she brings forth into full activity are, in a sense, true sons of God, as the pattern for all woman. If they accept their ideas only from humankind, they are bearing the children of earth, but if they accept from God, they bear fruit unto God.

If they look unto the material way for their guidance, then they reap the material only, but if they look through meditation to

God to be shown the way, they receive the divine Truth revealed unto them.

The veil of Isis is removed for each one as he truly enters the path. This is the stage where Nature begins to show us her secrets, and we see beneath the surface and gain meaning in all that we see, in the events which occur around.

Her Veil is the cloak of that which appears outwardly -- the so-called Maya -- and when this begins to manifest, unexpectedly, it at first seems puzzling and perhaps even fearful, for one first comes through the dense portion of the

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outer shell; and as it begins to crack, he finds flashes of unearthliness in most unexpected places, while he has still not developed control or full understanding.

When Isis, or Mother Nature, has unveiled the Truth to us, we begin to feel the intoxication of secrets which would be too elusive to try to explain, or even if we did try, they would not be believed by someone who had not also experienced this. To try to tell people your spiritual experiences is only foolish, for they would never be the same to any other person, even if he too had gone through this unveiling.

At the beginning of each Age, the whole world goes through a house-cleaning. As things grow old with use, much clutter appears, much that is unnecessary becomes stacked up, and much that is outworn needs to be put aside to make room for something new; and this the Mother, at the changing of the Ages, seems to go through, and suddenly one becomes aware of all this old clutter that is blocking the landscape.

Many resist these changes, which are rather drastic. But until the coast is clear, one cannot truly wade through to the truth. In this new Age, woman's mission is not merely to serve mankind,

but first to serve God, which automatically goes on to serve mankind.

Once the new way has begun, the Mother accepts and enlarges on these conditions; she blesses and prays over them, so that they may grow and thrive and prosper. Her love provides the climate which is favorable to their growth.

The man stands in the shadow of Jesus Christ, with will and power and love; whereas, the woman accepts the authority of Jesus Christ.

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How shall we describe the Divine woman, the ideal spiritual aspect of womanhood? Like the rider on the white horse, she is called faithful and true. Though she brings forth of Good, she is always virginal, always filled with pure love. There is a joy about her that seems to sing with the music of the spheres.

There is a rosy glow in her presence of wondrous totality of all that is glorious and beautiful. It is as though she holds everything within her being, all potential in its utmost perfection. She *is*. There is fragrance without perfume and mystery without secrecy, and all that one can imagine is there in her presence. She has spoken to one who was fearful, "Don't be afraid; all is love." In the words of Dante, "Virgin Mother, Daughter of Thy Son; Humble and exalted above every creature."

Mary

By Boccaccio

*Not braids of gold, nor beauty in thine eyes,
Nor queenly dress nor winsome maiden grace,
Nor youthfulness, nor music's melodies,
Nor loveliness of angel in thy face,
Could draw the king of heaven from sovereign place*

*To this our life of guilt and sordidness
To be made flesh in thee, Mary, Mother of grace,
Mirror of joy and all our happiness.*

*But thy humility -- so great in thee,
It broke the ancient barrier of wrath
Twixt God and us, to open heaven's bars.
Then of thy virtue lend to us that we,
May follow, Holy Mother in thy path
Unwavering, to rise beyond the stars.*

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THE DIVINE PATH

There is no road to Power, to Life Eternal, except by those three words. There is no other Path.

The process and method to enter the Way on this Path is so simple, that unless you get yourself out of the way you can't get on it anywhere.

One is not more precious than his brother. It is only that one has found the path while the other has not.

Because things have been opened up to us does not mean we have attained them. We have seen them and used them a little but they are not really ours. We have to make them part of us.

One's path must go beyond that; one's vision must to beyond that. One's path cannot end unless one's consciousness should end at the walls around us. Allow yourself to be formed by God.

WHAT is the WAY? The Way is by faith.

DOOR

Have you been trying to *bypass* Jesus (the door) to reach God, rather than going through the Son?
The *door shut* is to the past.
The *door open* is to the future -- according to one mystic.
Christ does it.

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EDEN

If Adam and Eve had not eaten then they would have received a spiritual elevation which would have carried them to higher understanding and working with God in a spiritual way. Then when this work was readied, He would have given them of this to eat, while they got busy at the physical aspects of this work.

There would have been no reason to withhold it longer, when they were bigger than it was, and the power generated in selflessness would have completed its purpose.

The Garden of Delight can work on various levels. For example, the ordinary man who sins must pay and repent. He will find the fruits of that sin may bring him ostracism and thorns, delicious though the taste.

The priest who is treating someone must not deviate from the method of treatment chosen, lest he bring in a foreign element and lose the "case."

But he most especially must not be tempted to "eat" of the power given him for selfish personal ends, inharmonious with the whole. By not eating at this crossroads, he might wrest a blessing of greater good.

A man might play in great delight, doing all he pleased whatsoever, until his frolic brought him to the spot which made him stop, and puzzle and wonder. He would say "Oh well," and shrug, then pass on.

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But another day he might come across this thing which was forbidden at a time when he felt no yen toward other things, having tasted them all, so then he might ponder a little more, as at the last frontier. Beyond this is the unknown. Everything else in the world was good.

God pronounced it so when He created it. But only the gods knew then what evil was. Shivering with the thrill that movie makers still try to sell, Adam moved into the slimy pit. Only Christ Jesus could pull him out, and John the Baptist washed him off. Then he was pointed back in the direction from which he came.

God rested on the seventh day, because he sent man out with a wife to continue the job, and to begin to create on his own.

END

The fire at the end of the world could mean the microblaze of radiation.

Do not close the other end of a matter. Leave it open for Grace to have a chance.

If you attach a meaning or try to determine a fixed result, that would close the other possibilities out, which may be better than

you had thought of. But if you leave an open end, and attach no meaning, that gives God the freedom to inject and infuse with His wisdom as He will.

ETYMOLOGY OF GENESIS

Genesis, a Greek word for "beginning", is the first of five books (that is what the Greek word Pentateuch means), which tell of beginnings -- the beginning of the universe, of man, of the Jewish people and their being chosen by God as especially His own. The Pentateuch begins with the earth formless and void, and ends with Moses dying.

The compilers had for their use three main bodies of written material called for convenience E, J and P -- the Elohist in which the word for God is Elohim; the Yahwist in which the word is Yahweh; the priestly, which provides most of the liturgical, ritual and legislative sections of the Pentateuch.

In study of the first three chapters, it is the P and J approaches we meet. The first chapter is Priestly, with God as Elohim. Chapters 2 and 3 are Yahwist, with God as Yahweh- Elohim (J sometimes uses Elohim, but only he uses Yahweh.) The Elohist comes in with Abraham. The J documents depict God more crudely and warlike than the E.

The generally accepted view is that the J portion of the Bible came out of the Southern Kingdom or Judah, between 925 and 750, and the E portion out of the Northern Kingdom or Israel, somewhat later. Sections J and E, which cover roughly the same history, had already been brought together before P got to work on them -- probably after the destruction of the Northern Kingdom of 722, possibly during the reign of Josias.

The high god of Canaan was El. And the word Elohim, adopted by the Jews as their generic term for God, was

Canaanite. So was El Elyon ("God most high") used of God by Abraham. So was El Shaddai, "God Almighty" or "God of the mountain", the name by which we read that God called himself when making covenant with Abraham. In the Canaanite pantheon, El yielded supremacy to the dynamic younger god, Baal, whose name means "possessor".

In the first chapter, God is Elohim. In the next two Yahweh- Elohim. Some think this term Elohim was not in the original. For in the next seven chapters, from Adam to Abram, God is called Yahweh.

Elohim means simply "god", a kind of common noun. The root is El, used for god by Semitic peoples generally. Elohim, the special word of the Hebrews, is peculiar in itself since it is plural in form (from Eloah), but when used for the one God, takes a verb in the singular. This usage had begun with the Canaanites. To give a word of exceptional richness a plural form while keeping the meaning singular was also done with "blood" and "life", as well as "god".

Yahweh is a proper noun, the personal name of the Elohim of the Jews. There is argument as to the meaning of the word. It is a form of the very "to be" -- that is generally assumed, but nothing else is. The likeliest meaning seems to be "I AM." It is the first word of the phrase "Yahweh ashur Yihweh." God said to Moses, "Yahweh ashur Yihwah" -- "Say to the people of Israel, Yahweh has sent me to you."

Primitively, the Jews may have seen Yahweh as essentially their God -- each people had its Elohim, theirs was more powerful than the others. They came to know that Yahweh is Elohim, but a genuine distinction remained in their minds, not unlike the distinction between the word "Christ" and "Jesus".

Christ, the Messiah, meaning the "Anointed", expresses the nature and function; when the Christ came into the world, his personal name was Jesus; only slowly does the word Christ, too, become a personal name.

Similarly, Elohim is God, transcendent, omnipotent; the creation of the whole universe is His work; the first chapter of Genesis is all of Elohim. Yahweh is His personal name, to be used of God as personally experienced -- as present to His chosen people, or to chosen individuals.

Yet the distinction is not cast-iron. Eve says at Seth's birth: "Elohim has appointed for me another child." Enoch walked with Elohim after the birth of Methuselah. Noah found favor with Yahweh. Jacob at Bethel (the house of El), made his vow: "If Elohim will be with me....Yahweh shall be my Elohim," Genesis 28:20.

It is Elohim which survives in Christian usage. We pray to God and speak of God as "God", only rarely and rhetorically as "Jehovah" (an odd coined word), never as "Yahweh" - probably because it meets no present need.

A special function of a name is to distinguish one individual from another of the same nature of species. With monotheism so established that polytheism does not exist even as a memory in us, the individual name lost its point. "God" was sufficient. There is only one.

"In the beginning": the Hebrew word is "bereshith", a strong word; not just any beginning, it goes to the root of something that matters. The writer might not have been thinking of origin in time, a first moment before which there was no time and no universe. The words need mean no more than that the world

owes its origin to God, all that is by His gift. Dependence is the point, rather than origin.

The forming of man of dust from the ground -- the verb used is "yasar", the potter's verb. "Has the Potter no right over the clay...?" -- Romans 9:20. Yet it is not certain that the image of the potter is what the Genesis author has chiefly in mind.

The word he used is not "clay", but "earth" or "soil", and this seems not to be a mere verbal chance. He uses the word "adamah", which means earth, and which gives a reason for calling the first man Adam. Adam was dust, and was to return to the dust, was to till the earth of which he was made, was to multiply and fill the earth.

Clay would not have fitted any of these. Symbolism of earth and clay is different. *Clay* suggests the potter and his wheel, and to that extent ends in itself; it figures the mode of the making, but tells nothing of the being that is made. Earth emphasizes man's kinship with all that is. "All men are from the ground, and Adam was created of the dust."

Though made in God's image and likeness, man is not a stranger imposed upon the universe from the outside. It is very much as Christ: though the only-begotten Son of God, he is not outside humanity, but belongs fully in it.

God is called Yahweh-Elohim in these chapters -- only once outside them, perhaps a copyist's slip. Genesis 1 and Genesis 2 do not give different accounts of the Creation; they are talking of two different matters: Genesis 1 of the Creation of the Universe, and Genesis 2 of the making of man. The first said the "heavens and the earth"; the second reversed the order, and said, "the earth and the heavens." Genesis 1 told what man is like; Genesis 2 told what he is made of.

The word Elohim, already used for the gods of the pagans before the shattering discovery that Yahweh was Elohim and Elohim Yahweh, continued to be applied to them; and not only to them, but to beings less than the one God -- to angels, judges, rulers....anyone whose function was god- like.

The Spirit of God, Ruah Elohim, moving across the face of the waters: Ruah means both "wind" and "spirit." But grammatically, Elohim could be either the possessive of the noun, "of God", or an adjective, "godlike".

Animation by God's breathing into man is only in Genesis; the myths know nothing of it. God took earth, shaped it, breathed upon it, and man was alive. "When Thou takest away Thy breath, they die and return to their dust," -- Psalm 104:29.

God breathed into his nostrils the breath of life, and man became a living soul. Later, the animals too were spoken of as living souls; the phrase simply meant "living beings."

EVOLUTION OF THE GREAT SEAL OF THE UNITED STATES

It is said the Seal of the United States is the most beautiful coat of arms in the world, and because of the symbolism involved, many persons believe it was designed by someone familiar with the Mysteries. It is suggested the reader observe the Seal on a dollar bill, where both sides of the Seal are shown, the Eagle and the Pyramid.

Late in the afternoon of July 4, 1776 when the signing of the Declaration of Independence was complete, the members of Congress desired to complete the evidence of this act by formal adoption of an official sign of sovereignty and a national coat of arms.

The early American Congress appointed Franklin, Adams, and Jefferson to act as a committee who would suggest a design for the Seal of the new nation.

As a sidelight on these men, it is said some of them were Rosicrucians, and it is known that Franklin was sufficiently familiar with astrology to publish an astrological forecast in every issue of his Poor Richard's Almanac.

Of Adams' knowledge, less is known except that in the margins of some of his books, now in the Library of Congress, are found astrological symbols and comments. Although these great men are often credited with having developed the Seal, it was actually done by someone else, as we shall see.

Franklin, Adams and Jefferson knew what they wanted, but none of them could draw, so they called in an artist, Du Simitiere, a West Indian Frenchman living in Philadelphia. Franklin proposed they depict Moses lifting up his hand dividing the Red Sea, and Pharaoh in his chariot overwhelmed with the waters, and the motto "Rebellion to tyrants is obedience to God."

The French artist proposed that on the opposite side would be shown the shields and their coats of arms of the many nations with which America had been peopled. One side of these would be Liberty in a felt cap, and on the other would be a rifler in uniform, a rifle in one hand and a tomahawk in the other. These were crucial days for the nation.

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They wanted to show Pharaoh with a crown on his head and a sword in his hand, (could they have been suggesting the British king?) Moses standing on the shore would be shown extending

his hand out over the water causing it to overwhelm the chariot. Rays from a Pillar of Fire in the clouds reaching to Moses would express that he was acting by Command of the Deity. The work done on this seal was not approved by Congress, and for four years the nation had no seal.

In 1780 another committee was appointed under the chairmanship of James Lovell of Massachusetts, and they suggested some of the details now being used -- thirteen stars, red-and-white stripes, and the olive branch as an emblem of peace -- but this too was rejected by Congress.

Two years later another committee was formed, and they designed a Seal which was accepted and used for 59 years. These men were Elias Boudinot, Arthur Middleton, and Edward Rutledge. They consulted with the son of an Episcopalian clergyman in Philadelphia, William Barton, who came up with a shield standing between the figures of Miss Liberty and a continental soldier. For the reverse side he suggested a truncated pyramid under the All-Seeing Eye, with the Latin motto "Deo Favente Perennis."

Before it was finished the Secretary of Congress, Charles Thomson, suggested they use the Pyramid, but on the other side a bird with the Latin "E Pluribus Unum." This was adopted, but the bird then used was not an eagle, for it had the comb of a phoenix bird, the symbolic bird which rose from its own ashes, probably to depict the new nation rising from the ashes of the old order. This was used until 1841.

In that year a second Seal was adopted, and this one had an eagle, but the count of arrows (six) and of berries and leaves

The Seal now has an eagle on the obverse and the Pyramid on the reverse sides. The number thirteen is used significantly throughout: thirteen arrows in one talon of the eagle, thirteen leaves and thirteen berries on the branch in the other talon.

Thirteen stripes on the red and white shield for the thirteen original colonies, and thirteen stars in the glory above the eagle's head. In its beak is a ribbon with the motto "E Pluribus Unum", literally "of many one", signifying "one out of many".

On the reverse side also is a thirteen-letter phrase "Annuit Coeptis" meaning "He has blessed our beginnings." And there are thirteen tiers of stone in the pyramid. The phrase also used "Novus Ordo Seclorum", meaning The New Order Forever, could have been made up of thirteen letters by saying just Novus Seclorum, or "The New Forever."

The son of a clergyman who first suggested the Pyramid was probably familiar with the Biblical quotations about the Stone which the builders rejected, and "This is the stone which was set at naught of you builders."

Some feel there was a reference to the Pyramid of Gizeh in these Biblical allusions. The Pyramid is flat, or truncated, because the architect's stone did not fit properly and the builders rejected it, according to those who have studied the pyramids.

Barton depicted the All-Seeing Eye above it to remind our lawmakers that the goal should always be the Will of God for anything less could lead to materialistic destruction.

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Where did the word "Great" come from in reference to the Seal? Legally it has no place, for it was enacted by Congress to be called "The Seal of the United States." Nothing more. But on the design submitted by Jefferson, Adams and Franklin there

was not the same as today. Thus many minds evolved the beautiful Seal we have today.

was lettered in a circle, "The Great Seal of the United States of America". And many call it that to this day.

FAITH

Faith is not what the churches teach; it is the knowing that the Law works, and that the Word works.

Faith is knowing without the knowledge; acceptance without the reason why; the action without definition of the cause. Have the faith of the size of a mustard seed and thou shalt move the mountains. When you accept the Christ, you are one with the Mind of the Father. Faith is not accidental; rather, it is a developed attitude in the evolution of the individual.

Faith must start with an *assumption*, as do all things, and from there it grows into the result. You have assumed the existence of something, as you would assume your bank account was insured. You likewise assume the Truth about God, and expect Him to take care of you, as when you were a little child.

Knowing carries you now. You but allow to happen, watching the thing you assumed come into manifestation.

Faith is the assuming that precedes knowing, that precedes realization, in the triangle -- action from Faith. Faith is knowing that you are right, and you have to know that much.

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Faith is the substance, because nothing can be created unless it starts from something. The substance of Faith can be compared with the atom which composes all things.

Except we believe in Christ, how shall He appear unto us if, with disbelief, we close Him out?

A speck of belief, of faith that he can appear to us, gives Him a point of entry and a place whereon to build up His presence and His image. The tiny speck of a seed at the point of beginning grows to great proportions.

Through revelation you can have the understanding. Through revelation one is able to be brought into that state of faith -- not through books. The faith is by acceptance of revelation.

It's when you look outside for corroboration and feel disappointed that things didn't fall into place, that backsliding occurs, forgetting to TRUST, BELIEVE, and KNOW. The Psalmist says, "I will not slide, because I have trusted God." If one believed the outer appearance of things final, there would be no inner development.

Could God prove His care and love if we had plenty already? Could He rescue one from harm or danger who had his own defense? No! His strength is made perfect in our weakness, until He adopts us as Sons, and provides us with the armor for self-defense and for living victoriously in progress on the Path. "Prove me now herewith -- if I will not pour you forth a blessing...."

We believe in love -- because we want it; it has to be good. A habit too can be rationalized and believed good, because of the desire involved which will not let it go, but must find an

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excuse to keep it. When one with faith in a desired result completely accepts and is convinced of it, no contradiction is thinkable.

"Faith is the substance of things hoped for, the evidence of things not seen."

"Having been crucified with Christ, it is no longer I who live, but Christ who lives in me and I live by faith in the Son of God, not to nullify the Grace of God." Jesus said, "Your faith has saved you. Go in peace."

FAVORITISM

If you must step aside from a beloved spot and relinquish it to another -- whether it be a home, a job or whatever -- don't get the desolate feeling that God favors your successor more, that another is somehow more blest or worthy of blessing in His eyes. He loves all equally, though we must exercise our divine right by loving Him in return. Otherwise, how shall we ever be aware of His love?

God loves no one more than He loves you; none is blessed or favored more than you. But each has a different part to play in the same drama.

Though another reap the fruits of cherished dreams, yet will I not fear. For God does not and will not move me until He has a better plan, a step upward in some way I'll recognize later, though it may not show outwardly now. Even the most difficult blow is dealt lovingly and with constructive reasons, never haphazardly. To the degree I trust Him is He able to bring this about. May faith provide a channel for His Power.

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FEAR

The fear of the Lord need only be brought in when people refuse His first directives. Then a glimpse of the possible fruits of action make man pause, like a little boy who won't heed his loving parent until a threat is issued.

Fear of the Lord is only a prod or a goad to right behavior. When you "grow up" in God and know the Truth, the Truth shall set you free of the need for fear.

To the fearful -- Who shall blow out the light of Christ, or snuff the Sun of God? Who may accost the Lord, or strike at his Creator?

Don't let fear interfere with the rightful way of life. How can one draw back, and still be effective?

If afraid and self-defending from the bubbles that frighten, *blow* them away, in right action.

"Fear not, little flock....for it is your Father's good pleasure to give you the Kingdom."

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FEET

Romans 10:15

"How beautiful are the feet of them that preach the gospel of peace, and bring glad tidings of good things!"

Ephesians 6:15-20

"Your feet shod with the preparation of the gospel of peace;....taking the shield of faith....the helmet of salvation, and the sword of Spirit, which is the Word of God."

Hebrews 12:13

"Make straight paths for your feet, lest that which is lame be turned aside; but let it rather be healed."

FLOWER

If you turn on lights out of season, blooms may begin to sprout, then a frost comes along and freezes them all.

Feeling a bit low like earth -- decided I must smile. It was like a flower pushing up through the soil.

When a rose is offered, breathe on it with love.

The drop of blood from the heart is the rose at the center of the Cross.

"I will forgive all their iniquities, and remember their sins no more."

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FORGIVE

Forgive, not just for the sake of the other person, not because you're afraid of losing your soul, but forgive because it's the most practical thing to do -- it frees you!

You feel the need to see that things are right -- the responsibility that no wrong is done -- but if they do wrong

anyway, should you carry around the load that isn't yours? Drop it, and be released.

You feel in all justice that they who do harm should get back their dirty deeds, not that you would do anything in retribution, or even speak to anyone of it, but you feel their acts must come back upon them. Ought you insist that they should? Isn't that up to God? Did ever a sparrow fall without his knowledge?

In releasing someone you may have to give up the pleasure of seeing justice done, but you will be releasing a heavy, sorrowful load. Throw down the pack, if only for your own sake, for in releasing him you must release yourself.

Our sins were forgiven in a perfect example of grace. God forgave all the sins committed in the last centuries. Should one begin at the date of his own salvation and once more chalk up what has happened since -- but his own mistakes and the wounds caused by others?

Why weep one day at your own errors committed after Grace, and another day for the wounding words and acts of another, which could pile up and accumulate to become a ridiculously confused picture?

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If you do not insist on justice but *forgive* now -- "for they know not what they do" then you may also be freed from the endless burden of remembering the sins of others, of having to remind them at a later day what they did amiss, that today you tried so hard to overlook but couldn't quite.

If you seek forgiveness from God, you must first forgive man. And then henceforth react not to man, but to God.

Forgive; if you can't love your enemy, at least reason about it. Be not too anxious to "see justice done", nor insist that another suffer exactly in accordance with the pain he caused you.

For should it come about that you must watch him grieve as he made you do, there comes a sudden recognition that not only are you experiencing the pain twice, but there is no merit in it, and the Grace or reward which could have been gained from forgiveness and the natural laws of Cause and Effect which would have brought you recompense for the undue suffering either "here or there" has now been canceled out.

For he is now in the clear; he has paid, and you have been left with the debt of your own unforgiveness still to pay. Has anyone gained?

So let us try that forgiving "70 times 7" as Jesus asked. It's not easy, but an all-out-effort is easier than almost-doing, or the dread that goes with putting something off.

Wash your hands and heart clean, and let God take it from there. If you're worried about the ultimate justice, none ever gets off without paying, now or then. It's a cosmic Law. "Avenge not yourselves, therefore, I will repay, said the Lord."

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But you ought not to ask that he be made to pay, even elsewhere, for that would involve you. God is capable as a Judge with a much vaster perception than any human, and he sees what you had and have "coming", perhaps from the dim past, as well as the other man.

He also knows what is needed to teach both you and him a lesson that will become engraved in the consciousness so neither can ever make such a mistake again. But let God handle it, for He will anyway, and why should you get burned with interfering?

There's another angle. If you don't forgive a person, you forge a tie between you and him that cannot be broken until you let go of it. So if you release him from indebtedness to you, you are released from him.

If you bind yourself to him by insisting on his punishment, that doesn't mean you will have your way -- the Cosmos works in ways unpredictable, but the "mills of the gods" grind more exceedingly fine than most people could ever dream.

If you don't want to spend your next lifetime in an uncomfortable relationship, living inescapably close to someone you are forced to adjust to, forgive him now, and let him go. Neither would you choose to be an earth-bound entity unable to rise above the earth plane after transition, bound by your own passions. You are responsible for *your* sins (errors), not for his.

This does not deny an attempt should be made to straighten things out on this plane, nor does it refer to matters of earthly law and business which can be taken care of at their own level, but it refers to sense of personal injustice or inner hurt. So do what you can to rectify; *clear yourself*, and then let go.

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FORGIVE: Fore-give, give before it's earned really, as we give thanks to God before the manifestation of what has been asked.

We hope God takes no note of the times we fall away, and the mind starts up with criticism or judgment of a wrong. We trust He's still there full strength when we come back to Him in consciousness, whether or not one may have recognized the mistake and asked forgiveness.

How dreadful would it be if I reached up to Him with all my heart, to find Him not there, unaware of my need? How difficult

for those who love us to find a stony heart because of some sin or error they may not even be aware of having committed?

Even if they are aware, as we too are aware when we smolder with resentment, and in imagination "tell off" someone in bitter terms until the point comes where we can hardly speak to him - in so doing we are putting a distance between ourselves and God, yet we must always return to Him. And the only way we can do so is to remove all condemnation toward others from our hearts.

Remember that every time we slight anyone in thought, as well as in word, we are stepping down from the nearness to God, and relinquishing that blessed relationship; so it takes an extra struggle to get back there again.

No, I must be with Him, though it should mean relinquishing that precious opinion and judgment which seems so right, while the other person seems so wrong.

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Nothing, not a breath, must come between me and God -- between God and me. Not a space. He promised, "Closer am I than breathing -- nearer than hands and feet."

I'd rather stand here with God and nothing, than way down there nursing a precious, however righteous, grudge without Him.

Lord, help me to disregard the omissions and commissions of others which may have been to my hurt. For I know that as Jesus said, He forgives us as we forgive others.

GIFTS OF THE MAGI

Gold -- is a metallic element that occurs chiefly free, malleable, ductile, and used chiefly in money and jewelry.

Frankincense -- (frank, meaning "free" as pure; + incense: substance to burn, or "inflamm"). A fragrant gum resin from East Africa or Arabian trees (or a tree similar to sumac in India.) Genus *Boswellia*, of family *Burseraceae*, fragrant when burned.

Myrrh -- aromatic gum resin with slightly bitter, pungent taste; tree also from East Africa, Arabian (*commiphora Abyssinica*); used as medicine or aromatic.

(*Resin* -- is inflammable exudation from plants which is soluble in ether but not in water, used in varnish, medicine, and sizing.)

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GOAL

Seeking means to have a goal. A seeker is always seeking. *Finding* means to be free, receptive, to have no goal.

The one striving toward a goal does not see the things near him.

The thing that most men are seeking, they have already found. They have already read it or heard it. But one thing closes their eyes. They are bound and determined not to find the Truth. They refuse the thing that will show them the Truth.

Don't make any person or thing your goal and aim, lest that very goal when reached become your barrier and stumbling block in the larger perspective.

If life appears to deny you, go where God is beginning to bud in human consciousness, and water the flowers to help them grow.

GOD

If you don't "believe in" God, or like the term, the same Truths still hold as Cosmic Laws and Principles. God is the Directing Principle of the Universe and the Divine Intelligence permeating all. He is the Source of Life and the Creator of all the Laws as well as the Universe. Yet is more than "He" because God includes also "she".

He is synonymous with Love, and did so love the world He gave His only-begotten Son. He gave His Heart to His

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Creation, for the Son is His Heart. And it is only by giving your heart to Him that you can reach Him fully and so reciprocate. If you love someone, you feel no difference between yourself and him.

Christ works in God as an activator, warm and positive; He spreads Life. There's no hiding in Him though one can hide in God, in the brooding Allness, never entirely manifested or formed at once.

As we begin the ascent upward toward God, He reciprocates and moves toward us -- He comes to meet us where we are. The more we move toward Him, we penetrate the heavens, and

He begins to penetrate the earth, improving our lives. Think with Him and your mind begins to merge with the One. Work with Him in mind, and your work becomes hallowed and fruitful.

One steps out spiritually from wherever his consciousness is. If one with God, God takes his hand and leads him out, so he can move up by stages. If on earth level, he walks out on earth. He must leave self behind, take up his cross and come with me. Who so cares for his own safety will lose it, but whoever lets himself be lost for my sake, that man is safe.

The LORD is my shepherd. Not someone else. Don't look or depend elsewhere. Wait on Him, the true Shepherd. Trust only God. Man may have a million motives -- God but one. Be at one with Him in mind and purpose. If you do everything with God in mind -- though not knowing what you do -- it has to turn out right, no matter what. If you dedicate it to Him, however dark the appearance, if it is His, it will bear fruit accordingly.

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His strength is made perfect in our weakness, for He is wonderful beyond belief. If one could tune in with God using a tuning fork, beginning at the audible level, how high and fine it would have to go.

God's Power is Elohim; God's Life is Jehovah. "I Am that I Am" means really "I Was, and Am, and Will Be." We needn't worry about any of the gods, or pray to them, if we look to Christ Jesus for whatever. He contains all the aspects, supersedes all planets. We are transmitters, as a power plant. Our wish to hear God creates a vacuum. Everyone thinks of God as a Great Being, far outside and above himself. Well, He is, of course, because a Being and Power so just could not be fully shut up inside yourself exclusively.

But the only way you can get to that Great Being is to find the secret funnel at the very center of yourself. It takes diligent searching and supreme desire, but you can uncover its opening - and once you step through this opening, you are on the Path to Him, on the Beam that is both part of Him and the Path.

With our thought and desire we lay a bridge in His direction, through prayer, meditation and seeking.

O Lord God --
Thou alone art perfect;
Thou alone desirable;
Thou alone true.

Thou alone dost love;
Thou alone be whole.

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Though much knowledge be gained in the form of teaching about God and the way, it is a sterile thing, a house built of assorted theories, until these are put into practice. Then when you reach up high enough, unto His very Realm, He reaches down to send you His messengers who "wire and plumb" your house to give it life, and plug the outlets into God, who pours in Life and fills it with His Love. And the Tree of Life is planted anew.

Though the mystery teachings do not of themselves take you there, the effort to unscramble the mysteries and symbols of Creation keep one occupied and concentrated with single attention to solving the mysteries of God, thus giving Him a clear opening to come in.

God only knows Cause and Effect, and knowing the effect, He is going to get there, with or without pain. He goes on the assumption that man is going to go with Him all the way, because He created them perfect. He assumes man will not go from side to side, will not deviate nor eat from the Tree of Knowledge.

Seeing the Cause, He knows what the effect will be, and though He may see you go aside and eat, He can do nothing, because once you have eaten, you have to digest it. Dipping into heaven and then into earth, everything was reversed.

Mind is the controlling creative factor over all matter and energy.

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GOD

"He is not eternity or infinity, but eternal and infinite. He endures forever, and is everywhere present; and by existing always and everywhere, He constitutes duration and space.

Since every particle of space is always, and every indivisible moment of duration is everywhere, certainly the Maker and Lord of all things cannot be never and nowhere."

From the writings of Sir Isaac Newton, mathematician, discoverer of the law of gravitation.

GOD AND MAN

"And God said, Let us make man in our image, after our likeness; and let them have dominion over the fish of the sea, and over the fowl of the air, and over the cattle, and over all the earth, and over every creeping thing that creepeth upon the earth.

"So God created man in His own image, in the image of God created He him; male and female created He them. And God blessed them, and God said unto them, Be fruitful, and multiply, and replenish the earth, and subdue it: and have dominion over the fish of the sea, and over the fowl of the air, and over every thing that moveth upon the earth." Genesis 1:26-28

Recognizing the futility of attempting to cope intellectually with that which transcends the comprehension of the rational faculties of man, the early philosophers turned their attention from the inconceivable Divinity to man himself.

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With the "narrow confines" of his nature and being they found that all the mysteries of the external spheres, that is, this Solar System both seen and unseen, were manifested.

As a matter of course, the natural outgrowth of this practice was formed into a secret theological system in which God was considered as the Grand Man, and man, conversely, was considered as the little god.

Following through with this analogy, the universe was considered as a man, and again, conversely, man was considered as a miniature universe (or Solar System).

The greater universe was termed the Macrocosm, meaning the Great World or Body; and the Divine Life, or spiritual entity controlling its functions, was called the Macroprosopus. Man's body, or the individual human universe, was called the Microcosm; and the Divine Life, or spiritual entity controlling its functions, was called the Microprosopus.

While generally regarded as polytheists, the pagans gained this reputation not because they worshipped more gods than the One God, but rather because they personified each of the attributes of the One God, and by so doing created a pantheon of posterior deities.

Each one of these posterior deities manifested a part of what the One God manifested as a whole. So all the gods and goddesses of ancient times consequently have their analogies in the human body and composition, just as the four elements, the planets, and the signs of the Zodiac, for these were assigned as proper vehicles for the personified attributes or gods.

The initiates and teachers of ancient times warned their disciples that an image of a god is not a reality but is the

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objectification of a subjective idea. The images of the gods were not designed to be objects of worship, but were to be regarded as emblems or reminders of invisible powers or principles.

Similarly, the body of man is not to be considered as the individual being, but only as the house or vehicle of the being, in the same manner that the temple was the House of God.

As he goes about his daily life, every man -- usually unknown to himself -- is a priest of the Tabernacle or Temple; for as priests were appointed by Jehovah to keep His house in order, so each individual, in the same way, is appointed to keep his own universe in order.

Nature is the Tabernacle, man is the priest, and the One God of all nations and all peoples dwells in every soul behind the embroidered veil of the "Holy of Holies." Surely the Tabernacle in the Wilderness (of the Old Testament), its furnishings and various ceremonials, when looked at from this viewpoint, can

find their counterpart in the structure, the organs, and the functions of the human body.

"Know ye not that ye are the Temple of God and that the Spirit of God dwelleth in you?", asked the Apostle Paul. God is so close and intimate that He is the very element in which we live. We are surrounded by Him as a pebble in a brook is surrounded by water.

Again quoting Paul, as he declares in his sermon on the mount of Mars to the men of Athens, "He is not far from each one of us: for in Him we live, and move, and have our being." All life, all things are embraced in the essential essence of God.

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He is the enveloping atmosphere from which all men draw their life, the source of all things in existence: "One God, the Father of all, who is over all, and through all, and in all."

To separate God from matter is to separate Him from His creation; it is an impossible concept. How can a thing exist if the source of its existence is cut off from it? The very life in all creatures, in all living matter, is God. The power that pumps your heart, that permits you to move the limbs of your body -- what can this be but the very Source of Life itself?

God demonstrates and manifests Himself through matter. The Soul and Consciousness of man strives to manifest in the same way. Each man is constantly, in one way or another, demonstrating and manifesting his consciousness in matter, expressing through creating so that his existence may be recognized.

Whether this be through pottery, poetry, or darning a sock, man has an inherent desire to create, *for he is made in the image and likeness of his Creator.*

The atom is accepted as being one of the basic units of matter; also the composition of the atom, its relation to other atoms, etc., likens it to the Solar System, and the movement of the planets.

Man also is an atom in the Social Order expressing God. Man is completely and scientifically a duplicate of the Solar System. When we relate man to his internal world or system, the system of his physical body, or what is called the organic system of the body, we see that the condition and health of the physical body is also an expression of the consciousness of the individual; for it is determined by his thinking, which is the way man creates.

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This Solar System is the space and expanse of the Mind of God, and this entire space is filled with the Architect of the Solar System. Looking at the order and harmony of the planets -- each moving with ease, functioning in accord with another, as they revolve around the Sun, the heart of our Solar System, giving forth continually of its Life and Light -- is to see the expression of God's consciousness manifesting in the perfection of His body.

The supreme duty of man is the imitation of God which has its counterpart in Christianity as the imitation of Christ. To be as the Son-Sun of God, by whose divine Love and sacrifice we, and this entire system, receive His Light and Life.

The way shown by our Lord Jesus Christ: "Greater love hath no man than this, that a man lay down his life for his friends." This giving completely our entire lives, through right thinking, right action, in order and harmony with our Great Creator, because of our love of Him -- this is living in the image and likeness of God in imitation of the Christ

GRIEF

One comforting thing about a large soul-searing grief or pain is that one becomes insensitive to smaller hurts of everyday slights and rebuffs -- nothing small can bother one. They simply pass over as unimportant. And when they do begin to be noticed, the larger hurt has begun to subside. "What are my tears beside the ocean, but a few salt drops?"

Looked at scientifically:

1. Shock:
 - a. blood goes to the heart
 - b. psychological daze; numbed state.
 - c. purpose: to protect the body.
2. Protest:
 - a. anger.
 - b. blame, directed at (1) God; (2) Cause; (3) a disease; (4) doctor, etc., (5) yourself.
 - c. guilt. (Why wasn't I kinder?, etc.)
3. Memory
 - a. remember the things you've done together.
 - b. remember the places you've been together.

- c. this is a period of adjustment.
 - d. you begin to realize at this point that the person is really gone. (1) facing facts.
4. Activity:
 - a. mind and body, engrossed in other things.
5. New Hope.

Spiritually,

The wise in heart
 Mourn neither those who love, nor those that die.
 Nor I, nor thou, nor any of these,
 Ever was not, nor ever will be not be,
 For ever and for ever afterwards.
 All that doth live, lives always!
 To man's frame, as there come infancy, and youth
 and age,
 So come there raisings up and laying down
 Of other and of other Life abodes,
 Which the Wise know, and fear not.

Bhagavad Gita

HORIZONS

Youth needs horizons.

Geographical areas were taken and divided up long ago. Then by means of war man insisted on seeking new horizons, though it meant the taking of what another had gained and redistributing everything. At least he had his new location, and it was up to the one displaced also to seek a place.

The latest development on that is the space race.

As war came to be frowned upon, or as man became content with where he was, he sought to widen his horizons of knowledge. Science advanced with the arts, until the world seems surfeited with learning, weighted with wrightings and endless opinions on everything.

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Science goes on, and man ponderously gorges himself with education. This in many cases is acceptable and necessary because there are still horizons -- but only for the genius or ingenious brain in that mental condition.

The average man still needs a hope of something more within his reach -- to know that on reaching maturity he has not reached a stalemate of static existence of regurgitated education or ready-parceled lands; forced to undertake dull, dictatorial employment to maintain "life", dreading to procreate, to place a like burden on helpless offspring.

Youth, who came up against these walls, unequipped by nature for the unfeeling methods of education and without the desire to pursue further, saw one sudden new horizon in drugs:

An escape hatch into something untried, and unknown; an easy new horizon, with results as yet unproved.

They agreed with the teachings about the desirability of peace better than the parents and teachers who taught them.

They insisted on the right to pursue happiness in some manner, even false happiness. But that wasn't the answer, just the broad highway to "perdition" from which they had to rise again.

This leaves the last horizon in an unexpected place. It's not physical, nor mental -- not geographical, nor mass collections, nor downfalling.

It requires neither place, nor money, nor position, nor any *thing*. The greatest of all adventures just requires turning within -- preferably with the guidance of a true Teacher -- and

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reaching there for God in boundless Inner Space. But to reach this one must become forever free from false and selfish ways.

HURTS

Hurt feelings occur when one goes amiss in achieving a state of mutual respect or understanding with another. Sometimes this acts as a goad; when you get tired of *reacting*, you can stand up with clean, impersonal courage and take the sword of Truth in hand. Then you will probably see what flimsy nebulous stuff the misunderstanding was made of, and in Truth rise above personalities.

Maybe you can laugh yourself out of reacting -- ("don't cry, I didn't bring a handkerchief") and then free yourself by forgetting it.

If you are susceptible to hurt, stop placing dependency on that which can disappoint or fail you, and place all your faith in what is real and eternal.

Hurt feelings are caused by too much softness, a lack of toughness or resilience. But "hard feelings" are not good either

-- they form a brittle wall of resistance, blocking any agreement or understanding between persons, and providing a stubborn barrier to spiritual growth.

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ILLUMINATION MENTIONED IN THE BIBLE

Looking to the Concordance, we find the word *illuminated* once only in the Bible, Hebrews 10:32, and no other form of the word "illumine".

Yet even this one word is used only in the King James version which in the other translations or versions is called *enlightened*, or let us take a portion from the Phillips version which reads thus; Hebrews 10:32 --

"You must never forget those days past when you had *received the light* and went through such a great struggle. It was partly because everyone's eye was on you as you endured harsh words and hard experiences, partly because you threw in your lot with those who suffered much the same. You sympathized with those who were in prison and you were cheerful when your own goods were confiscated, for you knew that you had a much more solid and lasting treasure in Heaven.

Don't throw away your trust now -- it carries with it a rich reward in the world to come. Patient endurance is what you need if, after doing God's will, you are to receive what He has promised.

"For yet a little while and He that cometh shall come, and shall not tarry. But my righteous one shall live by faith;

And if he shrink back, my soul hath no pleasure in him. Surely we are not going to be men who cower back and are lost, but men who maintain their faith until the salvation of their souls is complete!

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"Now faith means putting our full confidence in the things we hope for; it means being certain of things we cannot see. It gives substance to our hopes, and makes us certain of realities we do not see."

It is for their *faith* that the saints stand on record. "By faith we perceive that the universe was fashioned by the word of God, so that the visible came forth from the invisible." By faith, Abraham looked forward to the city with firm foundations, whose architect and builder is God. Hebrews 11:10.

Looking for the word "enlightened", then we find it only once more in the New Testament, in Hebrews 6: 4 --

"When men have once been *enlightened*, when they have had a taste of the heavenly gift, and a share in the Holy Spirit, when they have experienced the goodness of God's word and the spiritual energies of the age to come....

Let them not return to the rudiments of Christianity, to the teachings given a beginner, to repent all over again of dead works, to rebuild again and again the foundation truths or elementary doctrine, but to go on, advancing toward maturity. Let them not recrucify the Son of God.

"When I was a child, I spoke as a child, but when I became a Man, I put away childish things." Aquarius is the age of Man, not of a mortal born in the sign called Aquarius (though that might make a pattern), but the perfected Light man.

Thus after we have entered into His Kingdom and His promise, let us not go back to Gethsemane. Once we were there, once we did hang on the Cross. For that purpose, like

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Him, came we into the Earth. We suffered and died and were buried, and a Light was born in that darkness.

Down in that cave after the world thought all was lost, that hope was past -- because the promise of immortality seemed not to have been kept and the flesh was dead in their eyes -- there the inner spark, the Light of the true Being, the God Self that was the only reality, gave to the body its own Divine and immortal consciousness, to the end that it could appear or disappear at will.

It achieved a transformation of density so that the God Self within was able to master it by his thought, instantaneously at will, whether it would be dense as a human body or should dissolve into a cloud as it did on ascending; whether it should be easily recognizable to all, or the identity concealed until he chose to reveal it.

Even now, we entertain angels unawares -- who shall say but that He may come incognito, until He choose to let us see His identity.

The Verse of Light from the Koran, Sura 24, verse 35, says:

Allah is the Light of the heavens and earth. His lamp is resembled by a lamp within a niche. The lamp is within a crystal, like a shining Star.

It is lit from a blessed olive tree, not of the East or the West; of it the oil itself nearly shines, without the effect of any fire. Light upon Light!

This is the subject for Ghazali's "Niche for Lights", a Sufi classic.

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IMAGES

God made, not organizations and buildings, but man in His Image. He created man in His (Their) likeness and Image.

He took the substance, the powers, the realities of His own being, and put them together, and thus we have His own Image, the Self! The Self is the Christ within you.

God is Spirit, and must be worshipped in Spirit -- He also meant that the mind must be cleared of all images and false things built up in mind.

IN THE DEPTHS

Christ is the star of promise and hope which comes only at the nadir of experience. As Christ was born at the darkest season of the year -- at midnight when days were shortest and nights most long, at the bleak time when winter begins and vegetation sleeps -- so also do the finest experiences of the human soul come to man at the bottom of the dark well of despair.

It is usually only through soul-rending experience that our outer shell of self-sufficient smugness is softened enough to open up to Him.

"Though He slay me, yet will I trust Him." But His purpose is not to slay; He is eternal Will-to-Good. He only wants me to realize something, that I may be freed from one more chain. He is giving me every opportunity to see Himself in this -- beyond the outer frightening semblance.

I was too cumbered about to come willingly, so he had to force me, out of love and consideration for my eternal, not just momentary, good. So here in the depths, stripped of all other possibilities of comfort, I come fully to Thee -- return myself to my Creator who has cared enough to call me here. He was with me all the time, but my consciousness had to recognize this.

Every problem carries its own solution. The very thing that caused this problem will solve it. But you have to strike it out at the roots -- not just nip the tips of the branches. If you find something negative brewing, expose it at once.

We want everything nearly solved and settled and put in its niche, but life is not static; it can't be permanently resolved into any one set pattern. Things must move and change.

There is no possibility on earth of absolute perfection -- that would be the end of the line. One wonders why God obscured the path that we should take, when we so need to know the right direction? Perhaps we only thus evolve through having to make decisions and not remain sheep; and faith develops with having to lean on the Almighty for support.

INDIVIDUALITY

The concept of oneself may be too stark. Being realistic is fine and good, but be realistic about the good points as well as the flaws. To regard oneself continually in a pitiless light fosters a feeling of inferiority, and may make one fall short of what he really could do.

The true Self is joyous, perfect and free, "God and I can do anything," one can truthfully say. Therefore, concentrate on this perfection and assume it rather than the shortcomings.

If the problem is conceit, or too much self esteem, learn humility, and respect for others. Don't worry so much about self expression. It is usually accompanied by lack of discipline. In expressing your individuality, you are expressing the "animal", and treading on others' toes. Learn to apply the soft pedal, and seek to express God instead. When it no longer matters to you if they listen to you, they may begin to listen intently to what comes through the disciplined you.

Neither feel so superior you disdain to put forth any effort. When asked to comment, "upgrade" things instead of downgrading them in your conversation. ELIMINATE THE NEGATIVE, and stop sitting like babies in a mud puddle. Get up and wash off.

Use your mind, not to react to outer stimuli, but to create or initiate creative thought. Look as well as you can, too, without undue concentration on appearances. Just respect your vehicle and the sensibilities of those about you, and do it justice.

One's nature may tend to shrink back from challenge and say, I couldn't do that, or I wouldn't dare. But if he refuses too long from lack of confidence, Life just steps in and pushes him toward necessity which makes him do it anyway, until finally he learns there is nothing he cannot do and nowhere he cannot go - - not through any personal strength, but sustained by the Life and Strength of God, and looking unto the Self, the real you. Eventually he will stop wilting at the thought of something new and face confidently forward, knowing himself the Master of any situation.

When Christ force comes in and starts to impregnate our bodies, we must make extra effort to get rid of negative aspects and work with the Self.

INERTIA

Without the prod of necessity, inertia might take over. People have a tendency to live and move within the limits of a shell they have really outgrown, somehow finding excuses for not doing the very things that would be meat and drink for the soul.

If you willfully resist too long making a voluntary move out of this shell, you will one day be thrown out into the midst of the fray where increased activities and contacts will be forced on you. It would be more comfortable not to await that day, but to move out more gently of your own accord.

The reluctance to act, to speak, to work, to experience, to arise, to be seen....? Yet one *does* all these things from obligation; but, summoning effort, unwillingly (which makes life a struggle), to perform meaningless but necessary acts against the will, only without reluctance.

Inertia is one of our first enemies even in most active persons, though we may not believe it. There is a constant reluctance to break through old habits and accept something new or better.

Spirit itself seems reluctant to struggle against the matter which hems it about. This inertia is as much mental as physical. We are unwilling even to make an effort to break through old negative thinking habits and work at building up constructive attitudes.

If things happen to shake you out of this lethargy, they are undoubtedly blessings, however hard they look. It is life seeking to wake you up and get you moving.

The heart itself may have grown sluggish from disuse. If so, it had better wake up and let it too receive a lightning jolt. The hardest move of the day, for most people, is the decisive act of getting up in the morning. One may lie and think about what must be done, figure it all out, but the *first move* is always the hardest.

Once accomplished, however, energy begins to flow, and things begin to get done one after another. The same is true with inner things: If you can rise up and step out of the shell, you will have begun, and natural impetus will carry you on from there.

The very *effort* you have put forth from day to day stretches you. Don't resent struggles, for too much ease would ruin most people, while a certain amount is periodically necessary to rebuild reserves.

RESISTANCE: Man's inner strength develops by successfully resisting the tempestuous experiences of the outer world and his own emotions. The sturdiest and most beautiful trees are those which have withstood many storms.

The person must not resist God, however, but become a clear resistless channel for His Power. With resistance there is a very strong flow and a great deal of reaction, causing friction and heat.

With resistance there is increase of harder substance. Then wherever crystallization occurs, electric and magnet forces increase, and dissolution takes place.

There are three degrees involved in the opening of our spiritual sense.

The first degree reaches only to the mortal plane, where the transcendental world emerges through an interior action called inspiration.

The second and higher degree opens this sensorium to the reception of spiritual and intellectual impressions and the metaphysical world works by interior illumination.

The third degree, which is the highest and most seldom attained of the three opens the whole interior man.

It breaks the crust which fills both spiritual eyes and ears; it reveals the kingdom of spirit, and enables one to see objectively certain metaphysical and transcendental sights; hence are all visions fundamentally explained.

The first three Initiations contain all there is. The second three are of the material plane.

Seven, eight and nine involve preparing for higher planes and other worlds.

The 10th, 11th and 12th are retrospection and preparing for a new cycle. It is the last three of the old and the first three of the new.

Ten, eleven and twelve degrees of the ladder of Moses depend on your own study and initiative.

It is said in the Mysteries that no degree becomes functional until one has taken the next.

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INVOLUNTARY SEPARATION

One cannot be truly separated from anything. The pain of any kind of a seeming separation, whether it be in the nature of physical distance, mental disagreement, or emotional coolness is needless.

We are all children of one Father, all the time. If one whose goodwill you desire speaks coolly and distantly, he is truly no farther away than were he in your arms, in the light of eternity, or of time and space.

There can be no separation in God. We stand with Him united. Other lifetimes create a pattern: past, present and future. What phase of this pattern my brother and I are working with now, we know not, but God knows and it is all perfect and complete in His plan. Help us to realize that perfection, that oneness and togetherness in the light of eternal love.

Physical distance is far easier to bear than mental or emotional distance. To occupy the same room with a mental glacier between is more painful than to be separated by an ocean across which hearts fly to be joined at will, when minds are one.

Neither should we allow human attachments to close out God. If we feel guilty over a strong attachment and try to repudiate it, perhaps it should be accepted and blessed, thus raised to a higher level, that everyone concerned may receive a blessing. It may prove a gift from heaven, but in a different way than at first supposed. Again, there are times when only by repudiating or "running away" from a relationship can its beauty be preserved.

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IRRITATION

Things annoy us only to the extent that we give them the power of reality by attention. Annoyances will disappear if they receive no attention. Though outwardly there appears little

change, we may become unaware of former distractions by changing our own attitude from criticism to kindly understanding and simply directing attention elsewhere.

It is mere evidence received through the senses which usually causes irritation; yet I am not my ears or eyes, nor ruled by them. They are but members, tools under my direction. They cannot command my responses.

If I am irritable, that attracts further irritation -- the same as when loving, that attracts love. We cannot expect freedom from certain conditions in our lives until we no longer harbor within us that which is able to respond to such conditions.

If this thing disturbs me so, I must be seeing or hearing amiss. So I must seek to find the real truth of the matter and see it aright, before making snap judgments. Try to disregard outer disturbances.

For what is the difference to my soul if I sit or stand, sleep or wake, hear aught that's passing? To the inmost part of me all are the same. The only lasting importance is in attitudes, thoughts and beliefs toward any of these things. These make their imprint and become part of my growth.

Forgive impatience, Lord. Make me more sensitive to Life's deeper realities, and less to mere winds ruffling the surface of things.

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JUDGMENT

"A sower went out to sow...He who has ears, let him hear."

"Out of the abundance of the heart, the mouth speaks. The good man out of his good treasure brings forth good...I tell you, on the day of Judgment, men will render account for every

careless word they utter. For by your words you will be justified, and by your words you will be condemned."

One meets his Judgment Day right here on earth, not after he passes on, if he has reached to that state in his cycle of lives.

Then he finds neither heaven nor hell, but if one can accept it, the heaven of his former hell and the hell of his stolen heaven.

The reaction from former ways is magnified, yet with Grace. For in judgment, the error is taken up and set on "fire", to burn slowly until the crucifixion is done and the past has disappeared.

Then only the "seed" remains to be planted for a harvest unto God, if you are willing to abide.

The "spoils" are divided unto others and multiplied for their benefit, as you have the opportunity to save yourself by rising above each test knowing all has been forgiven. And you have the grace of joy where was suffering, yet always with choice.

"Now what did I do?", I asked the teacher jokingly. "It's not what you did," he said; "It's what you might have done." And it sounded like a judgment of the ages.

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JUSTICE

"Judge not, lest ye be judged." For by your own words shall ye be judged. By our own words we are justified or condemned, even though these are being used to pronounce judgment on others. The words boomerang upon ourselves from the two-way sword of the tongue.

"Do two rights make a wrong?", asked a small child. This might be possible if two persons were working against each

other or in opposite directions -- even to "do good" -- or if they refused to consider the other for some reason. Sometimes churches act in this way, or sometimes self-righteousness can become offensive when carried to extremes.

Anything which brings harm to another, however good it seems, cannot be entirely good; neither can a thing be judged entirely wrong if done for a good motive. It is cruel and presumptuous of people to judge their fellow man when they have no possible way of seeing the inner hearts or motives of those involved. Only God knows the whole story and He will judge accordingly, but not as men judge.

Who has dealt unfairly? Never mind, that's not my worry; he belongs to God, and is answerable to God alone, as am I. Someday he'll have to make up his debt to the Universe, and the same natural Law will make amends to those he has harmed, though it is not likely to come through this same person. There will be no overdrawn pages in the Divine Ledger.

If it were possible to work out a just and reasonable settlement now to clear the slate, so much the better. But if this cannot be, no vengeance should be sought. Too many persons miscall revenge "justice" when there is really no comparison.

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Justice is even, fair, impersonal settlement, uncolored by emotion. Revenge contains anger or hatred and the wish to see punishment, which rebounds more on the one seeking revenge and puts *him* in the position of debtor on a different scale.

Don't hold self-poisoning resentment or hatred within you. It only harms yourself and brings no solution. Let it go. Free yourself utterly, or you could wind up "taking it with you", and becoming an earthbound entity too filled with attachment to your problem to rise above the earth. Rely on the Divine Justice which balances all scales, and look forward, not back.

It has been a curious personal experience that whenever hurt has come at the hand of a person in any one particular category -- a certain nationality, for example -- in a very short time someone else in the identical classification, though unconnected and unknown to the other, will do a kind thing which somehow redeems the other's act and cancels it out. As though to say one must form no aversions, based on personal experience, to any particular type or group.

"Avenge not yourselves, but rather give place unto wrath: for vengeance is Mine; I will repay, saith the Lord."- Romans 12:19

It is well to rise above the perspective of either the accuser or the accused, and become the "saviour" of the situation.

On the street called "Straight" something like scales (husks or layers) fell from the eyes of Paul as his sight was restored. Another kind of scales when used to weigh or balance is depicted as a symbol for Justice. It would seem that the purpose of justice is to bring about equilibrium or balance between opposing conditions or that which is unevenly distributed, but it can only be done when we see "straight" or aright.

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KARMA

Karma is the result of the law of cause and effect. As you sow, so shall you also reap -- if not in this incarnation, then in some other.

It is generally applied to the debts or rewards one has carried over from a previous incarnation, and on which one is now working to balance the books.

Blame no one for unkindness, for there is no way for kindness to operate in the Karmic jungle if one has not been kind. One's

past is being reflected in Karmic action, and they have no choice where you are concerned.

"I live with Cause rather than Effect," says the teacher.

Generation is cause, power the medium, and light or motion the effect. But the law of Cause and Effect is transcended by Grace.

When you achieve the renovation, you might compare the before and after pictures -- for demonstration -- but then you throw away the before, and live in the after, in reality. Don't keep talking about the former ways. Else why renovate?

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KNOWING

Be still and Know that I am God.

First the Tree of the Knowledge of good and evil. Then you shall know the Truth, and the Truth shall set you free. To the conqueror He gives to eat of the substance of the Tree of Life.

Knowledge is defined as the act, fact, or state of knowing; awareness and understanding; the body of facts accumulated by mankind. (Thus the Bible won't need to be written as a book -- for it's in the mind.)

Wisdom is not communicable. The wisdom which a wise man tries to communicate always sounds foolish. Knowledge can be communicated, but not wisdom. You must give your knowledge to God to know Wisdom.

To know is to have a clear perception or understanding of something, through memory, skill, or experience.

"Try Me and know My thoughts."

All things come -- are born -- of knowing. And knowing consists of linking thought and will.

That wall is not solid unless we know it. If we know it is not solid, then we can walk through it.

A missionary Brother on his new-found way said, "It only hurts to know what I should have known."

In prayer asking for guidance was heard, "I want you to know nothing...then I can know you."

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LADDER

Let each moment carry the next. Use each event as a platform for the next, rather than planning far ahead and referring merely to that.

The same job that to one seems sodden necessity is welcomed by another as a vast improvement of great dignity -- because it provides better circumstances than he has known, and means one step up.

Don't be afraid of missing God's teaching by missing one class. Yet the words of a teacher act as a stepladder. His mind

can reach higher and deeper into the Infinite, or rather more purely, and open you to things that might not otherwise come in.

If you forego the class just once to do some loving act in private, though you appear not in contact with the teacher at the moment, the deed itself is sown and will sprout.

The idea is that personal contact brings greater satisfaction and growth at that moment, and you receive it all at once, seed and fruit. However, you can't cover the whole world physically in one day, and do all the work yourself.

One's own attitude must be elevated, escalated above the day's frustrations caused by actions of other persons.

Each of us is climbing up a rope ladder, suspended from God, but there is no rung until you step up, and then each step appears as you put your foot forward upon it.

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As the ladder grows higher, the points on the ladder also grow higher, as the tree grows.

In Egypt, Osiris was called god of the ladder or staircase through whom one might reach the heaven world and its bliss. Heaven was considered "up", its floor being the sky, and the ladder symbolized the necessary link whereby one could reach from earth to heaven.

LAW

The Law, or means by and through which all things manifest in this world, is the process of using the Creative Power which brings all things into manifestation. It is the "living formula" of all mankind.

The forces that we set into action through this "living formula" are thought waves, sound of speech, and subconscious impression. These go to make up the combined patterns on which the Formula works.

Health and sickness are largely, when not Karmic, the manifestation of our dominant mental and spiritual states. Shock or negative emotions cause the blood to leave chemical deposits around the joints in the body.

A normal healthy mind reflects itself in a healthy body. This shows that you are relaxed, and the Creative Force is working through you -- God working through the Law or Formula.

DAILY WE MUST CONTROL THOUGHTS THAT DENY THE IMPORTANCE OF THE EXISTENCE OF THE REAL, AND AFFIRM THE PRESENCE OF GOD, THE CREATIVE FORCE, IN EVERY CELL OF OUR BEING --

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-- as well as everything we see or touch. Remember, the Real is that world we usually do not see, which controls the "unreal" which we see.

Use the Law for correction of anything in life, through scientific prayer. It is our Father's good pleasure to give us the kingdom.

"In the laws He hath ordained as the rule of thy life, so kindly hath He suited thy duty to thy nature, that obedience to His precepts is happiness to thyself."

The idea now is super Law and Order, not breaking of law and order; to fulfill, not to destroy. Each one of us is reborn through the Christ.

The symbol of the Law is the triangle of the Holy Trinity.

It is a law of creation that everything begets something else, every act, every thought. The Father begets the Son, who brings forth through action in cooperation again with the Father, thus making the triangle continuous all the way around.

The dictionary defines "law" as: (1) "a rule of conduct; or (2) a formula governing a function of operation;" -- the first applying more to outer physical laws; the second to philosophy.

Man-made law requires enforcement; otherwise it could not be violated. But divine Law needs none, for its Power manifests without man's help.

The breaking of man-made laws does not always cause repercussion. But Cosmic Laws are entirely automatic in reaction, unvarying in justice, and immutable in the perfect order and harmony with which they operate. No respecter of

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persons, they work the same for everyone, but in perfect consistency with man's evolutionary progress. By obeying these Laws, man both escapes punishment and gains reward.

There are no laws in the love of God. There is transcendent joy and the perfect goodness incapable of seeing wrong.

THE ONLY CERTAINTIES ARE:

1. The Law of prayer (symbolized by the triangle).
2. The Law of cause and effect.
3. Assumption, and compensation as a part of that law.

"The Spirit of God, which we think of as the Heavenly Father, is a Divine Presence, while the Law is a mechanical Force; and the Law is a blind force, like electricity; it works for everyone, whether he knows anything about electricity or not. Therefore, we must be careful to use it constructively."

THE LAW OF PRAYER

A Master doesn't think when he prays, "Are you there, Lord?" He gives thanks for the use of God's laws himself.

Seal the prayer.

You amalgamate the pattern you have set for yourself, but you do not look at it; you look beyond it. And then, with your feeling, you give it reality. The feeling fills it in.

The Law is the same for everyone, said the teacher. You live by the Law, whether you know it or not. Everyone has free choice in the solution of what he will do or ask in prayer.

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"In the case of two people praying for the same thing, which is answered?", asked a student.

Answer: Whichever has the stronger consciousness of knowing his prayer will be answered.

A person working for good generally will reap accordingly; though if he has a weak consciousness, it may not come to him.

"I offer myself to the Cosmic in accordance with the Law of Service. May the powers of mind, the attributes of my being, be used where they may best serve."

God does not revoke the fundamental laws of the universe, but when praying for help one may expect a different manifestation through directing the secondary principles involved. One does not stop lightening, but when it hits a lightning rod connected with a well, it purifies the water.

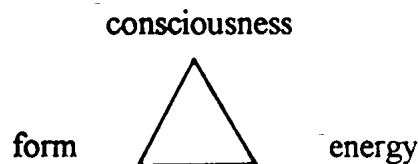
Set a prayer or thought in the River of God Mind as in a "Mind River" and release it. Be not a spiritual beggar, doing nothing in prayer but asking for things. Make the earth let go of your feet for a while.

Need you explain to God your plight? Make the outline brief. You won't hear an answer if you do all the talking. Make room for him to answer. Be still awhile and wait for His reply. What can you tell Him who knows all things already?

"All things whatsoever ye shall ask in prayer, *believing*, ye shall receive," Matthew 21:22.

"Seek ye first the kingdom of God, and all things shall be added unto you," Luke 12:31.

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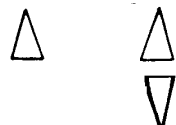


Do not separate these three.

Prayers can be spoken with the Word when you give up and the Self takes control. Then the lost word is spoken, and you will create true patterns.

Moses on the mountain received the Lost Word.

TRIANGLES -- of manifestation:



Spirit reflects its light into matter, and sees itself in the mirror.

Vendantist Prayer:

Lead us from the unreal to the Real,
from darkness unto Light;
and from death to Immortality.
Reach us through and through, and
protect us evermore with Thy Compassionate Face.

Prayer of Acceptance:

FATHER, THOU MAKEST ME PERFECT.
CHRIST, THOU LIGHTEST MY WAY AND MY
BODY WITH LIGHT AND LIFE;
AND THOU PREPAREST A TABLE BEFORE ME
IN THE PRESENCE OF MINE ENEMIES.
SO I ACCEPT THANK YOU.

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If a man prays even for that which is too difficult to hope for, he opens a way for it to come -- opening to insert a ray of faith - - because having prayed, he must then believe it can be answered.

The principle of visualization is the same as the triangle. You pray, but know God will fill the form. So in healing, visualize the perfect form, and ask God to fill it.

A system of prayer is first the desire, then its release (giving up), then making a place for it to manifest; avoid just riding along on the words.

One can be free through blessing -- throw off the chains of reaction, through action. Be unbound, give out blessing. Don't be on the defensive; God bless!

Life is a whole thought, fundamental form. Spirit motivates life in form. Compare the Whole Spirit (Holy Spirit) of Creation with the "old school spirit", the same on different levels. *Unless you put life into prayer* it cannot move living matter.

Life has to function through a form. You can create because you have life, but you have to motivate it in the Spirit. Only your word can make it so, because God gave you the Word.

LESSON ON THE 23RD PSALM

Two Psalms are used: the twenty-third for the spiritual pattern; The material Psalm, the twenty-fourth, is for the spiritual realization of Creation.

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THE LORD IS MY SHEPHERD:

God and "the Lord" are two different Beings. Jesus is Lord of Earth.

I SHALL NOT WANT:

The Father wishes to give you the Kingdom.
"Whatever you ask in My Name shall be done."

HE MAKETH ME TO LIE DOWN IN GREEN PASTURES:

If I listen, everything will be fruitful.

HE LEADETH ME BESIDE THE STILL WATERS:

The Psychic world is a source of power for healing.

It comes from the Father, but on approaching to psychic is the coalescence of substance; and if a wound needs healing, a healer using the power of God through Christ as it comes in, will take on the character of the psychic world -- the higher

part which is clean, unaffected by aught.

HE RESTORETH MY SOUL:

Lie down in this influence; gather cool, pure force; refresh.

HE LEADETH ME IN THE PATHS OF RIGHTEOUSNESS FOR HIS NAME'S SAKE:

We give glory for His Namesake, so others know from whence comes our supply.

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YEA, THOUGH I WALK THROUGH THE VALLEY OF THE SHADOW OF DEATH, I SHALL FEAR NO EVIL:

This is still of the psychic.

FOR THOU ART WITH ME. THY ROD . . .

Use of power and the Law.

AND THY STAFF:

The spine through which spiritual forces move.

THEY COMFORT ME:

Would be fulfilled.

THOU PREPAREST A TABLE BEFORE ME:

If you don't fight, if you are passive, it will have no effect.
The power others have used to oppose will be used as a feast set before me.

MY CUP RUNNETH OVER:

Overflowing of the Christ Force.

SURELY GOODNESS AND MERCY WILL FOLLOW

ME: Ageless.

AND I SHALL DWELL IN THE HOUSE OF THE LORD FOREVER:

There is no other place, unless you fail.

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LET DOWN

Never feel that anyone on earth or that life and circumstances have let you down; *only you can let yourself down!*

It is all in your own outlook, having allowed yourself to expect too much in the first place, and not accepting circumstances with poise and balance. As far as we are concerned, the other person should remain blameless. He has another path to follow; we have ours.

It takes great gallantry to accept the conditions of life, and courage to face them. But to triumph over one's own weaknesses is a beautiful victory, it is far more comfortable than lying there and accepting the misery we in no way desire and which is not part of us.

LETTER

Trying to decipher meanings by studying words is like trying to discern causes by studying effects. This approach from the

material side of communication is like that of a detective seeking to work inward from clues toward the Light, whereas the true idea *is* Light itself, and not fully definable through speech.

Words are interesting in their many faceted meanings, leading from one place to another like a treasure map. But the whole Idea never was in the words, which merely act as containers to convey an idea.

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When one works a great deal with wrightings, some light comes in an invisible way as truth is revealed. But when one takes time out for meditation, it is like going from the black-and-white printed page in the outer chamber to an inner circle where there are no words nor objects, just the warm light of Truth.

This is the Source or central place from which the ideas go forth. On the inner side these words carry not only Light, but power as well. When you leave the circle and look at them from the standpoint of already haven been spoken, they are composed of solid letters, to indicate that this is the shadow of the Real. Letters look black on the dense side, though Light on the other.

Words are made flesh on paper, visible to the eyes, in a form designed to facilitate communication between the minds and hearts of men.

But the mental grasp is the shadow, not the reality. Ink casts shadows, and too much knowledge becomes a heavy weight to carry.

A world of living letters describes man's every thought, the written word acting as a mediary between the writer and the recipient. But actions speak louder than words, and the spirit is more potent. It has been said, "The letter killeth," while the letter of the law is but a shadow and precursor of the real.

"We should serve, not in the oldness of the letter." Rom. 7: 6.
"Ministers not of the letter, but of the Spirit." II Cor. 3: 6.

The letter, though it helps lead up to the experience, has no part in the actual revelation, but acts as a diagram or description.

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The Old Testament set up rules according to letter, but the New Testament acted out in essence the play which had been written in the Old. It became a focalized edition which brought the many down into the life of the One -- the Son and his companions.

If Jesus did away with Old Law by fulfilling every word in his own life, Paul rewrote rules for the people in his letters of communication, but he probably did not intend these as Scripture.

The Book of Revelations foresaw the time and method of the end of all these. When the things of Revelation occur, the time is ripe for a New Way. The Spirit and the Bride say, "Come."

Shall one make a god of the sheet of rules on paper -- this far and no further? Follow it, yes, as a skeleton guide; observe the stark outline, as Jesus also bade that one follow the Ten Commandments -- but with something extra added.

If the rule sheet be faulty, shall one follow a faulty God? Fill in the blanks with action. God notes these as His own which are done beyond the demands made by man, from out of the goodness of being.

If one asks more of you than written on that page, do you spurn action, saying, "It wasn't on the list", or do you willingly serve the Reality beyond the written page for the love of God and man?

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LETTER TO CHILDREN

Please understand -- if your parent scolds you for some mistake, it does not mean that he is against you, but it is his responsibility to mold the soft clay of youth which God has put in his hands. He is trying.

Parents point out the mistakes their children make, hoping they'll correct them, just as a school teacher marks your mistakes on a paper so you can look up the right answer for your own benefit.

Sometimes they forget to mention all the answers you got right, and too often the parent does too, but don't forget the grade you receive at the end is the sum of all the right ones. Spiritually also, you are graded on what is right.

I'm sure you'll be highly successful in life, and need never worry about money. But to me, you'll be really successful to the extent that you are fine and honorable in character.

You will be wise to the extent that you realize money is only a paper tool, or a mineral to crumble back into dust, as is even the human body. But the spirit and soul and character you build and make deposits on last forever.

We hope your generation will do better than ours did. We are not proud of the showing we've made. But we have been caught in world changes just as drastic as you have.

It was different, true. But we, in one life span, grew up through two world wars which broke up family patterns and the

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old ways of home life which were so secure and comfortable, and sent parents out from their children to work.

We were born before movies or automobiles became popularly available -- before TV or radio; before "appliances"; before many things -- and we aren't even old yet, except perhaps to you. But we had to bring you up in a different world, as though we had gone to a different planet to have children.

Some parents couldn't adjust to the changes. Few could compete for their children's affections or respect when placed in competition with the TV set or horror movies or the tough kid who knew far more than your parents, and you had more faith in him.

Remember, whom God loves, He chastises. So if you were caught unjustly in a minor misdemeanor, things weren't against you, but for you. By showing you that no one gets away even with small things, you may have been discouraged from trying to get away with larger, and saved from worse suffering. It's easy to pull up a tiny weed, but a bit one needs a hacksaw and shovel once it's grown, and might tear out a lot of good plants in the process.

Know that God is just as close as you give Him a chance to be. I think one of the best keys I've found -- someone said, "If you love Him, you've got Him; because He can't run away from anyone who loves Him."

A loving parent.

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LIGHT

Light is the vehicle of Life, and Life is the vehicle of Spirit. Light is Life put into God-action. One breathes the Light of God moved into man -- the Light which came before creation, and which came with creation, that eye has not seen.

The radiating force through the sun comes to us as light. It isn't light till it hits the substance of the Sun. Observe: he places light around anyone, by drawing energy, both from without and within, and *igniting* it.

When something adverse happens without, it drives one to take a look at what's inside himself (his Self), and shows up all, like a brilliant light unquestioningly flooding a room; if it's dirty or neat, that will show. Light within us gathers to itself Light, while darkness attracts darkness.

We have seen His Star, the righted star of Man. He has risen. The Sons of God light the dark night of the world. Let each turn on full brilliance; the darker it grows without, the brighter the lamp is turned. So that one makes merry within and disregards the night when it is said, "No man may work."

The darkness shows up when light increases, and we must get rid of it. Light is connected with the eye, and Spirit with the whole body. Man in his thinking builds a mass mind which makes a filter over any city or locality through which the Christ Light must enter. This sometimes appears deep gray.

In the morning it is cleaned up and purified somewhat. The outer atmosphere is very deep blue, not for lack of light, but because no resistance is there. The finer the light, the more penetrating it is. The alpha rays go farther than the beta.

As the darker and deeper the depths, the higher and brighter the mountain. There is a constant choice. Yet without the tug from the negative, one might lack the strength of resolve to climb higher -- with that bit of adrenaline furnished from overcoming fear.

As surely as things look pitch black, if the coin is turned over, it is that much more radiantly bright. It is when you get to the thick darkness that the Light is near. Until then it's just a half-and-half twilight zone.

As surely as the experience is terrifying, the overcoming of it, if you can, is that much more rewarding. If you stand behind the drapes, it is very dark, but step to the other side of the same drapes and there is light. Man is in chains only while darkness remains. As soon as the light turns on, he can see to remove them and is free.

Isn't the darkness just before dawn, whereas after the sunrise the only darkness is from shadows cast by physical objects? Remembering the squirrel, the "shadow tail". As long as he keeps the tail behind him he sees no shadow of it, facing the sun.

Now from the dark Egyptian side of the pyramid, the night, we come to the Christ side, the second point on the triangle. There it is light, where both the day and the year are dawning; at spring and Easter the cross becomes lighted and aflame. On the dark side we only saw and heard physical "facts" which were not fully true.

On the light side, the Truth of Spirit breaks through to set free. Whereas we saw then "as in a glass darkly", now we see face to face. And this is where Ananias comes to straighten the vision of Paul on the street called Straight.

When the sediment is removed, and the liquid has become all clear, then there will be nothing inside for the sword to pierce; so one won't hurt anymore when there's naught to receive it. Without the fleshliness what can feel the sword? When the back is not quicksilvered, one is not a reflecting mirror of what has been, but crystal clear and transparent.

The absolute Truth lying in the Center of Mystery is like the sun; it blinds ordinary sight and man sees only the shadow. The eagle alone of baser creation can gaze at the dazzling light. Likewise only the prepared soul can bear its luster.

Yet the great Something which is inmost of the Holy Mysteries has never been hidden from the piercing gaze of him who can bear the Light.

LIGHT is the first begotten, and the first emanation of the Supreme. Light is Life according to both the Evangelist and the Kabalist, and both Light and Life are electricity -- the life principle, the "anima mundi" pervading the universe, and electric vivifier of all things.

LIGHT is called the great Protean magician, under the will of the Supernal Architect -- its multifarious, omnipotent waves having given birth to every existent form as well as to every living being.

"From its swelling electric bosom spring matter and spirit. Within its beams lie the beginnings of all physical and chemical action, and of all cosmic spiritual phenomena; it vitalizes and disorganizes, gives life and produces death, and from its primordial light becomes materialized, are concentrated upon our Solar System, and produce all the correlations of forces.

Exercise: **SEE A LOT OF LIGHT. BE A SPONGE AND LET IT SOAK IN, RIGHT DOWN TO YOUR TOES, EVERY MOLECULE.**

Start light from center and radiate outward to clean atmosphere of all darkness and residue. It helps in confused situations to clarify oneself.

Reach with light to the White Brotherhood and contact them. Then shed it all around the world -- brilliant Christ Light, to break down self-involvement and separateness of individuals.

Milton on the Holy Light:

. . . Offspring of heaven, first-born,
And of the Eternal co-eternal beam;
. . . Since God is light,
Dwelt from Eternity, dwelt then in thee
Brilliant effluence, of bright essence increate.

LITTLE THINGS

One thinks it more important to do the big things and let the little things take care of themselves.

A spiritual person who lives by the impulse of the spirit may berate the careful one who feels the need to see that small details are taken care of.

Yet, "he who is faithful over a little, I will set over much."

And remember the big appliances, ingenious and very expensive, which work beautifully until a small plastic handle

or knob comes off, which never was attached durably nor even intended to endure, and which incapacitates the entire machine.

One must be reduced to the least common denominator; return to essentials.

LOCATION

Have you ever, when you were younger, wondered if you belonged in the particular spot where you were? It felt perhaps you had made a move and then wondered about it afterward. Yet suppose every flower or blade of grass wondered if it were in the wrong place, and tortured itself by thinking, "perhaps I should have sprung up in some other field; perhaps my seeds fell to earth too soon."

Let us not assume burdens which belong to the Creator alone. Is it really so important in which field one is found temporarily? Each person must adapt to the best of his ability wherever he is, unless or until a genuinely better opening presents itself, as it will when he's ready. In the meantime, there are lessons which the soul much learn right where it is, or it wouldn't be there.

Once learned, new fields will open. Anyway, the place is a passing thing; it is you who are permanent. The field or place is just the ground from which the development takes place and grows -- any ground will do.

You must take courage to take command over the circumstances of your life and not let yourself be whipped by adversity, but learn to master it.

If you feel out of your element, then begin to master the elements, still the waters of your turbulent emotions, walk on the waves of your disquieting thoughts.

Even though you may have missed out on something you wanted to do or took the wrong "turning" or made mistakes on something and find it impossible to go back and pick up the threads where you were before, never feel that you've lost out or lost your way.

Sometimes you may feel that because of an error of someone in your family that your whole path of life has been changed unnecessarily and that you're living in an abnormal situation. If you dwell on this, your whole life takes on an aspect of unreality. But the secret worry is groundless. People are bigger than situations, and you'll find that each member of your family will find his own proper niches sooner or later, regardless of what might have happened in the past. And he'll follow the direction which his soul indicates regardless of any circumstances around him.

Times change rapidly and that which seems all set today may well be unset tomorrow. But that which is within the being is permanent and goes wherever he goes, grows in God and is never in the wrong place.

Remain centered in yourself inside and then you'll never be off base. Wherever you are, that is the right place to be. The place anyway is secondary to you. What if you miss your train -- there'll be another one coming along, going to the same place. Don't stew yourself into a frazzle, because then you'll be in the wrong place no matter where you are.

You'll not be so overwhelmed if you take the attitude that the world is your "oyster". It is your field of operation, but it does not own you and no spot on the earth has any exclusive claim over you. It is put here for us to use, not to be subservient to, but to use for Service unto God and man.

LOVE

God's Love fills and encompasses the universe, and this is both the beginning of anything, and its fulfillment. What else has power before it? This effulgent Energy is the totality. "Be thou made whole," and they were healed. Let us stop thinking and enter God's embrace, to live in Him.

A loving leader mentally encompasses his group, as though he threw a comforting blanket over all, and the energies of his being flow out to them.

We love the Son, who loves the many -- each being hooked into one Ray which pierces flawless to the core, a direct contact always in operation without interference.

All blessedness of life experience can be traced to love. From love stems all reward, and perhaps all results. Love is Cause, of which are many variations and degrees, and all its fruits shall come before the judgment seat to find reward.

Anyone whose only concern is for those of his own race, religion, or social strata is as narrow and bigoted in his own way as those of ancient tribes, whose interest and loyalty were reserved for others in their home and village.

Grant not to human love such preference that it may grow to compete with the place of God in your life. Give not to

humans that which should be reserved unto God, lest He should challenge it.

For love which grows too deep and high for man to appreciate, only stands in the way of prayer; and if one finds himself breathing pleas to his beloved when he kneels down to God, then what shall He say or do?

You must place God first, and have none other before Him. Tempt Him not with second place, for aught that comes not forth from Him, or with His consent, is without life and crumbles to the dust.

When one becomes free in Christ, he is no longer subject to love, but is free from its domination over him, so he can then enjoy it. Weeping tarried for a night, but joy cometh in the morning.

One asked, "It's easy to believe in God, but how can one believe in man?"

If you love someone, you don't worry about trust, because the love encompasses far more than trust.

It is said, "God's love is the supreme love. Man's love for God is a reflection of that love; Man's love for mankind is the principle of divine love made active and manifest."

Love fulfills the Law -- love first of God, and second of one's neighbor.

Taking possession drives love from you, because in this there is no flow, yin and yang. The only flow would be from you to it, as will.

Because love was denied, that love flowed in need to God. Because some mystery lay unsolved, the need is filled for knowing the mystery of God. Because that wish for company lay bare, companionship with Heavenly Host is thine.

As God is Creator and created, the beginning and the end, He is able to receive that which He sent out in the first place. The love is the energy of the Father.

LOVE FOR FELLOW MAN

Let not your love be in word only, but in deed and in truth.

Love is not talking about it, any more than humanitarianism and brotherhood consist of going out and making speeches on the subject. Love is doing, performing daily acts of love, kindness, and brotherhood to whomever you encounter, volunteering a helping hand wherever needed.

Loving your fellow man can certainly be expressed by a check to some charity, or helping a needy person to obtain a meal or room. But if you have real love in your heart, it must go farther, expressing on a full-time basis, even extending itself to those in your vicinity, the persons near you whether at work, at home, or in public places, whether you know them or not.

It is hypocrisy to talk about love, and yet refuse to move over a little to make room for another person, or to let those who love and depend on you go without your attention, or to ignore the needs of others whatever they may be. If you are unable to see the needs of those in the same room with you, and minister to them, how can you discern the needs of the world at

large and propose cures for them? He who is faithful in the least shall be set over all.

Love is knowing another person's predicament and doing something about it. This may be pouring a glass of water. Love gives an encouraging word where it is needed, and takes forethought rather than afterthought for the welfare of anyone near or far; but start with those nearest and then you may be given the right to branch out.

Love does not consist of making-up to someone afterward for what you have done to hurt them, but in not hurting them in the first place. Even "not-hurting" is by itself insufficient; one must try to assure happiness by doing something to obtain it.

You may at some time encountered a person who was the epitome of all that you could ever admire and approve. Now you must learn that these very same qualities regarded with such reverence are in some measure present in every human being. They must be sought even in him we have not personally approved.

Light is necessarily present in order to have life, and then it can love.

Love and fear cannot exist together, so they neutralize each other. Fear arouses adrenaline. There is an occasion where fear reacts as love, in the case of arousing parental protection. Love and fear are opposite.

Love and hate are not opposite, but similar.

Too much worry or anxiety rouse adrenaline, so that love becomes difficult of expression. All function depends on stimuli, which is shock.

Only one time when fear and love work together -- severe shock in the physical, yet the love from the Father would feed into the cell, and help to strengthen the structure.

"Love that is conceived and born is self-forgetting service, to God, man and Spirit."

MAKING PEACE OR MAKING-UP

Try to secure an open friendly conference, each laying things out in the open reasonably, together or with a counselor. Come to a true agreement. If this doesn't succeed, husbands, never seek to appease after long neglect has brought about inevitable sorrow on her part.

Do not become suddenly over-attentive, to smooth over some aversion which may have developed through your apparent lack of love. Neither try to buy her back with gifts. (Give those while things are going well.) Remind her of the early days of your marriage.

Be quietly sensible. Cease to neglect, but if you make a show of too much, it just proves you don't understand the situation, and both of you know attention is just a temporary cover-up for what should not have been, and would only go right back to where it was before, because you cannot maintain pretense.

Don't push for kisses at this point, nor avoid them either if she starts to come out of the slough. Quietly watch for the door

to open, but don't force it unless you are innocent and it is clearly her fault; in which case you had better take a dominant stand and settle it.

Never make an issue of things if you are trying to get back in her good graces, unless you can do so in a way that she could meet you on that level; get it all out and clear the air and perhaps break down some barrier.

Remember your own door was closed too long while she was waiting in silence, and perhaps in sorrow, for it to open. That's a big negative deposit.

So if you want now to prove you love her, let her know it subtly so she can trust you. Bring her out of the desert, not to a mirage, but to a true oasis of reality.

To approach a woman physically without having first established harmony with her on the mental and emotional plane, or having made peace in the case of conflict, is a direct insult to her sensibilities, and makes her appear an object of convenience, which women cannot endure.

Have proof of accord to sincerely make love. She needs to feel companionship and equality on an idealistic level before the physical.

Wives, go out of your way to be more lovable and interesting as a companion, to talk less, and to look attractive. Don't "harp" on anything.

Man's physical body is the true cross -- therefore he starts to prepare to crucify himself.

Through the spleen man draws the magnetic currents down through the earth's vibrations -- energy from Sun to center of earth. Power stored in a chemical or gas in spine will rise, and this brings a light, forms a bridge between pineal and pituitary; it can also be raised to the crown. This is the spinal fire, or Kundalini.

It is between the spiritual and the physical that the full realization comes. "Father, here I am without one plea." It is then without self-determination that the spinal fire may rise. This is the aim of the Aquarian Age, the joining of the past and future, and the rising of the fire. Man formerly needed to overcome lust of the physical body. Now the need is to overcome mass mind in this Age.

As man, you stand between heaven and earth, but must not love the world too much because you'd be looking down.

Through striving and goodness, a man may go through all the solar initiations, one after another, though he have no teacher or guidance. He may not recognize this as such, but they're there. Letting go is giving up to God.

Wearing of the garb is the establishment of communication. This is why we use clerics -- not because it makes you better, but because it gives the other fellow a chance to come to you.

If you cling to something as you come to God, He will not let you come all the way. You must view your possessions as you

The earthly parents are reflections of the heavenly. As you give up the ties of mortal man, you go up the steps in the levels of consciousness leading to illumination.

You can serve God through serving man, but you must not serve man directly.

MAN

Paul has said, "The man made of dust is the pattern of all men of dust, and the heavenly man, Jesus, is the pattern of all the heavenly. Man is born of God, or of will; he is crucified in Christ, or wisdom, and is resurrected and initiated through the Holy Ghost, or activity in transmutation.

The only thing the Universal can know about the individual is what he knows about himself. Consciousness always embodies what it understands about itself.

The inner part of man is able to perceive Light and Truth, but the outer part only receives the appearance of Light and Truth; for external phenomena has no absolute truth, only the recognition of relative existence. The reason of man merely excites his desire and tends to corrupt the senses.

But although our corruptible senses seek to bind us in flesh, there is a spiritual and transcendental part of us which is incorruptible, beyond the physical; and it is this which makes possible our immortality.

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Usually the material nature tends to hide the immortal. But in order that the immortal principal may be released, it must burst the envelope of the senses and reach a state of purity. This

envelope needs to be rent in order that man may be placed in greater spiritual freedom and become cognizant of the transcendental realm.

So man is only a tiny cell in the body of God, yet he is important to his Creator, and will be heard because of his need.

We must seek to dissolve the link between man and animal, and the difference between man and God. We must seek the magical agent of transformation, for as man is created in the image of God, he must be brought into conformity with the reality of God.

In trying to cut through the many obstacles of time, space, and materials with which he must deal, man develops various aspects of tension.

He develops many talents and attributes during the course of a lifetime. Most of them are good, but in expressing his favorite he tends to show them off for attention: "Look how well I do this! How brilliantly I express! Can you top this?" If he is self-effacing, he may reverse this by saying, "Don't look at me." In any case, his consciousness is more on himself than on his purpose of life, and even though talented, brilliant, expressive, he should be thinking, "Look not at me, for what I do is intended to point you unto God."

Man is only a living organism through which the Universal Life is channeled. In his physical self, he is merely an intellectual animal, but his brain is so far superior to that of other animals that he is able to become an instrument for the manifestation of divine wisdom.

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The instrument through which this Divine Principle acts through man, coming from the Within outward, and having its effect upon the external world, is the soul. In the soul, Divine Spirit finds soil in which to grow an individual form, and here is

found the stimulus for its development and the substance from which it may draw vitality.

In order to gain power and control over his own vehicle, it is necessary to man to become somewhat acquainted with the processes which go on in it. Therefore, it is well for him to study the constitution of his own soul, that he may learn to guide and control the circumstances about him.

Man needs to overcome not only the lust of the physical body, but the effect of the mass mind. As he strives to do good unto his fellow man, so correspondingly does his soul grow and evolve. He must serve God through serving man, but he must not serve man directly.

Man's divine nature is his ability to comprehend, to reason and think, but his thinking in the past has been unconscious and unguarded. Now he must begin to guide his thoughts and control them.

Man's physical body is the true cross. His body has changed in accordance with this use of the hands, feet and limbs. Environment has been an important factor in these changes, yet man has had more effect on his environment than it has had on him.

Why has man invented so many diseases, for most all can be traced to faulty thinking. Exercise is needed for balance. It relaxes the physical body and lets the spiritual express itself and regulate glandular functions.

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Man is essentially a creature both of air and water -- water adapting itself to air. This should be remembered in connection with healing or analyzing the health of man.

Physically he is a water animal, conceived and born in water, and has a natural liking for this element. In fact, water constitutes about 70% of his body and 90% of his brain. He throws off water and perspiration through the skin, urine, and breath. Man is renewing his every cell as well as the whole skin, hour by hour.

There are three phases of elimination which are necessary and these are the kidneys, the bladder, and the bowels -- the triangle of elimination in the body. Water is the main essential element of man in health, and this is also usable where psychic force is used in healing.

Man's admiration for mountainous country is a subconscious remembrance of his need of old to seek protection and hunt in them, and of course his soul has always looked up to the heights as a symbol of seeking that which is greater than he.

The material part of man -- that is the matter composing his body -- is infused with the wonderful vibratory force of spirit, and he can use his own mind to make that force vibrate outward to contact the surrounding vibratory forces. Thus the thought vibrations going forth from an individual are somewhat like messages beamed from a wireless tower.

Matter, which is symbolized by an upward-pointing triangle, is dependent on Spirit, the triangle pointing down, but Spirit is not dependent on matter. Spirit is existent even without consciousness -- for example, in a rock which represents matter vitalized by Spirit.

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Consciousness comes with the entry of the soul into organized matter, and is an attribute of the soul, but it can only come with the soul into matter already perfectly prepared, formed and organized for its reception. Man was created according to the triangle of mind, soul and body.

MARRIAGE

The preconceived Pattern

Most women enter into marriage, and perhaps other situations as well, with a set pattern to follow of what they have come to understand that the ideal marriage should be: the archetype, perfect in every detail.

Everything that happens is measured against this preconceived backdrop, and sometimes life fits it, but more often not. Still she spins the camouflage or tilts the scales because it *has* to fit.

There's no other way she could imagine to live and remain married. It's "all or bust". In former times it was more "all or cover up", and pretend for the sake of the children and neighbors. But she should take a good look at herself first -- man too.

"All", here, is the ideal state of the preconceived pattern: two hearts beating as one; two minds united in harmony with the additional interest of different sidelights of experience; happily "playing ball", bouncing ideas back and forth for fuller understanding.

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This couple -- they are glad to be together because they never need be lonely, and have the double pleasure in each other, sharing life with a wonderful companion whom they love.

People may have to release their *patterns* for marriage in order to live with the one they actually have. They might give up all

formulae and enjoy what they can, even if it's entirely different from what was planned; for it may turn out even better, less cut and dried.

Leave the other end open in marriage, as in all else, in order that Spirit may have a chance to work freely through it.

Avoid set patterns against which to measure the marriages of other people, too. For example, it is expected that only a superior being will not feel jealous when the mate becomes obviously attentive to the charms of another.

So when such a situation is presented, all eyes furtively watch for a reaction. He or she self-consciously feels the gaze and knowing full well what they are waiting for, stiffens up and tries to put on a noble act, forcing a little smile, which turns out more like a smirk. They turn away satisfied jealousy is there, even if it was previously not thought of.

Situations like this form habit patterns of their own, so one begins to measure himself by whether or not he feels jealous, and guilty or not guilty according to a sliding scale of reactions, overlooking the other qualities buried there. Don't let these things "jell". Only God has the full prerogative of jealousy, and that is for your good more than His.

Other people also have nice patterns set up for your marriage, such as your tone of voice in speaking to each other. The folks next door do not hear quiet harmonious

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conversations. They only hear the voices raised when two are not getting along on some point. They expect you to be a "good provider", an excellent housekeeper and cook, an exemplary parent, and a jovial host at all hours.

This may not be all bad, since they keep you on your toes trying to measure up. Though it is not very flexible, this is a

good place to consciously begin the exercise of self-control over voice and temper.

Most men seem to retain an ageless appeal, but it is harder for a woman when "the bloom has been plucked" from her youth, and she seems less attractive to others. Normally, the need of loved ones for her services and attention in the home provide her with a happily indispensable feeling of love and security, just as a male parent may be able to keep going because of the dependency of others upon his support.

Without feeling needed, male or female feels cut adrift and purposeless; except for those who welcome this first real freedom to do what they've always wanted to do on their own. But do not save all the things you want to explore until you are past fifty and have more time. Much of the keen edge of your youthful enthusiasm for doing them may blunt enjoyment later. Start *now* to develop independent interests which can buoy you up under any set of circumstances, not to the neglect of those dependent upon you, but it won't hurt them to cooperate a little.

Cut through the old patterns and try using none at all for awhile, and see what new ones God will develop for you.

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MEDITATION, CONCENTRATION AND CONTEMPLATION

CONCENTRATION is taught first, to enable one to steady the mind and keep everything out -- then meditation and contemplation. Discipline is required for the control of mind.

Concentration is not a projection of consciousness; it is thinking about something and that one thing only.

One may practice this by concentrating on a single object such as a candle, until he sees and thinks of nothing else but that candle. This should be practiced every day for a few minutes until one can look at it a moment, then close the eyes and retain this image in thought for five more minutes. Do not complete the exercise abruptly, but sit quietly a moment, not thinking, before you leave.

In concentration, the brain center becomes attuned to the idea which is the inner reality of the thing under observation, and expresses as conscious perception of this reality, enabling one to see through the form of a thing into its essential nature.

MEDITATION: Before you begin, relax quietly, not thinking and non-attached. Take three or four deep breaths. See yourself as distinct from surroundings and from your vehicle. Relax and proceed with meditation.

Both concentration and meditation enable you to bring about a borderline condition in which the conscious and subconscious minds are both active at once, able to intercommunicate so that one may draw on the storehouse of both personal and cosmic memory, and the subconscious can report this knowledge back to the conscious mind.

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When something comes to you, do not try to learn anything from it just then. Let it set until it completes the function of the form. Later you will see the completed pattern of what the revelation is when it all begins to fit together.

Keep a written record of anything which seems significant, and later when you check back on it, the meaning may become clear, in the light of subsequent events or meditations. Then as

one grows in spirituality he learns to sit quietly to hear silent instructions from the Self, or just to feel alive in God.

CONTEMPLATION is still another practice, not on some subject or guidance but on the spectacle of life, or something within the body, or the solar system, for example.

It is helpful before meditation to first recognize the fundamental laws of all being, all the heavenly bodies in their places, carrying on perfect function, everything perfectly performing its own mission. Next to focalize the incoming power of God, conceiving of yourself as the center of a miniature universe.

MIND

You are complete within yourself, only your mind, your consciousness, needs correction. If you had control, you could take off and float toward Jupiter, or any place.

As for concentrating in Meditation:

Your mind does not want to be concentrated, for once it is, you will know that you are something more than your mind, and

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it will lose the power it gains by your identifying yourself with it.

Concentration aids illumination, because we concentrate on one thing to the exclusion of all else, and thus train the mind in control, so all else is shut out.

Concentration is not a projection of consciousness -- it is thinking about something, and that thing only. If something

occurs that it would be better not to think about, do not brood upon the subject, lest it "hatch" into some sort of result.

Being *positive* is to smile before you think, and then don't think. Like putting a little guide up before cart and horse.

Man has no will he can call his own, for there is only One Will, but he does have the tools of Reason and Intelligence at his command, and the highest intelligence he may aspire unto is the perception and understanding of Universal Truth.

If one can feel truly "headless", he can feel his whole mind immersed, dissolved in God -- and thus his self-will and willful thought undone. Then he can receive Divine Influx.

The Medulla is the disseminating factor of the mind, and will become the brain of the Self.

The soul is the shell, that which protects the Self from all interference with ill development.

Sub-stantial mind is the divine Feminine. Substance means to stand under. Faith is made of mind-stuff. The substance of Universal Mind is called the Akasha. The fiery aspect of the conscious mind is the directing factor.

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God is Divine Mind, the Creator of all things. Mind is the controlling Creative Factor over all matter and energy.

Universal mind refers to the Mind of God, both in its Cosmic sense, and as it functions in all human beings. To become perfectly attuned to that Mind is to gain access to all the combined knowledge of the Universe. It is, and all else is, but a projection of it.

Objective mind and subjective mind are confusing terms, but we may remember that "sub" means "under", and refers to subconsciousness which controls all the underlying or automatic process of our vehicle, all memories and deductions, habits and involuntary actions. It functions much like the soul.

The objective mind controls voluntary acts, conscious reasoning, and conscious direction of the bodily movements. It functions with the brain. The Science of Man teaches celibacy of mind.

When the objective consciousness or critical part of the mind is at rest, or when its attention has been distracted, the deeper subjective parts of the mind are very susceptible to suggestion.

If these suggestions are calculated to improve the health and well-being of the person, the subjective mind will readily accept them and will bring to bear its enormous influence over all the functions and sensations of the body. The force used is called electrical nervous energy, this being resident within the individual.

Thought waves provide this electrical energy which directs, and, partially condensed, can cause an object to move. Matter is itself condensed energy.

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The teacher said when asked the difference between "light" directed forth from mind and that from Spirit: "The mind is a vehicle through which the Spirit could move."

When your thinking *automatically* goes to how the world thinks, you haven't arrived. You have to get to the point where you do not think that way, unless you determinedly want to think that way, for communication.

As long as you think with that mind, you're of that mind.

Stop cogitating, and *do*.

"You see nothing, you hear nothing, you know nothing," the Teacher said, "and then you are a perfect channel of the mind of God."

For knowing and "seeing" of ourselves has filled the mind with obstruction which resisted the Mind of God; though we perceived much, as through a window, we did not afford it entrance through the door; so provide the channels through which it may flow.

MIND

"Don't think." Try this as a spiritual exercise, and see what a challenge it really is. A second one is, "Don't interpret." Don't attach double meanings to what you see, hear, or read.

Be not tempted into unprofitable thought -- not even by the angels themselves. The Science of Man teaches "celibacy of mind".

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When, or if, one has passed the stage in his series of lives where nothing of a physical nature can tempt him into stepping out of line, subtler temptations may be laid out attempting to lead his thoughts astray, before he gets enough mind control to use this constructively.

When you have a thought, or see some action you don't like, avoid brooding over this lest it hatch -- for that which is held consistently in mind can come to life.

Things which have no actual existence can have as much effect on one as things which actually do exist. Therefore, it is our

consciousness of a thing which has more reality and effectiveness with us than does its actual existence or nonexistence.

One's mind is a fertile field. While we may not control the actions of others, we may concentrate on a constructive phase of thinking, making a preliminary breakthrough with spiritual studies.

As the mind ascends from the Sun, it rises to the Father. But in order to act, one must come down and use things -- not merely refusing to be affected by them, but to remain unaffected while using what is needful.

Place upon the altar of God the sacrifice of your mind, that His Mind may fill and guide your every act. There is in truth only One Mind. When you become formless, then the mind becomes the divine vehicle.

Avoid storing up moldy or unsavory thoughts in your mental cupboard for serving up at a later date through grudge or argument. Keep your mental garden carefully weeded, and cultivate the best for seed.

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Give your mind lots of spiritual sunshine and air to keep the atmosphere purified around you, and to attract back to you the sort of circumstances desired.

If you have negative thoughts that won't go away, then get them out into the open with someone who can help you see through and beyond them. Get rid of them then, and don't drag them back in.

If you, in turn, wish to help someone, see in him the perfected being sought, not the faulty person as outwardly manifesting. Avoid gossip. If you talk about someone, use the word positively to declare perfection.

The silent inward approval or disapproval of your most subtle thought can tip the scales for another's benefit. For he may sense, as an animal smells, your secret attitude, which would accomplish a tipping of the scales in the right direction.

We reap the fruits of our thoughts. Nothing can take place unless it has its first concept in mind. It is said that the only thing man can call his own is his intelligence, whose highest aspiration is the perception of Universal Truth.

In meditation one seeks to merge his own mind with that of God, to remove the mental boundaries or blocks in order to "move upstairs", to complete the circuit, and participate in the boundless perfection of the divine.

Mind is the controlling creative factor over all matter and energy. We can accomplish nothing by seeking to use the personal will, but our Reason and Intelligence may be employed to guide the will-power already existent in nature.

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For unconscious nature requires a long time by natural means to perform that which can be directed much more speedily by the use of mind, yet this must be done in accord with the Laws of God and Nature.

MIS----?

In my youth, I didn't realize that mistakes are a necessary part of life in their own way. It is usually only by doing things the wrong way first that we learn perfectly the right.

The wrong way is the teacher of the right. Of course, it is more comfortable to well-being if we can cut down mistakes to a minimum, but don't *fear* the ones you make. If you know anyone who never made any, he is probably so cautious and careful an individual that he has never dared set foot on the road of Life at all, but just sits watching others go by.

Moreover, God is not going to lose sight of one of His children; if you feel lost, contact Him for help in finding your rightful place.

Meanwhile, your rightful place is where you are! It took us a long time to realize that.

In many moves, no home or job met our desire and expectations, yet, now can we see that each contributed a boost upwards, because to each we gave our best, and these must all have been needed for various experiences.

The very hairs on your head are numbered.

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Never feel that if you miss out on one thing, or made mistakes in another, that life is passing you by, or that you have lost out.

As I felt, when young, that my parents had made a ridiculous mistake financially which had somehow thrown us completely off the track of our lives -- that we had permanently lost the road where we were supposed to be, and how would we ever again know where we were supposed to be? -- it seemed the whole family of us would be like lost souls on the face of the earth.

It was the over-tragic viewpoint of youth, but troubled for a long time.

I once knew a little foreigner who had the answer to that. I was running to catch a bus, and he said, "Don't hurry. Take you'

time. If me here, and one bus go there -- anyway, come back one bus more."

He was centered right there, in himself. Wherever he was was the right place to be. The place was secondary, here or there, on that bus or another. *He* was master.

We are citizens of the world as long as God leaves us here. It does not own man, nor does any spot on it own us exclusively. We use it as needed.

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MISTAKES

The time to correct a mistake is immediately after it has been made, especially if it is a case of making peace with another person. The sooner this is done the easier it will be, and the less painful the results in final analysis. Ask God's forgiveness and then let it to and let it stay gone; don't bring it back, don't hash it over, and don't keep looking at it to see how you could have done better or why it happened.

Forgive yourself and unload the problem after you have truly repented, and ask God's forgiveness. Then let it go. To carry around the accumulated burden of all your old mistakes would become so heavy a load that you wouldn't have room to ever do anything right anymore and you might as well give up. Mistakes can be a truly valuable means of learning because it is usually when we do things the wrong way first that we are able to clearly

see why another way would be better. Next time, thus, we may say the wrong way served as a teacher of the right.

It would be far more comfortable and less expensive if we could avoid making mistakes, or cut them down to a minimum, but don't be afraid of the ones you make. It is said the sins of omission are greater than the sins of commission.

If you know anyone who has never made any mistakes, he's probably so cautious and careful he's hardly living at all, unless, of course, he's one of those highly evolved souls who has gained wisdom through mistakes in past lifetimes, and whose mistakes are all behind him now. As for yourself, be grateful for every lesson you learn no matter how it is learned, and then remember the right way the next time. It seems as though God works through circumstances rather than going about preventing them with certain miraculous exceptions.

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If you are in a predicament now, it may seem that your own foolishness brought it about, but it would be even more foolish to blame yourself continually. You could wish that a mounted posse would ride up and save you in the nick of time, but this seldom happens except in the movies, to keep yourself from having to make difficult decisions, especially when neither choice seems fully acceptable. Ask God to help you with your decisions, especially when neither choice seems fully acceptable. Ask God to help you with your decisions, and then whatever one you make don't keep thinking that maybe the other way would have been better. Even a mistake doesn't always turn out to be the wrong solution in the long run.

Do not try to begin each day with one foot in yesterday. Everything you do must begin as fresh as the new dawn which seems to remember nothing that passed the night before; otherwise, it would break haggard and wearied. Yet it arrives fresh as a new baby, whose memory is unaffected, to start each day and each event as fresh and bright as though nothing had come before.

Forgive yourself, forgive others and then God will forgive you also. Look up to Him for complete guidance and let Him build your life. Make Him the co-owner of all that you have. He can make no mistakes, so leave the decisions up to Him and your success will shine forth in direct ratio of your trust in Him.

MOUNTAINS INTO THE SEA

God is, and there is no place where He is not. He is in the mountain which confronts you, and behind, and all around it, and He will dissolve it if you will let Him.

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Our finest blessings come to us wearing fierce, false whiskers and terrifying garb, confronting us with a forcefulness that jolts us out of the soul-inertia of smug, complacent living.

Some people's lives seem to move in a smooth, easy pattern along so-called normal paths. They think prefabricated thoughts cut from textbooks and newspapers, and surround themselves with distracting people and activities, so there is no need to delve beneath the surface of anything. They gulp down drinks or pills to keep from facing themselves, the situations that confuse them, and God.

But let's speak now to those whose path of experience has been a rocky and painful one of jolting upheaval, loss, and change. Faith in the goodness and rightness of things is sorely tested in the agony of suffering, but if it is there, it grows stronger and tougher with the test. It is then and there in the depths that man usually comes closer to unmasking the face of Divinity than at any other time -- certainly not while skimming gaily along the surface of life.

Here in the furnace all dross is burned away, falseness dissolved; and then we can, if we will, glimpse the face of Truth, the meaning of that Life Principle which was hidden at the center of this experience for the purpose of being brought forth, revealed, and understood! In no other way could it have become a part of us.

The terrible bewilderment of such times when life "throws the book at us", the sense of being alone in the world, too overwhelmed to seek the good, almost causes doubt even of God's love or presence, and just to face the world and continue living becomes a soul-rending struggle. The single joy during such times comes in seeking at the center of each experience some divine meaning -- the nugget of gold just for you that can always be found there.

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With each discovery comes the sense of having triumphed over that situation by calling its bluff, seeing it for what it was. Not at once; emotion does not easily move over or give way to the mind. It will have its day, if you let it.

But the sooner one can move in mind -- the higher mind seeking Truth -- the closer Victory comes. There's a beauty and blessedness in raising the consciousness to try to get a "God's-eye" view of the whole experience. Sometimes even after finding meaning, the emotions continue with intermittent rebellion, but the soul has laid up another wise treasure for itself, and comes to feel enriched. Eventually, one must reach the day when he is master of his own emotions; when he can tame the beast, and not let it run wild with him.

I come to God in my extremity, and He seems to say, smiling, "Ah, so we meet again."

I feel that in His love He has forced me to come to Him by removing all props and illusions, leaving me at rock bottom with no recourse left but to seek Him. For that is where I belong.

So if I refuse to come without sorrow then I must come with it, for come I must. Is it any wonder we require tribulations? Otherwise we go along smugly "worshipping" God in a mild and distant way when all goes well.

But when a crisis arises, we turn to Him wholly and intensely for His love and help, knowing there is no other hope, but that only He can make things right.

Turning to God should be a matter of first, rather than of last resort!

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As personal concepts of God are laid away one by one, with changing viewpoints and expanding philosophies, the time comes when one cannot picture how He exists or how to reach Him. Having laid away the childish image of a big Man on a big throne, what shall replace it? Yet one knows He is and always will be. The very life within and all about proves He has not fled His creation, but dwells in every smallest part; otherwise all should collapse if He withdrew.

To Him, in Him, and of Him is all there is. Must I identify Him before I can worship? Need I locate Him outwardly, Who is beyond the reach of senses? Only through soul and Self can He be reached in order to commune with Him in ways unknown. The more we move forward toward Him, the more He moves toward us. The more earth moves toward heaven, the more heaven penetrates earth. The law of equilibrium shows this.

NEED FOR RELATIONSHIPS

When all human relationships fail, remember the One is able to fill every need, and fill it better than any human could, if we look to Him with trust. He is the highest fulfillment of any relationship.

If we crave friendship, then He will show Himself the ultimate perfection in a friend, and may, through prayer, bring us into present contact with the sort of people we could wish for friends.

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If a mother's comfort is longed for, remember He created us, and unfailingly, forever, loves and watches over us. If it's a partner that's needed, make God your Senior partner and refer all matters to Him for first consideration.

Are you a hero-worshipping idealist whose heroes repeatedly reveal clay feet, then turn to the One perfect hero Who can never fail nor fall short of any conception, but is ever more than human mind could imagine.

As long as we put too much faith and dependency on people and things, those people and things are likely to fail us or be taken from us, until we learn the truth about the right place to put our dependency -- in God, and Him alone, may we safely put full trust. Only He is changeless, ever-present, and ever available; only He brings perfect love.

Do not invest your whole self in just loving one person lest that love be taken away and you be left poor indeed. Rather balance your life with all that is fine and good, giving other interests a reasonable place. The diamond of many facets sparkles more than a flat, one-sided surface.

At times of bottomless loneliness, be doubly careful not to choose friends unwisely, because sometimes any friend looks preferable to no friend at all, but that is far from true. Again, in

your loneliness, a new acquaintance may show a quick and unexpected interest which is most gratifying, and you begin to hope.

Do not depend on phantom things, lest they quickly vanish to leave you disappointed and emptier than before. Here you are again half-ready to lean emotionally on someone. We must once and for all free ourselves of any tendency to lean -- other than on "The Everlasting Arms".

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If we didn't so *need* another, were more strong and sufficient within ourselves, that very quality would the sooner attract others to us (even though it might be to provide strength for them.)

Your own needlessness becomes the others' need. At first it looks as though everything were against you, until you begin to pass some of the tests. The "double entendre" is part of the experience, though just the beginning of it. He that hath an ear, let him hear.

THE NEWLY WED

Remember the first commandment: Thou shalt love the Lord, thy God, *first* and then thy neighbor (husband) as thyself.

Breathe gently on the proffered rose of love, that it may live and grow and be most truly blessed.

Love opens up an avenue, a path into better and larger areas of experience, removing restrictions from one's heart.

Let this not be "conditional", this happiness into which you are now entering. Let it now depend on thoughts and events of

the moment for its fulfillment, but establish a deeper foundation to take up any momentary slack in thought or feelings, and lift them up.

Marriage reunites Adam and Eve in a new Eden. What God has joined together, let no man put asunder. You do not "fall in love", but rise in love.

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The first delight of love is to share with the beloved each new joy and endeavor. Every beautiful moment together is at-onement with God.

Working side-by-side for the general good where there are no reservations, but being of one accord and mind, becomes a joy where love is. Giving the firstfruits of all things to God need not cause separation, for they may offer together the results of their joint efforts, the result of four hands in one work.

The joy of the morning is theirs together; at noon, their thoughts unite; and each evening with eagerness their hearts once more are joined -- a blessed gift.

Look to God in all things, and all His Counsel.

The loved one becomes a point of focus, but if concentration becomes too intense on this one point, or if the response is unequal, an unbalance could occur and tend to "return the envelope to sender."

The solution to this is to stop looking to the mate for all things, and function *with* him instead, from the same center -- not in opposition, but in conjunction, and thus remove the obstacles.

Love is not by word or tongue, nor by show for others' sake, but in heart and deed and truth unto each other. Let no appearance hide the view of truth, or cloud what is really there.

Male and female created He them. Woman was created to act as a helpmate for her husband, not less than he, but so that he could have one of his own kind for companionship.

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Man gives to woman the power of the Word and the Law, while woman gives her husband the creative Fiat.

NOTES ON NUMBERS

No number with any spiritual significance is an even number. They're all odd, because at no time, no place, does anything ever return to the same place. Even with precision, or the machine, you cannot get the same thing twice.

"The ancient Hebrews and Greeks had no numerals. They performed their arithmetical calculations with the letters of their alphabets. In Hebrew and Greek every letter is a number, the sum of the values of its letters."

Two sounds, colors, or lines, parallel or in agreement, compare to the two beams of a cross. The third quantity is required to bring the two into a complete unit of expression (and more may be added.) The rose on the cross is the third element.

The perfect figure "3" is the representation of complete harmony, and the smallest number representing it.

The perfect circle, round cycle or period, is shown by the circle (the number 9, or triangle of three rhythms.) Divide any vibrational number by 9, and take the remainder as the periodicity number. Or simply reduce all numbers to common

term by adding each digit together, as 172 equals 1. The first number divisible by all numbers 1 through 9, is 2520.

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Each people has given a different explanation of the number seven in the tenets of their religion. It was the number of numbers for those initiated into the ancient mysteries. It is the Vehicle of Life containing body and soul, since it is formed of a quarternary, that is Wisdom and intellect, and of a Trinity, or action and matter.

To touch upon the initiation into Sacred Mysteries respecting the seven-rayed god, lighting up every soul through him, to say things unknown to most but well known to the Blessed.

The Sephiroth echo this idea of the 10 in all, when separated from its upper Triad equals 7. The Cross also: when the cube is unfolded, one counts three squares across, the female, and four squares vertically, the man, or culmination of deity on earth.

Six is the number of the Star of David, and the number 7 represents the point at center of the Star. Forty-two generations between David and Jesus equals 6×7 . Forty-nine, or the square of 7, is the number of the universe; the great Pyramid symbolized 7 -- the combination of three and four, or of the triangle on a square base. The number 4 represents the foundations of the earth. Being one number more than 3, a perfect number, something had been completed up to the point of 3, and then something more was started in the next stage of construction, bringing the work up to the fourth point which would not be completed until the next point of perfection, or triangle, was reached. Four was a foundation constructed for something else upon it, the 3 plus 4 becoming 3 times 4 equals the complete number 12. Every cubic stone is bounded by 12 lines.

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The name Solomon can be divided into three syllables, Sol-Om-On. Sol means Sun, Om the sacred intonation, and On is the name of a Supreme Being in Persia.

In building his temple, there were three men of importance: Solomon of the Sun, symbolizing the source of Life; Hiram of Tyre, the earth, who supplied the materials; and Hiram Abiff, the craftsman, representing the energies of space and the ethers, plus the law of the atom. The 3 Grand Masters thus symbolized the three powers which created the world.

It took 7 years to build the temple, as 7 days of creation. Thousands of workers: energies, atoms, the laws of life. The finished Temple represents the physical Universe.

This creative Triad is represented elsewhere by the three-faced god of India, Shiva, who shows that all energy manifests through triads. These finally build the soul temple through interaction of creative agencies, as life is gradually matured and brought to ripening.

The three faces represent the creative, preservative, and disintegrative powers resident in Divine Energy. As astrological "houses" these depict the three principles of cardinal, fixed, and mutable.

The building of the temple was truly the building of adepts. The cedars of Lebanon represented the initiates of Mt. Lebanon. It was the wisdom of these men that supported the Temple; their knowledge was the beam, and wisdom the upright. The house that endures is built not of the materials of earth, but of the secret substances of Wisdom and Knowledge - of God.

Someone has claimed that the Mother's number is 5, the importance of which will appear later in connection with the Pyramid. Also that the Lord's chief number is 9.

The name Paul was given by the Holy Ones, and 4 is the number said to be connected with his work.

Four is a number of measurement and formation. It is an interesting, if not a significant, fact that birds all have four toes.

The number Forty is 4 times 10, the Biblical repetition of 40 days or years in the wilderness -- four changes, or new beginnings (symbolized by 10), bring a thing to concrete earth. Worldliness is the temptation. The number forty represents a full cycle of each of the four elements. One may then either step above the world, or become entangled in it to show what he can do, or prove that he can rise above having to show.

Fifty days (Pentecost) after Jesus rose is 5 times 10; the quintessence has been accomplished, unto the ether or akasha.

OBEDIENCE

Independence is self-service, asking and giving no quarter. But if you want to do greater things, you have to learn how to take unquestioning direction from higher Beings. If you're going to serve something higher than yourself, you have to learn obedience.

Humility means you don't even know you're there. If you want to receive spiritually, withhold judgment.

Chastity: We teach the celibacy of mind.

ONE

Heaven and earth all exist in one space. The difference is frequency of vibration.

The One, universal, is as the whole orange, and the many are as sections, yet all part of the whole.

If one comes to the absolute center where the one point is, he can shear off the outside, all the world, and make it of no importance, accepting only God. Then the holdings and encumbrances mean nothing. One rises up out of his possessions, as one levitating, and his feet rising out of the mire or clutter below.

Neither will he risk mortal inharmonies, lest it cost his relationship with God.

At the core, there are no possessions, just a clean, clear lovely place, yet not a place. Here is the concentration or reduction to the finest essence that can be gotten -- the minutest division, as an atom.

OVERCOMING

Why is one here on earth but to grow perfect himself and learn the triumph of Spirit over natural circumstances. He must overcome adversity in order to become master of himself. Life holds a series of setbacks designed to strengthen and toughen the individual, but he keeps always onward toward the goal.

The inner battles -- unless you find your way out from within, there's no victory. The gain and the credit are not there if you "drown your sorrows" or merely seek outer distraction to avoid facing the issue.

What can outer life do when one has the Life within, for with every temptation God provideth a way of escape, and that way is within.

It is better to overcome in the presence of one's enemies, than to run away. At that time it can be done well and "for keeps", leaving no loose fringes.

It can be done faster. Running away only prolongs agony. Grasp the serpent and lift it up. Don't be afraid.

It is hard until you do it. *Thus he prepares a table for you.* When something tempts you to fall, and you rise instead, you are lifting up the serpent. The poisonous serpent one must pick up or handle is that situation which tempts him to anger or despair, and which seeks to poison the mind, heart or soul.

He must grasp and conquer it, not be bitten.

Wisdom teachings have confused and sometimes seemed terrifying because of their corresponding grandeur. If they were made easy and smooth, too many of those unworthy would embrace them. Rather, the weak or unworthy must turn back at one of the points where the presence of the serpent gets too strong for them.

Because at every turn he rears up and challenges and spreads his false illusions, and the seeker stands aghast if he looks down. One antidote is to look up. But if you didn't look up fast enough, at least laugh; that provides an overcoming, too.

On the spiritual level, don't be a crop-duster pilot, flying low, looking down, spending all your time trying to get rid of the evil you see below you.

The effects of the spray used to down or kill these bugs only spreads a wide poison out to the far "corners" or the earth, where it affects birds and fishes and eventually returns to man himself.

It has been said, "Overcome with sound" and "If you do not give credence to a thing it cannot hurt you." Rather set a course to carry you upward and beyond. Zoom out into the blue of the beautiful sunshiny sky, and there sing praises with God like one who shot a song into the air.

Eventually your singing will stir the vibrations of the atmosphere and move them in harmony around the earth, then they can return to you in an atmospheric "round robin", not at your feet but at your head.

Sweetness of thought and disposition are only proved when they have successfully survived the onslaught of hate and ugliness. But merely to endure is not enough -- one must overcome.

If you look at persons or situations in their proper perspective, they cease to loom about you and can become small indeed when regarded as though at a great distance.

None can see the inner you except your Father which is invisible; and when He sees that which is invisible, He will reward you.

"Thou preparest a table before me in the presence of mine enemies" -- before the very eyes of the world of appearances -- before the unseeing vision of the mortal eyes of man.

"Take, eat; this is my body...."

Once we ate food as a foreign thing which our sense of hunger craved to still its longing. Food seemed no part of us, but like poor bricks put together with clay to erect and keep in repair, somewhat haphazardly, this temple of God which we call our body -- this habitation of His Spirit.

In another time, Jesus said to pay no heed to what we would eat, for it only enters and leaves the body, unlike the words which proceed from the heart of man.

Yet we do repair a church and replace its windows or floors as needed to keep in top shape the place where we worship God. Nothing but the best one can afford is good enough for Our Lord.

If we consider food as a function apart from God, and in fact felt guilty when we indulge, we only seek to overcome the flaws by refraining, when possible, from adding any bricks at all.

Suppose we began to build the temple with stone instead of straw? With the Stone of Union, of Father and Son. Suppose that everything we "take and eat" we do in remembrance of Him, of His body as representative of everything that lives and grows on the earth?

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Suppose that in partaking of Him with every mouthful, and being conscious of His Spirit in all, that we are consciously building Him more into our temple where we welcome Him in. Whatever is chosen to eat, we may unite our body with His being

by partaking of His body and incorporating it in our own. Then indeed we have a temple built of Holy Stone.

The bread, made of grain by man, is His flesh. The wine is His blood, also a product of earth, made by skill and with the addition of spirit from the nature of the process.

All things proceed from out of the earth and the body of Jesus. We must eat and drink in consecration of becoming one with Him.

Food is the brick with which you build God's temple. Choose it carefully for purity and strength. If you eat too much, you have to bulge out the walls, beyond drawn plans of the architecture. The important thing is not to live forever (eat of Tree of Life), but to become right, perfect, then eat of the fruit of eternity.

PEACE

This world is created from universal peace, and everything rises from universal peace.

Put down your arms of the unsatisfied. If they were all filled with love, there'd be no need for war.

It seems the whole idea of war -- up-in-arms; "the arms race" -- is right at the crux of the Cross, the arms of the Man. When

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we get above them, and walk above them, instead of being entangled in them, we'll have peace -- the whole world.

One said: Joy can come through peace, but peace not from joy. If you work with things right here, you will be able to find

the heavens within, six of them. The heaven without never changes, only our level of reaction to it.

The last shall be first, because -- the first is preparation for the last.

PERSPECTIVE

Life and earth always hold new possibilities and opportunities. Only we have just moved over and started in a different place today. We'll move still further tomorrow and see with a different perspective.

It is strange to continue treading the same area after drastic changes have taken place in one's life -- to drive again and again through the same streets filled with memories of a totally different chapter. In spite of all the progress, growth, and new construction, they tend to appear as ancient ruins to one's eyes.

The things you have to do are not bigger than you are. Some people allow a feeling to become deep-rooted in themselves that any situation which they face is too big for them no matter whether it's a job or a social affair. They accept that it's far beyond their ability to handle.

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Some people with no more ability can take the same job or situation and handle it well, because they live with the attitude that nothing is bigger than they. Everything is nicely in hand in their minds, and so it is. In fact, the job you face with most trepidation, where there is a little more authority and responsibility, usually turns out easier than most you've had.

The thing to do when you have a problem is to look for something bigger than it is, to diminish its size and importance in your mind; whether it be ocean, mountain, skyscraper, or someone with a problem bigger than yours.

PLACE

Is God or heaven in or out, or up? It is all of them. There are no words to describe moving from one vibration to another. The Holy Place is that place where the consciousness of God conjoins with the consciousness of man to act as a funnel of Power.

"I go to prepare a place for you." The Christ consciousness in ourselves moves ahead and creates the path, the Way, and the place wherein we shall move.

If our consciousness is joyful and realistic and beautiful, we may move ahead into realms of beauty and joyfulness, into that kind of relationship.

Because the Selves of us have gone ahead and made ready what we are prepared to accept.

Let me reside in Thee, and dwell Thou in me.

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The first rule in house-keeping is, "I love the habitation of Thy House, the Place where thy Glory dwells."

The animal partakes of outside appearances and phenomena and is filled, grows fat. But the man, after abstaining and paring down to his real self, turns within to the boundless horizons, where there is no time or space, but all of being.

There is the horizon sought at last. The great Self, seen lighted from within.

Wherever you work or dwell is just a place -- so if one is here or there, it does not matter in God, just so you are thinking of Him and seeking to do His will.

A place of worship is just a location, a place to focalize attention on things of Spirit -- the form will dissolve.

I am wherever I place my attention. The feet can walk into a building, while the mind is so thoroughly elsewhere, it is in no way aware of its surroundings. Until the mind itself becomes aware, one is not really in that spot at all, more than his outer shell.

Therefore I know that however physically surrounded I am in the outer world, my mind can fly to happiness by deliberately choosing for itself happy thoughts, instead of helplessly wallowing about in the quagmire of what seems.

If our thoughts some days act like wayward, naughty children, out of control, we must ask God's help to get them in hand. We have to bend the knee to Him in all things to have them work.

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Remember wishing you could have a home in more than one place, in different parts of the world? Well, the realized minister who once dwelt in a happy hut has now left that for a cot, but he isn't really there. He has other homes on other planes. "In my Father's abode are many dwelling places."

POVERTY OF SPIRIT

Poverty of Spirit does not require actual want of personal necessities. Too much lack in physical matters tends to ground the individual toward seeking ways and means to supply those lacks, and emphasizes rather than decreases materiality. But too much comfort on the other hand, softens and weakens the individual in various ways.

Blessed are the poor in spirit and pure in mind for theirs is the kingdom of heaven. This kind of poverty is rather one of keeping continually pruned of excess.

The vows of poverty oblige one not to be so self-willed as to close out God's directives; not to be so fat and burdened with his own plans and determination and judgments that he has no room for God's. Keep empty of selfish will to let Him pour in of His Spiritual riches.

God meant us to lease from Him all our property, and to be faithful stewards thereof. The teacher said, "I don't work at things to keep them, but to give them away."

If one were to begin an enterprise with the thought of keeping all that came through it, then he'd stand stationary and

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everything would pile in on top, until eventually he'd be drowned in debris, a stagnated backlog of "possessions" and responsibilities.

But if one moves and flows along, he is free like the river, which broadens and deepens as it goes toward its fulfillment in the sea, while its scenery changes constantly on the shore.

POWER


Power is a combination of energy and force, used to do something.

Instead of straining and stretching to "draw-in" the Power of God, through the top, let us open it as a window, and let the Force rush in -- as air rushes in the window.

All the paper is to be scrapped, except bare essentials, and power acquired, with pure love.

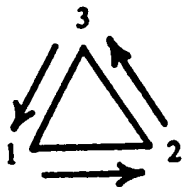
Then we have use of God's Word, in Christ-love.

PRAYER


When you pray, you're working on the mental level, or spiritual level, asking God to do the work, so  clockwise.

But in alchemical work with substances and forces, you work counter-clockwise to bring things down into physical manifestation.

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Starting with red, Adam, red earth age, preceding yellow earth age.

In *prayer, law*, both sides of the  triangle are firm, the one where one sends the message up, and the other where the message comes down, not to one (and one), but to the point from which the answer or solution comes. The bottom is unformed, and that is where the meeting occurs. Prepare the ground.

You amalgamate the patterns you have set for yourself, but you do not look at it; you look beyond it. And then with your feeling, you give it reality. The feeling fills it in.

One willing something, as your consciousness is placed in a point or form, the power will flow into it. But the will to choose is all right.

AMEN -- Seal the prayer. Amen signifies true and faithful and certain. The dictionary says "verily". After a prayer it is affirmative: "And so it is."

PRAYERS

I thank God for the beautiful music filling my room -- but more, I thank Him for my hearing which enables me to receive the sound.

Let inner spiritual hearing become as keen to discern the lovely sound of Thy guidance and direction and of the

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harmonies of heaven. Make clear all my spiritual facilities, dear Lord, that I may on all levels experience Thee.

Father, forgive our impatience, Thou who seest to the end of our being which has no beginning or end except in Thee. Sleeping we go to Thee, and waking come to Thee once more.

Lord, open to me enough of Thy Power to direct this clay; first, paving the way with Purity, and lighting it with Truth, making all whole that I may rise above this vessel and direct it. Let me drive the chariot to Divine Victory.

Let Thy pure and perfect Love overcome the universe -- Thou
One and Only Entire Being Who art from Everlasting to
Everlasting.

Thou singest like a melody among the stars,
And reachest down through Thy Sun with warming love.
Then when we weep,
Thou puttest arms about to comfort all.

Father, thank you for the life that Thou hast put in every
physical body, and more for the spiritual life everlasting which
Thou has given Thy true Sons -- those worthy to be called Thy
Sons.

Let my mind be light that I may rejoice and be glad assuming
light. Bear me aloft on Thy wings.

How can I thank Thee, Father, that Thou hast give it unto me
to know and love Thee as I had never dreamed or imagined,
having sought love everywhere, and poured it out upon the
ground, as it were, spent foolishly, to find but hunger and
despair. In this, I give thanks that Thou didst meet me more

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than halfway in seeing my sorrow, and came to bring one more
into Thy fold.

Let my heart know no impulse which springs not from Thee.
Let no thought enter mind, except it first proceed from Thee.
Let no word leave my lips, except to Divinely create.
Let my hand perform no deed which Thou hast not inspired.
Let my feet never falter from the path Thou settest me;
Let my manner show forth Thy gentleness and perfect
blessing.
Let all my life be worthy of Thee and of Thy holy loving
presence,

In every part of me, all around me, and in those I contact.

And let my only responses be unto Thee. Amen.

RELATIONSHIPS WITH OTHERS

Be affectionately detached, not attached. Find points of
agreement, not difference, with your Brothers. Relate wisely to
those in your environment, and gather to you those who benefit
by what you are able to give.

The value of a friend lies in the amount of his understanding.
Yet do not try so hard to understand the actions of others that
you cannot accept them. Rather seek to understand God's will
for you.

"The debtor is not always the one who owes the bill."

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Respect for others is due and proper, but let it be respect in
things that count, not just an outward display at certain moments
when the public is watching. Listen respectfully to what each
has to say, and be thoughtful of his *real* needs beyond mere
protocol.

It is fine and necessary to provide for our own needs on
occasion, to keep balanced and content. Yet we must not
provide these things at the expense of others. Which is more
important, to satisfy one's desire to be alone, for example, or to
save two more persons from loneliness by talking to them and
giving help?

The golden rule still sums up just about everything pertaining to human relationships: "Do unto others as you would have them do unto you also." What more can one say?

You have got to see the good attributes in the other man, and forget the other ones. That's the key to spirituality.

RELIGION

Think not that it is more important to get the physical side of your life straightened out first, so then you can turn to the things of spirit, for that is a backward approach.

Do not think of clothes or community status as a prior requisite for worshipping God.

You know that Jesus came to save not the righteous but those who had erred. If you wait too long, you may discover this lifetime has been a wasted opportunity.

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Because all manifestation starts at the top or spiritual level, you had better worship and serve there first in the invisible, and then move toward the denser manifestation. Pray first, then act -- not "act first, pray later". By putting God first, the action stands a hundred per cent better chance of turning out right. Prayer moves things.

Someone said people need a preacher to be "good" in their stead so they won't have to. Some parents fear that religious fervor in their child might replace any natural inclinations to mate and live a "normal" life.

Still, it is better to love God as much as you would have loved a mate, than to love a human being too exclusively to have room for God.

REMORSE OR SELF BLAME

Have you noticed that in bickering and arguments, the heavy remorse which follows stems not so much from what was said to you as from the words you yourself spoke and now regret? They seem to boomerang with gathered force to strike back at you.

When one is able to remain reasonably quiet, or at least dignified, before some onslaught in cases where rebuttal would accomplish nothing, he may afterward feel clean and right, despite any hurt, because he need not bear the stony weight of responsibility for his own irrevocable speech.

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On the other hand, do not bury things which should be revealed, but lay them out clearly, without emotion; then leave the problem there. Don't keep warming it over like yesterday's dinner.

It seems logical to suppose that behind all the imperfection and falling short is Infinite Perfection. How else should we recognize any shortcoming, if there were no yardstick of perfection against which to measure all?

What if you did, preoccupied, step rudely on someone's toes? What if you dropped your friend's best china, or yelled at your erring child within earshot of a critical neighbor? These are

errors, but if you accept yourself as a criminal, everyone else would be in the same category, because all make mistakes.

Don't blame yourself so. These are not calamities -- the world keeps turning round as always. Try to break yourself of the guilt habit by retiring into the secure center of Being, for a moment, where all is perfect peace, and there turn attention from meaningless trivialities to the true nature of things.

Mentally stand on a mountain top and regain proper perspective. Remember you are the child of a King, no less! But don't make a habit of hiding within. Just radiate out from that central base of operations.

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RESTING FROM SOUND

GENESIS, Chapter 1: "And God said, . . . (And it was so) . . . And God saw that it was good." This went on for six days with little variation. "Thus the heavens and the earth were finished, and all the host of them. And on the seventh day, God finished His work which He had done, and He rested on the seventh day from all His work which He had done."

Every task He undertook began with, "And God said". In order to say, He had to have a plan in His mind first worked out; and then, with the speaking, things clicked and happened.

But the fact that He rested afterward, implies that He rested from speech, since He was using sound in the process of Creation. He rested His mind, moreover, from effort and planning. God blessed and hallowed the seventh day.

In a cycle of twelve -- as the zodiacal circle, among other things, is made up of twelve parts -- the Seventh Day comes, or begins, at the halfway point around the circle.

If the male has spent six days creating, Eve joins him in his work before the seventh day begins, being the last thing God created. So while God worked alone in creating the world, as He takes His divine rest or Sabbath, His creation, man, takes over -- but in couples, male and female.

As God spent His Sabbath in saying nothing creative, all having taken form already; after the great Day of Divine Silence -- during which man goes on to imitate God to create in six days on his smaller scale, then to rest as well -- may it not

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be true that after He has enjoyed His creation and watch it go its way, oft-times in disobedience, and become discouraged with its outcome, that He begins a New Age by destroying all the patterns or molds of the previous Age, and starts afresh with a New Week of Divine Creation.

The basis for this theory is that the Quintessence, the one Primal essence of the Universe, contains in itself all the four elements of earth, air, fire and water. It seems the logical way to start over: to reduce all the component parts back into their essence, and start from that.

The word "Aum" (or "Om") is said to be the basic sound of the harmony of the Universe. Our "Amen" is very similar, which

in Hebrew meant "truly" or "certainly". This word is used in chants to re-establish harmony through sound.

The destruction of the Tower of Babylon as well as the harlot called "Babylon" in Revelations (the word Babylon meaning "confusion") is confusion of tongues, and not just speaking many languages of nations but speaking blasphemy in that they have been using their privilege of Divine Speech, which God gave them to create with, as a toy, or worse still, as a weapon.

But mostly they have gone on spouting words, creating and creating they knew not what, until the monsters their words created had filled the world with such confusion that it has been necessary to dissolve the old words and start anew with new teachings.

How the world groans with the weight of the written word, after a few thousand years of continual expressed thought. Who could ever read it all?

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It would not do to destroy wisdom painstakingly gained. So perhaps even as He saved Noah, from time to time He gets rid of all the surplus written material and saves only the essence of all that has been learned.

Noah was told to take with him two of every living creature, to start out again with a complete nucleus, minus the error and confusion.

Sometimes it seems nowadays that the world has worked itself up into a frenzy of sound, especially if one works in a place where machines are deafening, that it may be destroying itself with the roar of them. Yet there are still vaster spaces of untroubled silence, awaiting the *good* Creative Word.

SABBATH

According to the old tradition:

The six days of the transcendent world derive their blessings from the seventh day. Hence it is expected that each prepare a table and a meal on the eve of Sabbath, and three meals and enjoyment on the Sabbath, in order that his table be blessed throughout the remaining six days of the week. Those who have abstained during the week from marital pleasures owe it to their mates to receive on the Sabbath. It is a day of faith, blessings, and forgiveness without judgment.

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THE SCALES OF JUSTICE

Lest we tithe mind and "rue" -- ruing what we have done, and begging to be saved from the consequences, rather than acting with justice as we ought to have done in the first place -- let us learn to weigh in balance the relative importance of all things, then act.

Because what may seem as inconsequential as a feather in comparative weight, some small act or duty looked at in the common viewpoint may, if considered in the light of Christ or the love of God, mightily outweigh some ponderous affair which appears outwardly important.

Where a need or lack is observed, let us not be too hasty in rushing out to buy an object to fill it, even as a gift to church or individual.

That seems so simple, but if an outer thing is not in evidence as yet, perhaps its spiritual counterpart needs looking to. To just "buy" is to emphasize merchandise, but to consider carefully what God might be trying to say in the situation is a real treasure hunt.

Better put one penny in God's bank than one million dollars in any earthly one. Each pays interest after its own kind.

Perhaps our order strengthens itself by stretching exercises. It must develop strength, not by being pampered and indulged with money.

Putting all things in balance, one doesn't charge spiritually for earthly benefits, nor receive spiritual interest from earth-coin deposits, but each is paid in its own coin.

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Just so, do not judge spiritual giants by common standards, or measure them with earthly yard-sticks. Neither set earthly ideals as spiritual goals. One for one, the other for the other.

Still one wonders -- in the New Earth, when all are perfected, may not the earthly and spiritual ideals become one, wholly intermeshed?

SECURITY

Why should one *look forward* to an "old age", laying away a nest egg to feed future senility and give it strength, when he is

entering a new age in which all life shall be at his command, and a new life in service to God?

Why not take today's grace, not bury it in the ground for safekeeping, but use this blessing and GET IT OFF THE GROUND.

If one waits for a solid niche before forsaking physical "security" (in his job, for example), where is the room for faith, and without exercising faith, what would it count for but another job? The only ROCK is God, and He has opened a way to freedom serving Him.

In my Father's heart are many chambers.

What one gives himself to shall always be there to receive.

Conveyance of an idea of abstraction into a reality.

"I stand on the performance of the Father." (The platform).

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SEEDS

Mark 4:26

"So is the kingdom of God, as if a man should cast seeds upon the earth, and should sleep and rise night and day and the seed should spring up and grow, he knoweth not how."

"The ear beareth fruit of herself; first the blade, then the ear, then the full grain in the ear."

(But man must cast the seeds on fertile ground, must see that they are watered, and keep out pests and weeds.

Man does his part, then God does the rest. And he may as well sleep, because watching will not make them grow faster.)

He who sows the good seed is the Son of man; the field is the world.

In life sometimes one patiently sows seeds of warmth, of friendliness and kindness, even on what seems hopelessly stony and unresponsive ground.

Then suddenly one day, when things seem all wrong and one struggles to keep head up, a long-dormant seed sprouts most unexpectedly and shows its fleeting bloom in a crevice of that very rock.

It may bloom only for one moment and never more, but this is just enough, this smiling encouragement, to lift the bruised spirit back to hope and victory.

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THE SEEKER

The seeker arrives in a big city, eager to look up groups who have interests similar to his own. On first attending metaphysical classes, like many others new to this area of thought, he is apt to believe that half the people present can look straight through him and read everything he is thinking and feeling.

Some books on the subject of clairvoyance have led him to believe that anyone on the path of attainment has picked up on this faculty of vision which can penetrate people as though they were transparent, so he feels rather self-conscious as he looks about, particularly when an attractive young lady sits down

beside him, he blushes a bit, and then looks to see if someone's watching.

Much later he will learn the fallacy of such an assumption, for very few people in such groups, or anywhere, truly reach the point of acquiring such sight.

When this type of vision first starts to come, it tends to be involuntary and not fully under control, so those who do have such ability often wish it were not so, as they begin to have glimpses of the sicknesses about them, or the problems of some person on the street.

Those more advanced on the path do not even attempt to see such things unless they are counseling with a person and find it necessary to look deeply to see what is the problem. At other times, this faculty is shut off, for their own comfort and for the privacy of the other person; and it is only the very advanced who have such capabilities, in any case.

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The second stage of the great adventure, after having read a great number of books available in the lecture halls, is to begin making the rounds of certain metaphysical churches.

Let us say he has always wanted to join a church, but as life progressed and his beliefs began to broaden, the orthodox churches provided too narrow a limitation to his expanding beliefs. He found himself unable to become a member of such churches. But here in the large city he found a sampling of almost every type that one could wish, so he gave them a chance and went to see.

His heart was truly yearning for God, and one Sunday when the need was unusually great, he went to visit an orthodox church, and found that the sermon overlooked the mention of God entirely, rambling along instead on mundane affairs, and he

went away thinking, "I asked for bread and you gave me a stone."

From that time, he gave up trying to get something out of the ordinary churches which have somehow gotten too far away from the present reality of God.

Next he tried the Eastern groups, having read a few books on the Eastern religions. While not converted, he found a great deal of enlightenment and upliftment in these teachings, and they inspired him to turn more enthusiastically to the Bible and the Christian Faith; for only after having studied about other avatars and world teachers was he truly able to appreciate Christ, who until that time, had seemed rather like a great man. Now he was able to see him truly as the Son of God for the first time.

He found the Eastern groups most uplifting and preferable to the orthodox churches for a devotional Sunday service. These

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men were highly educated and were true monks from India, with a delightful accent which required straining quite a bit to keep up with the Indian accent mixed with British.

But their whole attitude was so devotional and sincere -- they spoke with such a balance of heart and head that one could feel their truly deep devotion to God, and enjoy their gentle humor and sweetness of simplicity.

He attended rather often, for he was seeking in truth not so much a church as the contact with God.

Another part of his great adventure included the investigation of the spiritualist church, something he had never contacted before. He found most of the people simple and sincere, quite unlike the dark warnings of some magazine articles which implied the only objective of spiritualists was to swindle people out of their money.

He became well acquainted with a few of the spiritualist ministers and found they truly believed in their experiences and definitely had communication from entities who had crossed over into other planes, but no guarantee of authenticity of the names by which some introduced themselves.

At their church services a sermon was given, sometimes in a trance, at which time the voice of the speaker would definitely change to a voice not quite like their own as another spoke through him, and somehow our friend felt a slight distaste for this type of activity, learning later that it is not a very safe process for the medium.

The messages were the highlight of the service, and everyone who attended looked forward eagerly to some message from those on the other side -- to be soothed by the contact of a

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loved one who had passed over, or to be advised on some problem or simply encouraged.

After a number of these visits it seemed the messages became rather pointless, but at first they were truly exciting. He wrote them all down as soon as he reached home, and later checking them over found a few had actually come true, but more often had not. A bereaved person might find it easier to contact someone who had recently made the transition.

He became better acquainted with a few of these people, and he learned enough of their lives to know that they were honest, not trying to cheat anyone, and indeed the "love offerings" which were their only income in this group, were mere pittance. The congregation was poor; legally they could make no definite charge and had little to gain.

This was their religion and their main service, and they were sincerely totally involved in it. We do not deny that there are

people who misuse anything they are able to get hold of for dishonest purposes, including the religious area, but the majority of these people are not of such caliber.

He himself saw very little phenomena, but this was not his main interest in any case. He did hear and talk to people who had definitely seen strange occurrences, and he knew that he could seek these out and find them, but there wasn't time, so he went on.

He had been told that everyone on the path to attainment passes at some time through the psychic area, but they must not stop nor stay there; it is only a phase on the Way.

During this period normally some of the psychic faculties do open, and he himself found once or twice that he smelled

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flowers that were not there, or saw an object which he knew was not present.

This phase soon passed on, as he strove further and further for enlightenment. He was deliberately cautious in this area, having no wish to open himself to the possibility of obsession by the entities who frequent these places where they find more opportunity to "come through" and express themselves.

People on drugs or under the influence of alcohol are particularly susceptible because they have little defense provided to protect themselves from being taken over by such an entity, and some persons who are merely obsessed are mistaken for being insane, because of the split personality over which they have lost control.

A good priest with spiritual sight can cast out these entities as Jesus did, and this shall be done in the coming days, as people begin to see and acknowledge the truth of such things.

The next logical thing to try was vegetarianism. This was supposed to make one more sensitive to spiritual impressions, and quite normally any one on the Path develops a dislike for the idea of killing for any reason. So our friend gives up meat for a period of several months, substituting various proteins, nuts, grains, legumes, and even a canned imitation meat made out of soy beans and other ingredients. This made him feel very righteous and more spiritual, but sometimes there was a little hunger, because his life-long eating habits had included a little meat, and he particularly missed things like gravy or bacon.

It did not go badly as long as he was doing his own cooking, and could choose preferred foods, but when he went away to a

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vacation retreat run by a metaphysical group which maintained a vegetarian cafeteria, he found himself very hungry, and the persons there looked somewhat emaciated though it was probably not so much from lack of food as other reasons.

Even so, on returning home he decided that he was not quite ready yet to become a vegetarian, though he knew that mankind must and would one day, and he would eagerly join the group.

A wise and experienced friend had told him that at the present time our vehicles have not adjusted to such a state, and it is too drastic to change so abruptly after many centuries of meat-eating.

He also said that we are lords of the animal kingdom, and they are evolving as we are, and while it seems hard, even the training and selected breeding of animals for human use is a step forward in their evolution.

He said we will begin gradually but definitely to replace meat in the diet with vegetable proteins. Much of the needed protein

in the system is manufactured by the system itself anyway from other foods.

Much valuable knowledge of nutrition had been gained from this experience for which he was grateful, and he would use meat but sparingly from this time forward.

Of course, there was the venture into astrology which had actually begun some time earlier when an astrology book came to hand, almost by accident, and he learned from it how to set up a chart.

Since it was his private study in astrology which led him to his first interest in metaphysics, he later felt as though the bright

star of astrology had led him to the manger where the Christ child lay.

There is no place here to go into the subject, but we will only repeat what the wise old friend said about astrology: "It is like a kaleidoscope. When you shake up exactly the same elements, each time the result will be different, and you will never have the same combination again. The aspects will never be repeated in entirety again.

"If you see the shadow of a man on a roof, it does not always measure the same, but at different times measures to a different length. In this, remember that the Sun is the unchanging factor, and this is so with astrology."

For awhile, he thought seriously of making astrology his profession, but after several years of following it with fascination, as a hobby, he found the charts beginning to grow tedious and put them away except for occasional research on some topic in which he was interested.

He felt the main value of astrology lies in its medical application, and that all doctors as well as teachers should study

this subject, and particularly psychologists or psychiatrists, for the clues to many behavior patterns are clearly visible in the horoscope, and the clues to most health problems as well -- the mental or emotional showing up in the physical.

He had all the zeal of a convert for desiring that the subject of astrology be taught in all schools, preferably high schools, so that persons would have the background of this wisdom to help them handle the situations of life and themselves. Know thyself and you'll be prepared to know anything.

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He was later on particularly thankful for the background of astrological studies, because it gave such a broadened understanding of all the symbols and universal patterns of Creation, as taught in the mystery teachings; it even gave him some basic understanding of the mysterious field of alchemy.

Alchemy is a subject which it would be foolish to try to explain, because you can only understand it after you already know it, and most of this knowledge comes about within yourself, and from observation.

Alchemy really consists in the transformation of the operator himself -- his own personality, or that of his student; these are the true subject of the Great Work.

This is definitely an advanced subject, not for a neophyte. The transformation of that which was base within the man, called by ancient alchemists "the base metal," must be turned into the true spiritual Gold of the Illumined Son of God.

He found that the study of Tarot and of the Cabala greatly clarified his understanding of the symbols, and opened it somewhat to the field of alchemy.

This subject, too, should not be approached from the standpoint of games or fortune telling, nor used for this purpose when one is on the spiritual path, for it is a sacred study, and will open much to him who seeks.

(No one could pass through all these unless he were sincerely devoted to seeking spiritual attainment with true love of God and desire to serve our Lord Jesus Christ). So our friend, from time to time, as he had also begun the practice of meditation at regular times, finds himself receiving understanding and certain

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spiritual experiences which are not written in the books, and which can never be.

He was beginning to open up and to approach closer to the gateway of the Eternal. As one seeks more and more along the path, the eye begins to grow more and more single on the one goal, and until it becomes truly single, very little can be expected to open up.

Our friend is by now obviously about ready to meet the Teacher (who comes to each one who is ready to receive the teachings he cannot get by himself as he stumbles along, more or less haphazardly, seeking this way and that way).

When he became totally focused and concentrated upon the one goal and that alone, not in mind but in heart and soul, and when the proper degree of evolution has been reached, then shall the Teacher come and help lift him over the garden wall.

SEEKING

"For he that glorifieth My Creation, knowing first that I created him, him shall I give the secrets of the universe."

The thing most men are seeking, they have already found. They have already read it or heard it. But one thing closes their eyes. They are bound and determined not to find the Truth. They refuse the thing that will show them the Truth.

Non-students: for seven days pray twice daily and wake up to a new life each morning. All day regard closely everything and everyone you see. Study it, and a new world will awaken.

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If you want to keep out of trouble, keep busy. If you want energy, do things for your brother. **YOU CAN SERVE GOD THROUGH SERVING MAN, BUT YOU MUST NOT SERVE MAN DIRECTLY.**

Break through the walled-in habit of thought and behavior patterns. Let them break down that you may be released.

Do not suspect others of suspicion. Let not harm come into the center of your being. Let not yourself feel wounded by any circumstance or hurt dealt even by a loved one. For anger or unharmony toward another boomerangs and turns in toward you, though you know it not, while also doing outward harm.

God writes a play that never ends. He writes Act 1 only.

Why hasn't man been able to read the Akashic? "Because he hasn't been able to separate himself from what he saw. He has to stand out there before he can see things right." You have to corral your forces in order to ride them.

If one grows "bored" or disinterested with the things of worldly life; so he can no longer think of anything enjoyable to do "down there" in the familiar round, then he can still enjoy magnificently that which is above. He can find endless excitement in exploring "inner space", if he hasn't let boredom become a habit within himself.

"Shave" (though not outwardly) every day, let not the whiskers of earth cast thorns upon thy countenance. Shear away the outcropping of unwanted growth, and circumcise thy heart to keep spiritually clear. Trim away the fat, and keep of single mind in God . . . that the camel may pass through the needle's eye.

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SEEKING A MARRIAGE PARTNER

The yearning for love is part of a general longing for the love of God, though we seldom recognize that. When we love someone, we're actually loving the God-qualities being glimpsed more perfectly in that person.

But even the dearest person can show forth only a portion of such perfection, and this usually to the degree or level of the quality of Divine Love within your own being. He is not Love itself, so seek the Source.

If you wish to marry someone, look over his ideas on marriage. Do you expect to change them by marrying him? Perhaps, but most likely you'll have to change yourself.

He tends to approach and accept everything within the framework of his ideas on that subject, even as you do within yours.

Find out whether he seeks far afield to serve God and to find his companionship, or does he go to opposite extremes, building walls about himself and family? Does he continually seek a listener, or do you? Or does he like the silence, and can you live in that atmosphere?

You should have a real agreement on ideals of living and doing, before marriage; and these should not be nebulous, but factual.

The pains of love are mostly decided by ourselves. Holding fast the idea, when one chooses to love or be loved, he listens for its confirmation in every move and speech; though he must

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look beneath the surface to believe, and refuse to acknowledge obvious facts to the contrary, until his very concentration brings some involvement.

When the facts begin to loom again which can no longer be disregarded -- and the person sees it was his own will to be loved which had determinedly construed from every word and movement a semblance of the real -- the only sensible thing is to drop it completely.

Again, when attraction flares up unwanted, one may run from it, choosing separation with unexpected pain. And then in agony, unable to forget, cling once again to every scrap of memory, refusing to let them go lest he be empty indeed. Yet he must loose them fully to be free, and better soon than late. The other is not held closer by the memory, only you are.

You cannot correctly say you "have" or "have not" love in your life. It is not a thing you possess, but rather that you inspire and enjoy. You create something out of nothing or love it into being. You must be in sufficient possession of faculties to love voluntarily, not to be the subject of an emotion mistakenly called love, which is more literally desire. Let love not get out of control in your life; don't let it get the upper hand.

In the case of marriage, even if you are walking up the aisle and feel it is not right, better summon courage to call it off right then, before the ceremony. Never mind the humiliation or

publicity, that would be quickly over. But if you marry the wrong person, then years of humiliation or other repercussions can follow.

Don't imagine you are nobly sparing another person from being hurt by going through with this despite your own feelings.
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You are delaying the day he might be hurt by appeasing him temporarily, but truth will out. And the accumulation of your own snowballing doubts could mean so much greater pain for both later on, perhaps involving others.

On the other hand, do not avoid marriage because of the customary cold feet just before the ceremony. It's a big step, and causes courage to falter in the strongest.

Perhaps man keeps seeking love because it is the nearest approach to heaven he has ever known, in whatever form it took, yet so elusive that it only shows its face in flashing moments -- rare indeed the time it stops and talks awhile, or holds one's hand, or lights the world with one sweet self-forgetting smile.

SELF

You stand at the door that all have greatly desired to enter in. It is the door that reveals the real, the raw Truth that is at the Center of Self, at the Core or Nucleus of each being, at the pulsing, throbbing Center through which all the cosmic Power is dispersed to the physical vehicle.

This Center pulses in synchronism with the pulse at the center of this Solar System -- the all-powerful Christ -- newly functioning Lord of OUR Solar System. The Self within is Light and Motion.

It is not a point of how perfect you are, but how much you need to know THE SELF. For when the Self is consciously needed, it will be attained -- service to all others being part of

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the Great Solar divinity. Only things of the Spirit give real happiness and life to all the things that "YOU", "SELF", do to bring into being the Real YOU. The Path back to the Source is open.

The bringing together of all parts of YOUR SOLAR SYSTEM -- to focus on the ONE purpose -- is the one important direction of your life. This "purpose" is service, not just for me or you, but for all people, the service of all things and all power and energy to manifest GOD-SELF to and in all things or beings.

You are a God-Self, a part of the Father, of His functioning Mind, and the focal point of YOUR Universe. Around you are its layers, but you ARE Self, that little lamp of knowledge at the innermost part of your being. This vehicle in which you are conscious is your home. Therefore, raise thyself by thy SELF and debase not. For a man's own SELF is his greatest friend, while the personal self is his foe.

When negative influence is given out, it causes density, and the Christ Light has difficulty getting through. But when enough Light and glory is generated by the Child, the Father may the more realize His SELF and increase the illumination of the whole system.

"By the new and living way he opened to us through the veil of his flesh." See Hebrews 10:20.

If we would voluntarily discipline ourselves, the crystallization of error would automatically disappear from around our Selves and souls, and the Master when he comes would have an easy chore. But in the case of a habit-hardened,

wordly-encased individual, sometimes the knife of great pain appears necessary to cut through (not physically) and remove

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the case-hardened veil so suffocating to the Self of God within, so that it may fully breathe the Living Breath.

God cannot die. His spark lies dormant in most people right where he placed it, but their errors have snowballed about it; so, looking at appearances, one would see none of the true Self.

With a great selfless love and keen insight, with great wisdom and the daring of an adventurer -- thus does the Master work. He dares to attempt the curing of souls, though it may be a less glamorous job than one might imagine: cracking first the shell of armor, the hard carapace enclosing the "shellfish", then deftly and minutely as a surgeon, making quick clean cuts and removals, and binding the whole with love, his anesthetic.

To find the Self, you must realize your identity and relationship with God, yourself, and the Universe. First you see it, identify with the Christ, and are illumined. Then you know it and are it -- then you have become your true Self, which is one with, and identical to, the Self of God. There is only One Self.

In seeking answers from the Self, for example, if someone approaches you with something you don't like or want, ask God or the Self before deciding or answering or reacting, because He knows what the other person needs also, while you may be aware only of your own needs.

The Self knows no barriers or preferences, and will answer the Real need with respect to you also.

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SELF-MASTERY

The only true, full life is Self-mastery. For greater is the man who ruleth himself than he who rules a kingdom.

Mastership means direction, not control. Through mastery of the finite, we gain infinite mastership. Direction is positive and constructive, whereas control is negative or arrested action. All motion is energy in direction, and all laws direct you how to do.

Master teachers may be true Masters, but this cannot be attained. It can only be given by the Host above.

In other words, the Divine finger is pointed at him to be a Master Teacher and the mantle lowered upon him. It is no choice of his.

All that man is is the infinite, and all that man has is finite. By man's dominion of the finite, does he attain Self-mastery.

One cannot know if he or she is master of all matter and emotion if they are not exposed to them. How can you master that which you do not feel, or which does not exist around you? If you become involved in a situation, you are not master of that situation. You have to sit back there and watch the things work; you don't have to kill your feelings or emotions, but master them.

It is said, "If the mind is under control, the moon stands still; when the heart becomes steady, the sun stands still. Then are all the vices overcome. To gain this state one must concentrate first on joy, then love, and then peace.

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"Let him who seeks give up everything that seems to belong to him, in order to attain everything that really does belong to him. You must lose your consciousness of the immediate to gain the infinite."

He who seeks to become master of his own destiny must live and work from the standpoint of Cause, rather than merely accepting the effects which appear externally as reality.

Self-mastery is not given; it must be taken by him who seeks to rise above circumstance. Up till now, you may have been letting fate steer your ship. Though it may be a little struggle to wrest the wheel from his hands, the struggle will be with yourself. Primarily, once you have gained mastery over Self, you will find circumstance and environment shaping themselves nearer to your heart's desire.

When Jesus walked across the water, he was demonstrating mastery over the elements; he stilled the waters and walked on the waves by raising his own rate of vibration as part of the process.

Often man feels out of his own element here on earth as well, and it may be time for him to start mastering this element. To do so, he must raise the vibration of his own "universe" and consciousness above that of the situation which he seeks to put beneath his feet.

You must take command over your own desires and appetites, rule the animal within you and run your bodily vehicle as though it were a machine under your direction. There is no place and no circumstance under which you may not practice this quietly within yourself, notwithstanding any outer condition or situation but do not be too hard on yourself at the beginning

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SELFISHNESS

Some may approach to selfishness in action, but there is no complete unselfishness.

-- be forgiving, but persistent, following the footsteps of our greatest Master of them all, our Lord Jesus Christ.

Do not practice crucifixion of yourself. Our Lord went to Calvary and crucifixion because of a greater purpose than Self-mastery. He already was a Divine Master when he came to earth.

SELF-RESPECT

"There is a portion of God dwelling within, and the God without recognizes Itself."

The vital core at the center of each being is the true Self, a very spark of the greater Divinity which ever yearns to reunite with the Whole. This vague longing leads man to seek in many directions for That which he knows is true, but can't quite remember.

Until the conscious part of man yields to the recognition of this reality of the God within him, and pays it heed and listens, he spends life miserably at war with himself, though he usually thinks it is fate of the world that's against him. Avoid those head-on collisions with yourself.

The only way you can find release from such a state is to stop fighting your very Self, and you get to know YOU. Stop resisting and start getting along with your-Self, know it as your point of contact with God. Making peace with God and with your Self is part of the same thing. And then whom shall you fight? It appears there's someone inside there you don't like.

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You have to like and respect *yourself*. That doesn't imply pride or arrogance; an egotistical person doesn't necessarily like

himself. He's so busy covering-up that he becomes dazzled and enamored by the false image he's projecting.

When you respect your true Self, you lay down in humility all outer personal idiosyncrasies which stand in the way between you and Reality. The false pretender of the personality-actor has had his say too long already, so he must stand aside for the true Lord to take over.

Ever inclined to underestimate our true selves, we think, "I'm so nervous, sensitive, quick-tempered, etc.," and identify our Selves with faulty attributes. But it is not so. These negative appearances are surface disturbances and operate only as we let them, even as clouds passing over the face of the sun. The sun is not changed or darkened by the clouds, only momentarily concealed from view. So, our true selves are not spoiled when overcast, just temporarily unseen.

The actual truth is that beneath all the fury, the shouting and the tears, we are gentle beings, loving and peaceful and harmonious.

Happiness, beauty, and goodwill -- these are the real but sometimes forgotten states of our being. That is truly YOU.

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One does whatever he does in hopes of happiness, now or later. But while one seeks to share happiness by making others

happy, and thus helps his own to live and grow, another seeks to serve but his physical pleasure, which only dies with his body.

SIGHT

"See nothing as ugly. See ME in all things."

"I'm just what you see," said one; and truly all things are, for you, as you see them. It is not given to a man to see truly until his eyes are pure -- until he can look upon Truth without the taint of vulgarity.

Visibility is relative in that a substance becomes visible or invisible to a person as he visually realizes, or does not realize, its existence. Man is generally spiritually blind due to the Fall, and spiritual vision has atrophied from misuse.

Man outwardly sees all sorts of things he doesn't like, then *closes his eyes and sees* the doctrine in these.

You go through retrospection each night, and it is through this that you are able to take forward the attainment that you have gained through your work. None can see you except your Father which is invisible; and when He sees that which is invisible, He will reward you.

The single eye is wedded unto God; its children are lighted in Truth.

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Can't you make anything new out of this day? Must you keep backtracking and judging by old premises? Do you have to look at everything through the same old eyes you did before? Wash off the film of memory, toss out the old negatives and put on

new bright glasses. If unwanted pictures should appear, "put them out and lock the door." Move out into a new personality and use foresight instead of aftersight.

Let's look at the now -- the reality deep within.

The sense of seeing is most important of the senses, though we see nothing really.

We see all of life in pictures, and know more of life through pictures than any other thing.

All our thoughts form mental pictures. Words form mental pictures; and once the picture is formed, the judgment can be made.

You have never seen an object in the world. You have only seen a reproduction in your mind. Neither you nor anyone else knows how anything looks in the world; they have never seen it.

All you have seen is electro-chemical interchange of reproductions in your mind.

The only seeing is spiritual sight, and it isn't done with the eyes. If you get this thinking of yours straightened out, then maybe you'll see.

How do you bring it through? Man is a broadcasting station. If you receive that with your mechanism, then Self analyzes it. Make your mind a blank screen and receive what you are looking at.

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Two different people wearing the same garment would register differently on a spectrophoto-meter (an instrument for determining the relative intensity of two spectra, or of the corresponding bands of color in two spectra). Why? The machine has no likes or dislikes. The atmosphere acts as a filter, and the color is screened through this atmosphere.

Your atmosphere is something you have to determine. How do you let in more light? Because you have determined you want it there.

What causes Light to be cut off from the earth? Because the earth has an atmosphere, and man's thinking blocks it out.

And later, when you come through illumination, the individual cell has an atmosphere, and as the body grows more in light, the cell becomes illuminated. The same things hold true on all levels.

When you close your eyes, they are at the last point of focus on earth. Then you go beyond to the point of infinity.

Forget the physical eye, and look with spiritual eyes, because they are in the spiritual body where matter does not bar the way. That would remove the barrier of matter. Say not, "I will see this," but "this is where I want to see".

There is a nerve reflex system in the spiritual body as in the physical; this helps to accept sight.

The x-factor is in the infinite, the point of conveyance of the positive and negative. Where the two powers come together is the point of infinity.

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The consciousness resting thus, creates energy; substance resists. Therefore you see light because the image goes up the vagus nerve to the medulla and is transferred to the sorting mechanism, and thus you see light.

Never doubt what you see. You have to believe what you see, or you can't work in the spiritual body. Investigate, but don't

doubt. This is true sight, and it will work. Sight must be adhered to.

In psychic photographs infra-red rays infiltrate and build up solidity.

SILENCE

Silence is the great power in which one works.

In six days of Creation, there is much activity, but on the seventh day, silence, rest. The formation is complete -- nowadays, even concrete. The engines stop. It is finished.

We lie in the sun and recuperate, and find the answer to it all. We see that it is good.

Asking if it was necessary to "sit in silence", if one were acting and thinking and living with God, saw a quietness, as "live mutedly", as though if one were not outwardly riotous, the inner sound could be heard, the Voice of Silence.

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Next to the core, where is the Absolute Silence, comes the beginning of sound vibration, soft and sweet. As the circles widen the harmony grows stronger, yet more dispersed, outward. The larger sounds form at the outside fringe, and there is all the disturbance, at the farthest point from Self.

One said: "The many beautiful sounds of silence," and "Sound is carried on a beam of light. Spirit does not move alone.

It moves on sound. The Word given to us, positive and negative polarity causes movement of current."

"If you reveal what the Spirit has given, it opens somewhat to violence from the Spirit, and that can't be controlled."

Say to your own breast, to your own Self -- "Be still and know that I am God." It isn't the outer noise you need to still, but the inner. Perhaps "two or three gathered together in My name, there am I" implies also that the Creative Word is more effective applied to *hearing* ears which "connect" the circuit, and take things on to Creation. The silence really is the symbol of the after-math of the Tower -- its crash. Gone the Babel, comes the depth of stillness.

The *true* idea of a three-day silence-fast is fast from speech. The purpose is to cleanse oneself of ugly words and thoughts -- to return to the primeval silence of Akasha where all the elements merge, to listen to "all the beautiful sounds of silence", with renewed mastery over thought and word, especially sound or speech.

One comes to feel respect for facility of speech, while one must humiliate himself to some extent communicating without speech. It would be easier to practice silence with others also participating.

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The very fact that one sits in the Silence to *listen* is proof of the reversal of the spiritual from outward appearances. Ordinarily one listens to *sound* or something that produces sound outwardly, not to Silence, which inwardly shows no means of producing sound.

Your heart at times may cry out for one word of instruction, or one answer to a great problem; but the Master must remain silent -- the answer must come from within.

Jesus said, "Hear and understand: not what goes into the mouth defiles a man, but what comes out of the mouth, this defiles a man." In other words, what goes into the mouth is physical substance, which alters the body somewhat in digestion, but passes and makes no great difference from the standpoint of the eternal.

On the other hand, that which comes out of his mouth is sound and words of his own creation. Unless they be pure and constructive they have a defiling effect--on the hearer and on the speaker whence they proceeded out of an impure heart, where slander breeds with criticism and falsehood and deceit.

Few are those who have taken thought in the past of the weeds that spew forth seeds from their mouths for the winds to distribute and broadcast, to take root wherever they chance to fall.

"I shot an arrow in the air; it fell to earth I know not where." This applies to our every uttered word that stirs up the sound waves in the atmosphere into either harmonious or inharmonious configurations, or falls upon a fertile ear where it may easily take root and grow.

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In a more refined sense it also applies to the very thoughts which stir a subtler essence of the Cosmic, and are broadcast as well but on finer waves of ether.

It is out of these waves of ether and unformed sound that all of Creation is said to have been born. This is sometimes called Akasha. In it are contained all of the elements, yet it is called the fifth element, the composite of them all before formation.

A thought might be called the spiritual body of the word, being unmanifest; the spoken Word becomes flesh, in that it is the thought which has taken on a dense body, manifest in the realm of sound, whereas in utterance it has become audible to the physical ears and the sense of hearing. A thought would be audible only to the finer perception of the spiritual ear.

Time was when the aspirant gained a certain virtue in abstaining from food at times of prayer and spiritual endeavor. This may still be true at most crucial times. Yet fasting from food helps only oneself, and is part of preparing the body for a breakthrough to spirit. I feel that when the New Age man achieves his full stature, he will have overcome the appetites so that it will no longer be needful to abstain or diet on the physical level. He will have overcome and need not go on trying to climb the ladder once he has reached the top step. Physical matters will adjust themselves given their due -- but not undue nor overdue -- attention.

Fasting from speech, on the other hand, is an exercise in self-mastery. Even greater is fasting from thought, but while dominating the beast of the tongue, one automatically faces his thought and deals with it. Only when the tongue is held in utter subjection can it give forth true riches. And the more sparing words are from a wise man, the greater their value from the fact that it is not strewn cheaply about like pebbles.

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"Be still and know that I am God." How else can you listen to Him? When you are talking or thinking, you can only listen to yourself, and so must everyone within earshot. Our ears are God's fertile field wherein His word reaches us. But His seed is the Good Seed in the parable of Jesus, not the unbridled overflow of surplus thought. It is the Creative Word of deliberate intent with a decided end in view, to the Glory of God.

SIMPLICITY

The Teacher said of himself, "The only mystery is that I'm so simple." "Simple" means one *thing* -- uncombined, plain, unadorned, artless, entire, elementary, undivided, humble, natural.

Some people feed their egos on the knowledge of their own simplicity.

"Alone and without his nest, shall an eagle fly across the sun."
-- Kahlil Gibran.

SON OF GOD

The only-begotten Son of God. The *Life-energy* of the Sun. The Life that keeps all alive, and he who projects this Life.

God is and was, but until He *begot* that which could go forth, He just was. Within Himself He begot this Energy which came forth and could move out and create, could fashion new states and forms of being at Will -- being directed by His Will.

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God could have dropped down an avatar full-blown to earth, who could have picked up the identification papers of an unknown and have gone to work.

But the sudden move to the earth plane, carrying the consciousness of a Great One who had been merely watching from the other side, might have left little room for love or compassion, without human understanding. He might have been inclined to bring a sword to "clean up" in swift reform.

Now instead of the splash from a falling pebble, or the comet with sediment left over, we only affect those who come to us. The radiant sun leaves no sediment.

SORROW

The wise in heart
Mourn neither those who live, nor those
that die.
Nor I, nor thou, nor any of these,
Ever was not, nor ever will not be,
For ever and for ever afterwards.
All that doth live, lives always!
To man's frame, as there comes infancy,
and youth and age,
So come there raisings-up and laying down
Of other and of other Life-abodes,
Which the Wise know, and fear not.

Bhagavad-Gita

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SOUND

God is the essence of the Word, and the essence of the Word is expressed in the *vowel sounds* or letters of the human language. In the beginning, when there were not yet words or beings or creatures, there was naught but seeming space.

Space was filled with powers and with the forces of God. These powers had to be organized that they might become constructive, creative and beneficent.

God organized these powers by the sending forth of the Word which by the vowels and the essence of their powers controlled the powers of the universe.

The Word of God is the vehicle through which God's Law is put into operation. The Father does not strike directly. Spirit working through the power of Word produces the action.

Sound is the carrier of the motivating force as it is the carrier wave of thought.

The Spirit travels on sound, and sound is carried on a beam of light. Except the impulses of Creation come forth in sound, they do not work. The Creative Word, that's it. Talk out loud to the Self if you must.

Sound is vibration on the lower level, collision of molecules, disturbance of atmosphere. Sounds that fill the air can be heard by you through proper attunement, as proven by radio.

It moves through the invisible substance, creating waves and swirls, which are sealed by the Word.

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It grieves one that the ears of others seem stopped to words that are true, and that they need to hear. And I seemed to hear "30 ears stuffed with cotton", while they listened eagerly to voices more charming, but without knowledge.

Having been guided to seek out the mysteries of silence and of sound -- for all sound comes out of silence -- we listen intently, away from the human voice.

The sounds of nature flow soothingly -- spurting water, chirping birds, the rustle of a breeze in the trees. In this

comparative stillness of Nature is the knowing of God, without comment or criticism.

Things function inevitably. There is, in a sense, a permissiveness or neutrality, which allows to happen in its environment whatever man, as the creator, chooses to bring there. It quietly accepts.

So it must have been in the Primeval world at the beginning, before man. Birds sang, water flowed, wind whispered, rocks rolled, trees fell with a crash, creating great waves of vibration in the atmosphere, and the displacement of many elements.

May this not have helped to bring about new creations, slowly, since all come of varied molecular-atomical structure. When atmospheric tensions built up, electricity was discharged in great flashes, and it was accompanied by vast sounds of thunder in the heavens. This must have cut through many existing patterns of molecular arrangement, and formed many new patterns.

Out of the chaos, the storm within ourselves, comes the lightning flash of Truth with its accompaniment of heated words, brought forth under pressure.

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They haven't been what we wanted or tried to say, possibly quite the reverse, but the lightning flash of Truth has shined its flashlight right into the depths of your heart and brought out from the bottom what you thought was safely buried or hidden there. Calmness follows release.

"Like lightning from the east, flashing as far as the west, will be the coming of the Son of Man." Matthew 24:27.

The sounds of Nature, like those of the mechanics of living, or even of traffic and machinery, are like raw material of

unmolded sound. The tones themselves are as an invisible plastic awaiting use for the molding of words or music.

The Hindus have a saying, "Through sound the world stands." Speaking of the atom, Dr. Donald H. Andrews, professor of Chemistry at John Hopkins University says:

It is not matter, but music. If by some magic we could step inside the atom with a hearing aid, we would hearing something like organ music, only on a much vaster scale. . . . This harmony dominates and controls the behavior of the atom.

We know the changes which different types of music can make in our atmosphere, the sound itself seeming to pluck responsive strings within our own mechanism.

Thus loud, unrhythmic, or unharmonized music can jangle a feeling of discord; slow music can make us sleepy, or a fast tempo wake us up.

But that which is the ultimate in harmony, in the genius of the composer and the mastery of the musicians and its rightness

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for the moment, can create a most beautiful inner response, according to the mood of the music itself.

These sounds all have varying effects, but there is one Master sound -- the spoken word. Here sound is not background, but it has taken on *life*. It comes forth from the living mind of the speaker for the express purpose to take a living effect on his hearers. Speech is an aggressive action, as the tongue steps forth to get something done, whether it be outward action, or just thought, which is the precursor of action.

What other "invention" can a man bring out of his own self and mind without the aid of external tools? Because sound is seeded with life and mind, it has the Creative Power.

The unspoken thought has power too, but it probably travels on little sound waves of Spirit.

Science has discovered a way to destroy, using sound so thin and high as to be inaudible to human ears, though it is physical sound. So also insects communicate with a different finer sound. The speed of sound is about 741 miles per hour.

SPEAKING THE WORD

"In the beginning was the Word, and the Word was with God, and the Word was God,"
John 1: 1. "Death and Life are in the power of the tongue,"
Proverbs 18:21.

Through the Christ, God bestowed divine Sonship on all of us, marking us as His own beloved children, and left with us the mastery contained in the Word by which we become co-creators with Him.

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Not that anyone can indiscriminately go about commanding things to happen, and they just appear as though brought by a genie.

No, the Word is only valid if it flows from its original divine Source, in harmony with God's Will. We must understand and believe that His will is for good, and act and speak accordingly.

Never start thinking of yourself as an independently powerful being, or you'll be brought tumbling down. Even Jesus said, "Of myself I do nothing. My Father in Heaven doeth the work."

Remember God is not going to work through words of hate or revenge, except that they rebound in time on the speaker. He will only work in harmony with His own laws, and then there is no limit to His powers.

The only limit is in the degree of our ability to become a pure, clear channel for their operation. We, as sons of God, can express those divine laws based on love, peace, and harmony knowing they are not just for the one, but for all.

You couldn't say, for example, "That man's house is going to be mine by whatever means, though he be left homeless." Such things may have happened, but think not the matter ended there.

The laws of Justice are inevitable and sure, and every debt to God and man must be paid. However, you can say, "Somewhere is a home exactly right for my needs, and God is even now moving me in."

It is best to choose your own words to fit the situation -- brief, powerful words, easy to remember, held constantly before you until the matter is brought to pass.

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Don't strain over them, beyond doing what you reasonably can in a physical way to bring things about.

Leave the matter in God's hands. It may take a little time, but if the need is valid and your faith sure, invisible doors will open to your goal and invisible hands will lead you.

In one case, a couple with children and a small income needed a home. They occupied a flat at low rent with the provision they paint throughout and redecorate from their own pocket. But as soon as this was finished, the owners sold the building and they had to move. At the same time in another part of town a lady of 92 passed on leaving the home for sale at a low price and small down payment to settle the estate.

The young couple had no money, but scraped up the down payment by borrowing and willingness to live on almost nothing until they could get started, and were almost miraculously able to buy this home, a large old house just right for the children.

The remarkable part was in the timing of all events, so that each fell in place like pieces of a jigsaw puzzle. They found the place through a newspaper ad. Even close neighbors who wanted to buy the house did not know it was for sale.

They had been "speaking the word" for a home over a period of some months. It seemed like a long time then, but we don't know how God is working to bring things about. It had to await the right time.

Occasionally, in extreme cases, such as shipwrecks or in healings, prayer may work sudden miracles. But in most matters, He will probably bring about your desires in a more subtle, natural way, though none the less sure.

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SPIRIT AND MATTER

In the beginning, matter was no more than a rising and falling mist which lay hidden "beneath a loose and tenuous polarity" of affinities as yet hardly conscious. Spirit through the force of Nature has to grow more dense -- in a sense it must crystallize to become matter.

If you symbolize the planes of existence as a circle with a dot in the center, the dot would represent the Absolute, and the circle around it would show the cosmic plane as an emanation from the Absolute.

A second circle around this shows the subjective or psychic plane as an emanation from the cosmic, whereas once again the mundane or material plane is emanated from the psychic.

Ectoplasm, the substance of the psychic plane, is formless and structureless, without atom or molecule. If you break it, it just disintegrates.

Mind is the controlling creative factor over matter and energy; and the subconscious mind is the organizing factor which builds form from remembered patterns.

The Substance of earth is not itself corrupt, but it is corruptible. Thus Adam and Eve were not originally corrupt, but allowed themselves to become corrupted.

There are two schools of thought concerning the conditions of Spirit and Matter. One school says Spirit is pure and perfect,

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which is true, but the matter is gross and defiled to the extent that it holds the soul in bondage; or basically that Spirit is "good" and matter is "evil" and that the spiritual part of man is bound and buried in the grossness of the corruptible matter which forms the body. That only by returning to God are these imperfect wrappings removed.

The other school of thought states that all matter is pure Spirit, that every cell of one's body is pure Spirit, and that the visible and tangible things of earth simply represent the way in which the One Energy manifests within the range of our senses.

We don't have to become spiritual beings because we already are, but need to develop skill in the use of our God-given powers.

Taking a balanced path between these two extremes, one must agree that man's spiritual expression is slowed down by the

density of matter, but not imprisoned by it once his consciousness reaches a cognizance of the Truth about God and himself.

He is rather like a fast runner who finds himself blocked by a mass of people who are barely moving. His sharp eagerness keeps dulling its edge against the slow plodding pace of the crowds that hem him in. But they are not evil nor non-spiritual because they're slowing him down -- just dense, by weight or numbers, in comparison to his normally swift pace.

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SPIRITUAL EXPERIENCES

Many signposts have been pointing to a new beginning in my life and an end to the old. I don't know if it's just a new beginning here on earth, or elsewhere. In any case, I know it's so much better at this moment than ever before, that I can face anything happily.

Don't suppose I'm speaking from the same standpoint of a few months ago. I've been *shown* these past few months by almost miraculous means on every side, not only how to correct my own mistakes and the reasons for suffering, but the correspondences in Biblical teachings.

Things I formerly blamed on someone else, things I was going through which outwardly someone else was causing to happen, have proven to be but the working-out and paying-for of my own mistakes. One has to pay in blood -- not from the veins, but the

blood of the heart in suffering. But not unless you do things contrary to spiritual law.

Certain curious experiences have made me aware of the transience of outer things and the actual reality of things spiritual. In fact, I've had an unimaginable experience, yet it couldn't be discussed with anyone who had not also experienced it. Suffice it to say that the Bible teachings cannot be underestimated, but each story, as well as being factual and historical, also relates symbolically to certain aspects of the evolution of the human soul.

Perhaps I can hint at one instance -- Jacob and Esau. It always seemed to me unfair and dishonest, looked at literally. But it seems that Esau, the hairy one, represents the animalistic

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nature which sells its inheritance short for sense-gratification and momentary self-indulgence, while Jacob is another part of the same soul, the higher and finer part which knows it must rid itself of subservience to the lower nature before it can claim its divine inheritance as the Son of God. Perhaps you can gather from his how certain others may also be applied.

The main thing I have found out, without having actually seen any other-wordly apparitions or such things, is that one is more carefully looked-out-for and watched-over than he ever realizes. Though he is given all the rope he wants to go as far afield as desired and has to pay his own way every step back, there comes a point at which he is *shown* to have been taken back.

Armageddon: Knowledge takes advantage of ignorance until light comes to the darkness, and there begins the struggle between good and evil. All these seem pretty much of a par until the time comes for spiritual illumination, when light and dark become sharply defined. Then they enter a death struggle where

each tries to gain supremacy. When good triumphs, light illumines the dark and both become one.

ASSUME the role of that which you are trying to attain.

ACCEPTANCE: When someone seeks a disturbance, know what he will do, and go up to him and accept him fully. It will disarm him.

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SPIRITUAL MARRIAGE

Being a bride of Christ, of Spirit, is giving one's all to that inner state of being, all one's loyalty and trust. He weds that which has wooed him from out of the unseen, and has been won by the glimpse of God, and cannot live otherwise.

In marriage he does not merely consecrate a way of life, an order of living. He gives his heart and his way to This, the beautiful Beloved whose love he knows, whose way he has glimpsed.

He marries on a different level in a form less dense, in that essence that is himSelf, stripped of mortality. For Christ is not material nor carries any goods. How can man love or serve him with those, except by becoming his hands.

The marriage of the mind is union with God (the Father and I are one), and with it a feeling of co-responsibility with God for the creation of the Universe, by thought, word, and deed.

The marriage of the heart is marriage to Christ, the achievement of Sonship, and with it the desire to serve man selflessly through love, to carry out the work of the Father as mediator.

The bride of heaven's kingdom is the male or female who seeks to do the will of the Lord as eagerly and lovingly as though he or she were a new bride completely in love, with desire only toward the husband, seeking to serve his every wish.

Woman has long clung to the virginity of her body as a holy thing unto God, her spiritual salvation. But now the married

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servant of God must seek to maintain a higher virginity beyond the physical. The mind and soul being wed to God in Christ; the body is the servant of God.

Don't worry so much about whether you are male or female. That is for people in the outer world. Your purpose is to become a spiritually balanced being. You manifest as one or the other outwardly for the purpose of creation.

In true Realization you will not feel yourself a realized "man" or a realized "woman", for you are accepting the Christ without qualification. Creation necessitates positive and negative, or male and female, in order to bring about physical manifestation. But spiritual reality only becomes blocked if we try to figure out how to manifest only as a man or a woman -- in the priesthood, for example.

STONE

The Christed Man himself becomes the Philosopher's Stone - - through union of the Father and the Son in One. This Stone has power to tinge or permeate with its transforming force all "base metals" and even the "refuse of the earth", according to the ancient philosophers. When Christ entered the body of Jesus, he made or confectioned the Stone.

He who becomes the stone is a solid stumbling block to those of the world who despise and reject the Lord. More pity to the one who comes hard up against it, for that divine Sonship which is the true cornerstone of any structure is not a small thing to fall upon the head of a scoffer.

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The Stone of the Son is unseen by rude eyes of passersby, but can you imagine the aftereffects to a petty thief who stupidly robbed the Lord -- even though he knew him not?

Though no visible arm of the law reached out to take him in, the invisible is far mightier. For the Father is in the son, and the Son is in the Father.

The tomb was blocked by another stone -- that of the believer who dared not openly acknowledge his faith. It was rolled away when Jesus ascended. The worldly stone had to be rolled away to free the Spirit.

Let the foundation stone on which your life rests be not of the mortal clay of earth, but of the certainty of Christ. "Whom do you say that I am?" Certainly of that which is known while not outwardly seen is the solid permanent rock.

The living Rock of Foundation is the Core and Center of Being with which no outer structure can compare.

Bless the day you found, in Christ, the true Philosopher's Stone.

SUPPLY

Never reject what you have to start with. Read the story of the widow who had nothing in the house but a pot of oil -- (II Kings 4:2). True, a miracle was performed, but she was first asked what she had in the house, and this was used as the basis for the miracle of increase which followed. Jesus too started with what they already had of loaves and fishes.

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Never think with discouragement, "I can't get anywhere without a great deal of money to start with, I need a thousand dollars even to take the first step." Or, "I'm stymied because of never having had this or that, and was not given a fair chance." Or "Someone cheated me", or "I made a mistake, so all is a total loss."

Don't think that way because it is thoughts and words like these that create failure, and not your resources past or present. Granted, it would have been pleasant being born into wealth and ease, but who knows if you would have died happier, even then?

If you only knew it, you chose before birth the very circumstances you now have, because you needed this exact type of experience for soul growth. You needed it so you could learn how to overcome and master it through exercise of your God Self.

But now you are faced with the need to make something of your life here. So for the moment become impersonal like a hired professional come to look the situation over in a clear headed, practical way.

Take inventory. In all the world, what have you in assets or possessions or talent? And everyone has something of faculties and abilities.

However little it seems, you have this to start with, so use it, build and increase it. Don't sit around waiting for that dreamed-of windfall to lift you out of the hole.

Multiply the oil you have now.

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Seeking only material supply is like asking for a cup handle with no cup. Spiritual riches is the whole pot of tea. You yourself provide the cup wherewith to receive.

SYMBOLOLOGY

A symbol is something chosen to stand for, or to represent, something else; therefore it is not absolute or unvarying in its use. Symbolology is the art of representing by, or interpreting, symbols.

It is through symbolism that peoples of varying cultures can understand each other, for its true form of speech has never changed through the ages, and the various stories of Creation made free use of Cosmic Symbolism common to all primitive mankind.

Later they corrupted this knowledge through idolatry, thereby dulling its meaning, and began to worship the things themselves as gods, instead of seeing all things as true witnesses to the powers of one God. Then through a system of myths they

invested creatures with an illusion of divinity, so darkness and fear settled down upon men.

Without the understanding of symbolism, you cannot know God. Nothing can come into existence without its use. Through the knowledge of this and the equipment of faith, and through revelation, you can have understanding. Through revelation one is able to be brought into that state of faith -- not through books. Faith is by acceptance of revelation.

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The soul is perfected by celebrating divine things in worship when man carries to the Father and places before Him His own ineffable symbols -- which in the original progression of essences the Father Himself has implanted in the soul.

Among those risen above the animal level, the human race itself depicts the totality of living symbolism. Symbolism looks to most people so far removed from the Bible that they would not place it in the category of religion, but one versed in science cannot fail to see the use of universal symbols throughout the history of the Testament. For the Bible shared with other religions the cosmic symbols in which God has revealed Himself to all men.

Ancient symbols and allegories had more than one interpretation as do the parables of Jesus, one serving as the envelope of the other according to the individual's need. Symbolism is part of the living manifestation of man's life, and the symbols of Nature speak to man through sun and moon, through crops and skies of Him who made them.

There is an ancient saying that "God geometrizes", that all things in nature are according to mathematical arrangement in systematic order. It is apparent that all things were well-planned

in the mind of God, and these plans are most simply expressed in symbols.

Man has recorded his first impressions in symbols, and these same symbols continue to depict enduring Truths, just as the principles and laws of Creation as manifested in the world remain ever the same.

It has been stated, "Cosmic symbolism is like clouds and rain but Biblical symbolism is like a storm of lightning, unpredictable fire from heaven."

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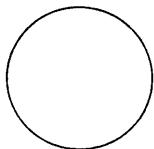
Bible symbols are not bound by the sort of laws that hold man, but are far more pure, and have the freedom to appear and disappear with the liberty of a flashing meteor to bring mankind fresh means of salvation.

Before anything can exist on the earth plane, it must first exist in the mind of God, in the world of archetypes or thought form.

The world of form is there, but we do not see it. Instead of beginning the study of symbology with man's personal concepts, we begin with the cause. Symbology represents the formulas through which energy works and produces form in a dense world.

It is also a record of how men thought, their concepts of the Creator, of the laws of Creation, and how they work. And it is a language of signs such as those used by the mathematician, and show how the laws act through a certain pattern to bring the great Creative Force of the Universe into a dense world.

All symbols are made up of dots, straight lines, curves and angles, each capable of being combined with a variety of meanings. The three basic shapes underlying all symbols are the circle, triangle, and square, called the A B C of symbolism.



The circle symbolizes God the Father, the universe and the continuity of life. It is the oldest and most universal symbol known to man and represents an acknowledgment of One Source, One Power, the Unity of the Godhead; the oversoul and the Infinite, Eternal and celestial movements. It's color is usually shown as the blue mist of the heavens which surrounds the sun at dawn.

⊙ When a dot is added at center it refers to seed, nucleus, of the germ of activity -- God with the Creative center. More commonly it refers to the Sun, the solar system, the atom and the human cell. The dot, with its extension of energy, provides the spiritual action needed to manifest the archetype.

△ Universal Law is represented by the Trinity and the triangle, its three angles being an esoteric symbol of the perfect Creation -- two conditions plus the result of their combination. Scientific law states that two part of one element added to one part of another element makes one other element.

The △ upturned finite triangle represents man-to-God relationship, while the ▽ down-pointed infinite triangle depicts God to man. The triangle also relates to God the Sun, its color shown as yellow to represent the illuminating one at Noon.

□ The square depicts God the Holy Ghost, the orb of day at Sunset robed in flaming red. It represents order, truth, and materialization of solid forms. The four elements of material manifestation are: Fire and Air as the working elements in combination, plus Water and Earth as the solid components of Creation. The square is an exoteric symbol of proportion and stability.

All manifested objects contain variations of the circle, triangle and square in forms.

○ is the fundamental power, △ the channel or conductor thereof, and □ the manifested creation resulting therefrom.

THE TEACHER

The Teacher said that we see in him a mirror wherein we look and judge ourselves. He reflects back to us just what we've earned; we only see and hear in him what is in us to see and hear. This divine mirror hopefully will show an improving reflection.

One's own face mirrors to others what one is looking at -- what he sees habitually.

The prophetic world acts as the quicksilver on the back of a mirror. You see the reflection of what is placed before it, so you get back what you put in. You see the shadow of the manifestation. If you don't look beyond there's only reflection. But cut through the silver and SEE.

TEACHING

Don't become so involved in theoretical theology that you don't use it in the thing you're doing next.

Four things are needed in spiritual development: Mind control (Word); prayer; deed; spiritual exercise.

Instructions: In playing a game or in attainment -- 1. Learn to read. 2. Study instruction book. 3. Familiarize with use of tools. 4. Practice handling them. 5. Go out and play the game.

In lesson preparation, 1. Find the Webster definition. 2. Then the Rosicrucian or metaphysical reference. 3. Then the rewrite and night study.

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The Tree of Life is a circle that comes back together again. You need to teach the association. The Subject is middle level.

Above is the upper level of this, and below are the sciences relating to it.

You can have anything you want, so long as it doesn't get in the way of teaching.

If serving God -- that's first. If you desire something else first, don't dare go then. Wait till you're over the hold it has on you.

If you get any part of yourself in there, you're lost already. This is also true on street patrol . . . you don't resist -- just smile. If you make any exception, God has lost His power, and so have you.

You open up yourself to Christ and radiate Him by opening up yourself! Open up your box of goodies and distribute the warmth of your love, friendship, sincere helpfulness.

If you're tired when teaching, step back in spirit. Let your body talk. You stand free, in your spirit body.

"You can't pull somebody up the ladder until you're there."

Go thou and know --

That thou art the saviour of thyself;
And as thou savest thyself, thou savest
thy brother.

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TEMPLE

It takes forces longer to travel from East to West than from North to South. That is why temples are always built longer East to West.

First the force begins at North, and moves to South. Then at the rising of the Sun, it begins in East and moves to West.

MEASUREMENTS AND SYMBOLISM IN KING SOLOMON'S TEMPLE TO GOD, I Kings 6:31-33: *The nave, or "house," in front of the inner sanctuary* was 20 x 60 cubits, all of cedar wood -- no stone was used. Its entrance doorposts of olive wood, in the form of a *square*, with two folding doors of cypress wood.

The *vestibule* to the nave was 20 x 10 cubits with two bronze, hollow pillars 18 (or 35) cubits high. This would equal 30 to 60 feet tall. Initialed for *Jachin* on the south and *Boaz* on the north. One cubit can be called 18 inches to 21 inches. (The book of Chronicles says 35 cubits.)

The inner sanctuary was 20 x 20 x 20 cubits, all built of cedar including the altar, except the cherubim overhead carved of olive wood, the whole room and everything in it overlaid with gold. The entrance to the inner sanctuary had doors made of olive wood; the lintel and the doorposts formed a pentagram.

THE NEW JERUSALEM: Jesus Christ is the *door* to the sanctuary -- the Holy Place. He is the way within to the innermost.

The 12 Apostles were not doors -- their names were on the Foundation walls; foundation having to do with understanding.

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Before that, the twelve tribes of Israel had their names on the outer gates of the city, and these were twelve astrological signs of the Wisdom essence of the Father.

VEIL: When the curtain of the temple was parted in two, that indicates the time of revealing the mysteries -- baring that which was previously concealed and masked.

It is interesting to look up "veils" in concordance. "He will destroy on this mountain the covering that is cast over all people, the veil that is spread over all nations," Isaiah 25: 7. When Jesus died (the sunlight failed), "the curtain of the temple was torn in two".

II Cor. 3:16 "...when a man turns to the Lord, the veil is removed." II Cor. 4: 6 -- "For it is the Lord who said, Let light shine out of darkness." Melchizadek, King of Salem (peace) "inner shrine behind the curtain where Jesus has gone as a forerunner on our behalf." Hebrews 10:20: "Enter the sanctuary by the blood of Jesus, by the new and living way which he opened for us through the curtain -- that is, *through His flesh*."

TEMPTATION

You come to the Dweller on the Threshold which you have created yourself out of your own acts and thoughts and which you have to destroy.

The mind sometimes acts as a dweller on the threshold, and will try to keep you so busy you won't get a chance to look across, or to enter.

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The evidence of your eyes and ears blinds you to the reality of God, and lead you to seek instead the subtle creeping ground force that lies under things, instead of that reality which dwells at the heart of them.

Some people look only at surface appearances; some look beneath them at the sublevel; but the Christed being looks within or above, which are one and the same thing. But it does not work until you cooperate with it.

The hardest thing to give up is your own past, and if you're still burdened with that, it's too bad.

The dweller on the threshold is your own self that you've created. It's the same with everybody and nobody likes it.

The entity's gone, but the potential's coming out. You're spared the sight of it -- but now must let go of it completely.

When you see things, don't say "No, no, no." Say, "Father, take it away."

The devil depends on your attention for strength. If you have been unable to cope personally with the offensive tactics of another, accuse not, but say, "The Lord rebuke thee."

One may grow weary of having to believe, in spite of everything that appears just the contrary, but that's the whole secret of the success of Faith -- believing in-spite-of.

God leads us *through* temptation. To desire something is not evil, as long as it does not possess you, and you are dedicated to the fact that God and Service come first.

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There are "possessions" by entities, and there are "obsessions" through our own mind, either of which can lead to the insane asylum.

A teacher works longer with the sad students than with the happy ones, because he must make them happy. But it's best if you can reach down inside your own heart and turn it to joy.

The just man, having consecrated himself to the highest of principles, is immediately confronted with Karma, and deluged with what seems to be adversity.

This is not really adversity, but the speeding of evolution as a result of consecration to the spiritual life brings him face-to-face with the accumulation of that error. More is expected of the wise man. The more strength we have, the more sternly we are tested to prove that strength, but none is tested beyond his capacity.

"Satan is that power which works for good, while ever scheming ill," according to Goethe. He is that temptation which rouses strength.

The "red devil" thrives in the material world, the ground of man's temptation. In this environment, where man comes in ignorance to depart in wisdom, he gains immortality through self-discipline.

The obstacle that is ever building strength is that whole field of difficulty, which, overcome, makes us master of our own life.

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THANKSGIVING

Today I feel thankful, deeply grateful to God for many blessings, because something lovely has just occurred. But why did I wait until today to praise and give thanks; was it necessary to wait until He proved Himself to me?

Actually, I am the one on trial, and it would have been better proof of love if I had praised Him yesterday and given thanks in the many days before this became manifest, and so have proved my faith in Him.

Thanking Him today seems just a reaction, as though I have finally given in and concluded that things may not be so bad after all, because "see" what He gave me?

It would be highly ungrateful not to thank Him now, but to have done so sooner before this took shape in outer form would have been a trusting and creative gesture, providing soul growth and a boost for that which was in the making, about to occur.

There is a contrariness in things: When one finds a long-delayed period of peace and rest, and gives thanks for the quiet beauty of it, something utterly unexpected tends to break forth unpleasantly to shatter the day. Or one might think in a satisfied way that the family is presently doing very well indeed, and it seems to immediately tempt a troubled situation to arise.

Is this why the Chinese hid their good fortune from the gods -- lest they become jealous and take it away -- and always outwardly demeaned themselves?

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This may seem confusing when one considers that positive statements are to be desired, and giving thanks should never cease. But a clue lies in the fact that here one took for granted the evidence of the senses, and based the feeling of good on what was seen outwardly.

It *looked* like a peaceful day, but if only looked so to the senses. The family *seemed* to be getting along beautifully from outward observation.

The conclusion is that to be effective, true thanksgiving should not await outer evidence, but precede it! The positive declaration must come long before anything can be seen at all, other than to the Spirit, and then held to steadfastly.

For we are meant to be creative beings, inheritors of the Kingdom, not just observers. In the above instances, one sees merely a person sitting on the fence, watching and believing all he saw. Perhaps a faith-evolved day of peace and thanks-in-advance would not have collapsed midway.

Jesus gave thanks to God before he broke the bread and distributed it to the multitude, before the miracle manifested.

THOUGHT

What you think will manifest, and that's what you have to look forward to.

Every thought sets in motion the fulfillment of a desire, and mind sees it already done.

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Visualize a form and accept it and start to live with it. When you look at other sects, or people, it is only the form they have assumed that you see, not their reality in relation to the universe.

Peoples' lives are lived mainly right in the house of their own thoughts, and the tone of one's life consists largely in the tenor of their thoughts. Not only in their gaiety or seriousness, but in their quality, whether of beauty or ugliness, constructiveness or destructiveness.

We become what we think (not what we eat) and gradually come to outpicture that which is entertained in mind, while our environment comes to express the result of thought. Why then are not we more careful in choosing each companion.

No matter how much Life seems to restrict one's action, or sometimes even words, no one can stop the free flow of thoughts. None can command you to think thus and so, though he may try to persuade. Mentally, one is completely free. This may be why we tend to get lazy in our thinking, just drifting about, letting attention alight on this or that at will, making some criticism and moving on.

We tend to dwell on results of past thinking, instead of working on making things better in the future.

God gave man the mind with which to create. Our every act and word is preceded by a thought. If you had not thought so, you could not have said or done so.

A thought is like something in the psychic realm, first spoken silently, and then in physical world.

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If you make a comment, it comes down to live with you. But in the beginning was just the Word. If you want to live in the realm of thought, you get back interest on each one, just as those who live by physical actions reap their grace in material ways.

We are told that in heaven to think a thing is to create it -- to think a beautiful garden is to cause its appearance, momentarily at least. Then if we practice thinking positively here, it will be easier there.

Choose thoughts that edify, that radiate goodwill and beautify your own inner self, and they will go on to shed a glow to warm and attract those about you.

Everyone knows how happy thoughts turn up the corners of one's mouth, while sour ones bring a frown. But this is only the small beginning.

There is no limit to the possibilities of far-reaching consequences of thought. Everything ever created or invented began as a thought. One may assume that the universe itself began as a thought in the mind of God, to be created by His Word. "Let there be -- ." In this we can imitate Him.

It is safe to assume, also, that once He had thought to create the world, He did not backslide and cloud the possibilities with doubt. He wouldn't have said, "Oh, what's the use? It can't be done. The materials and circumstances I have to work with are not good enough." Or it wouldn't be here.

Human beings seem determined to backslide, but they can try and with patience can find themselves succeeding more and more. They needn't waste every thinking moment. And if

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things are not happy for you now, think happy new things into being. It rests with you.

THOUGHTS

The mind is not I -- that which wakes up with me and begins to chatter every morning -- though once I thought it was; for I am the Self of God, and the mind is but His tool and mine.

Since mind is the instrument of creation, it can be skillfully employed by patient constant care in selecting thoughts that move to lift one out of any seeming bondage, through relying on God as user of the instrument -- for any tool will not work of itself, and every man is but an agent of God.

At attempt to be free-lance, or cut himself off from Source, can only bring him difficulty. He is free -- but within the law of God, which is Freedom itself when we learn how to use it.

Work diligently to keep the mind clear of undesirable occupants, but don't ever think to leave it vacant. Keep it filed voluntarily with the most desirable of thought tenants, *creative* ones when you can.

Otherwise, if you make no effort to replace the ousted thoughts, more empty and idle ones will come drifting in, no better than the first. It becomes easier and more automatic with long practice, though seldom fully so.

Don't form pitiful pictures of yourself -- of growing old, of sacrifice and overwork, or sickness. Keep the true picture before you of that which you would become, and press ever on

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toward that. Screen all experience through a sieve of understanding, not of grudging, to continue victorious.

Clear and beautiful thoughts are like sparkling jewels of the mind. And there is a sublime intoxication in sharing and discovering high thoughts and ideas with others of like mind, especially for those beginning the path who have not yet reached to any great Reality. After having touched the hem of His garment, the farther one goes the less he feels inclined to say.

Keep the mind comfortably air-conditioned, never locking it up in static states. Keep it open to new thoughts and ideas, and

don't be overly hasty to close the door on any unfamiliar subject, thinking it is rubbish before you have given it fair study.

If you are happy now, don't picture reasons why you might not remain so, nor imagine catastrophes that could happen, lest mental images help to bring them about.

One minds tend to build mostly on conditions already created in our lives, by looking round and round at the manifest results of past thoughts on our part and others. Or we mentally ruminate over things past and already said and done, "playing them back" over and over until the mind is weary of it.

Why fritter attention on the *results* of former actions when every attentive thought is another *cause* of future results. The mind is a creative instrument.

Sometimes the consequences of some small act seems way out of proportion to the act itself. Yet the doing of anything is the materialization of thoughts, sometimes perhaps many thoughts, not at all small.

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When things not desired begin to etch too deeply on the consciousness, then one must insert a fresh trend of thought to cut off. Even though it be a useless thing of itself, such as a temporary diversion one cares not for, it will serve to ease the heavy pressure of the stylus until one can get to something better.

Wipe out painful recollections, and leave no place for memory to go back and nest in.

Know that everything is all right and being done in ways unseen for the correct results, and it will be so.

TIME

Looking at a sundial it appeared that Time is only measured by shadows cast by the sun -- by our own movements, those of planets in relation to the Sun and Moon.

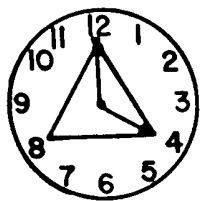
To go back in time or memory is tantamount to haunting, as would a ghost. He goes back in time in his mind. Yet when an entity speaks, he is on the other side where time is not, and sees both ways.

In the Sun there is no time, and if time were a reality, you would never be able to prophesy. Past and future are both terms relating to our natural senses, but become meaningless when one has risen into the Light of Truth.

Just as, if there were such a thing as space, you would never be able to heal. Spiritual reality brings about consciousness of the absence of time and space.

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I saw a clock planted in the park, formed of flowers. It was an interesting symbol, which said that the sun at the top stood at noon, and from that point, it shone down to bring growth to vegetation, life to all within its rays. The green of vegetation, from the gold of the sun; and the reaping from the sowing at the opposite point.



"The things I wanted yesterday." It is not being cynical to say God knows what I need, but He won't give it to me unless I no longer need it.

It is just that He probably will not give me what I most desire as long as I wait for a prop to make me happy and keep me going.

He will probably wait until I develop such inner strength, happiness all on my own, not dependent on outer things, that I will be able to face doing without my desire.

Then he will say, "Here you are. It's all yours." Because I'll have earned the right to have it by gaining the strength to do without.

TRUTH

One hears the truth readily, but then it must be practiced in life as music lessons would be. Simply believing or understanding the words of a teacher is not enough. Steady practice alone, over a period of time, will bring results.

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For although its tenets may be studied, accepted, and understood in brief time, a much longer period of time is required to prove it has become a living part of the being and truly known.

"If you know the Truth, you will prove it in the hour of need," and it will set you free, as Jesus said.

TURNING POINT

The beginning of spiritual study does not always mean that your experience with human emotion has finished for this lifetime, though you might fervently wish that it had. This

chapter of your life may or may not be closed, depending on your individual need for experience which only God knows.

If you have not yet proved the heart's strength, spiritual aspirations may act as a signal for further testing in this line.

Whatever comes, realize it is with divine purpose, because you are now a more conscious being regarding all experience in a different light, and you must stand aside from yourself and study all that happens to you in order that divine wisdom may become so permanently ingrained as to free you forever from any need to suffer, and in fact gain Mastery over even allowing yourself the luxury of pain.

The need to suffer is the need to learn, but a lesson learned need not be repeated when the examination is passed. Part of this lesson is the overcoming of unwanted reactions.

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If God's love were like the love of people, there would be little to hold it, if He demanded all, then left us. One who has been devastated long enough by misplaced personal affection finally recognizes such emotional intensity must be lifted above the personal to an all-embracing universal love, where there is no pain.

This struggle to rise in love, instead of *fall* in love, may bring no swift success, but daily it becomes happier and more clear. For all are one in God no matter what appearances may say. There is beauty and upliftment in this state.

Why has man loved and suffered so? If he can love imperfect humans to this depth, how much more can he love an all-perfect God whose love is whole and complete, impossible of failing or faltering for even the briefest moment. He withholds nothing if

we come to Him whole-heartedly. Heartache is a hard teacher, but it does teach you much if you can accept it.

Take care not to fail another however, and not to become bitter or hard as the result of hurt. If life has grown lonely or frightening to the point where you long for strong understanding arms to comfort you, take extra care not to blindly run into another problem.

Man is unfinished in his development even as are you, and there is nothing sure or permanent about him except the divine spark within which he probably hasn't even guessed at yet. He is still in the making, but God's invisible arms are infallibly understanding.

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UNDERSTANDING

Understanding is a female quality, because it is passive. One receives understanding, watching, looking at something -- unlike the male use of the will, which projects itself.

Understanding is good, as a first step. It is only to put behind you doubt and misunderstanding, watching, and to bring you into harmony. But there is more.

VOLUNTARY SEPARATION

"I release thee unto the Father," God made this person for His own good reason, out of His own love, to fulfill His own

purposes. How shall I regret letting him go to God's own way for him?

It may be that we are sometimes separated from those closest and most dear to us, because the very closeness tends to smother individuality or to prevent the development of needed qualities in other directions.

Sometimes too deep an attachment leaves one no peace or independence. Sometimes one becomes so wrapped up in the other as to neglect all else.

Separation is terribly hard, but sometimes the long view proves it better, supposing of course that it becomes necessary for some valid reason.

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In this numb state, if I think where he is, I'll suffer pain. But it's just a matter of thinking. If I can think not of that, but summon strength to crowd my mind with happier constructive thoughts, then the pain will leave because there won't be room for it.

In truth, it is not he who causes this sorrow, for if I did not think so, I would not feel so. If I did not envision wrong, I would not feel wronged. It is the effects of my own seeing and believing that hurt me, for the hurt is only happening inside me.

Does the mind needlessly seek excuses for sorrow? Then let it turn its back on all that could bring sadness, and let it watch and listen, rather seeking instruction from the mind of God, which is the source of all Joy, Peace and Beauty.

God is never separate from us, yet sometimes the emotion of grief is so intense as to render one helpless and incapable of seeking Him. In the words of one who knows:

After the final parting with a loved one, for weeks the pain of heart seemed to exclude even God. Numbed by anguish, able to confide in no one, prevented from leaving familiar scenes even for a moment the usual path of daily routine, but now without diversion or companionship; struggling to maintain outer appearances at work, then collapsing into tears at finding no message on returning home.

I dared not even think or reminisce about the loved one, lest the very thoughts draw him back, whereas this separation was absolutely necessary for both and must be final. Worse, I knew that though he suffered just as much as I in parting, he would lose no time in finding consolation.

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A secret sword lay in my heart, which seemed to turn with every move, causing sharp physical pain. The knowledge that this was necessary, a step upward and a blessing in the long run, was no consolation; even religion did not help because it had not yet become a Reality in life. Too numbed to pray, it was as though God had gone away with the beloved, and I could feel no contact with Him at all.

Until one day, walking to work in pre-dawn hours of stillness, nothing was audible anywhere but the click of my own heels on concrete, and the sound began to hold my attention. They seemed to be saying 'God . . . God . . . God' with every step, and listening I began to feel more and more as though He were in that sound! Then it came to me -- 'He is *here!* He has not gone away with my love; He has

not deserted me, but is here with me now, as always.'
Turning the doorknob, I felt God in that too, close,
close -- and suddenly He was in everything I did or
touched all that day -- and the turning point had come.
I was alone no more.

If something cherished has departed from your life, try to
remember -- God is *here* with you. Beauty is *here*. Joy is *here*
-- all of it now and always. No one can carry it off.

God does not depart from your life along with some condition
on which you depended. It may take some time to become once
more aware of Him. But He is "closer than breathing" this
instant, and you could not escape Him if you would.

If it is any consolation at all, whatever you may be suffering
now, remember that many others throughout time have traveled

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that same path victoriously. Many more to come will travel it.
And so can you.

Though you seem to be stumbling now through a scorching
desert, you will be led to your oasis. You can always trust Time
to heal, even if you do nothing at all -- not swiftly or
spectacularly, but if you cooperate even a little, the process can
be helped along. If you go all the way, and determine it, the
Spirit can heal instantly.

WATCH

Jesus said, "Watch therefore, for ye know not what hour your
Lord doth come." And David said in Psalm 141: 3 -- "Set a
watch, O Lord, before my mouth, keep the door of my lips," and
in Psalm 90: 4 -- "For a thousand years in thy sight are but as
yesterday when it is past, and as a watch in the night."

II Peter 3:10 -- "The day of the Lord will come as a thief in
the night; in which the heavens shall pass away with a great
noise, and the elements shall melt with fervent heat, the earth
also and the works that are therein shall be burned up.

"Seeing then that all these things shall be dissolved, what
manner of persons ought ye to be in all holy conversation and
godliness."

The person to watch is yourself. We don't have to give up a
thing, just our attitude toward it.

Giving up is all right, but above that is something beyond
giving up -- renunciation.

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WHAT DO YOU WANT?

John felt a little of the Power and decision of God, having
been given for a little while the power to grant all secret wishes
of those about him, provided these decisions were worthy ones.

So he waited. "What do you want," he silently asked,
watching all their acts and attitudes, and listening to all their
words, the unspoken more than the spoken? And he saw that
they sought approbation or favor, retribution or self-
gratification, and he felt like a sad God at last; not one had asked
deep in his heart for a true gift -- such as genuine friendship or
simple peace or some way to uplift and improve the lot of
mankind.

Suppose you were given that power for awhile, watch and see
what you would do with it -- assuming bodily necessities are
already supplied. Or, suppose again -- that someone were
watching you in the same way?

God is doing just that, and how He must wait to hear our real wants -- not just what we ask for. It is all His to give, but He would be less than wise or loving to spoil us by granting greedy requests.

Study your desires -- do not incur spiritual indebtedness by wanting things not essential.

"I shall not want."

If we listened to God, everyone, to His words and heeded them, there would not be want, physically, emotionally or spiritually. So some must go ahead as warriors, beyond themselves to reclaim God's territory and reestablish His Law.

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If God could make Good more exciting (and He does, but few know it), then idleness would not breed discontent or trouble, but make time for greater endeavor.

If all had enough of everything supplied, would that he were content to know happiness with that, and not seek to think up further wants.

In some cases one seems to find fulfillment of former desires when he no longer has need of them. This is either because the pattern was strong enough to be fulfilled regardless, or that one has earned the right to something by having gained the strength to do without.

WILL AND EGO

The Will and the Ego guard the Gate of the Crown, where the soul passes in and out. Unless both of these pillars of the gateway are there, they do not hold up the building. The Ego is

stronger and confusing by its simplicity. One must control the Ego and Will to reach God.

The key is discipline, first in control, then in action. Begin to do and to give in service, yet do nothing -- only allow the force of the Father to flow through you. Open the way to Spirit, controlling desires and directing them to work for the Father.

Ego is the part of a person that is conscious of distinction between himself and other persons or things. It is the consciousness of being oneself. Esoteric philosophy says that two egos coexist in man, the mortal or personal ego being termed personality, and the divine or impersonal ego being called individuality.

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Will is an ever present universal Power, strong enough to hold the worlds and universes together and keep them working. It is Will which endows creation with Life, because Will and Life are basically identical.

Will-power comes from the heart, acting somewhat like the rays of the sun as it calls life into action in creation. Power does not derive from what man's brain imagines, but from that which he desires with his heart.

There is only One Will, and when man imagines he has a will of his own in opposition to That, he cuts himself off from Its Power. When he is able to give up his petty self-will and accept that he is but an instrument for that which is greater than man, then he may become a channel for its flow, and work with Its Power.

Man has been given the will to choose, to direct, and to concentrate. In that sense it involves some brain activity, dual in nature: first to will (determine or decide) an action, then to

apply the activity or direct the action. Will is that faculty of the soul called volition; being voluntary, it cannot be compelled.

Will is unable, until changed by grace, to move itself toward God, or to will any good thing pleasing to Him. For the personal will is of Nature, but to will what is good (of God) is of Grace.

The father said to his son, "Son, go to work today in my vineyard," and the son said, "I will not," but afterward he *repented* and went.

Will is any plan of action joined to the idea that it should be executed, unless counteracted by a stronger idea to the contrary. It is partly associated with the emotions, which

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influence desire and thus move us to will something, not through reason.

"There is no such thing as a good habit," because this removes the exercise of will. Never use will with another human being, unless it is sheer emergency to save that person to complete the cycle of life (if you are inwardly guided). To remove the free will of another creates a Karmic debt.

If you work according to universal Laws these will work, because it is God's Will. Don't make the mistake of trying to keep God's Will within the circumference of your own personal will, but serve the greater Will, and make yours fit within its bounds.

The ego may be defined as the part of man's personality which at that given time is the contents of the Will in his present state of consciousness. It is the Ego which is able to wield the Sword of discrimination on the inner planes, and so bring about the balance.

WORK

If you think your task too menial, and feel that you were born for greater things, you're right in part. When your time is ripe you will have them, but meanwhile don't shirk duty or be afraid to humble yourself.

If you can relinquish the grudging attitude and take on humility, you will be emulating Jesus, who made a point -- a ritual even -- of washing his associates' feet.

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Some people feel like helpless slaves of circumstance on their jobs, harried and nervous, driven and rebellious. Others doing the same task stay in complete command of the situation, easy and confident, as though they belonged there.

It is not that these do better work, but it may appear so because of a nicely relaxed and friendly attitude. No matter what type of work you do, don't let it "get" you. You must take command of it, control it, and put it in its place.

The average employee dislikes being asked by the boss to do his job in a method he does not like, when his own taste and experience would lead him to do it another way he feels would be far better. He wants to do it "his way", and perhaps rightly so.

But unless the boss is amenable to suggestion, it is usually better to remain silent, at least until you've been there quite awhile. Try to remember that you are not there as an independent individual in business for yourself. You have been hired by a person who is already in business and attempting to express his own ideas, but who needs extra hands to help

accomplish that end, since there isn't enough of him to go around and run the whole thing along.

Your job is to provide, in a sense, an extension of him, and when you accept that, it will ease and simplify things for both of you and earn his gratitude. For in relieving him of responsibilities by dependably carrying out his wishes, you free him to do more work, more competently. But if you feel compelled to use your own ideas, he'll be too busy checking back over your work to get his own done.

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Do your job, however hard it seems, for if you do the thing that's hard, it will become easy. Dedicate every task to God and its performance will prove a joyous privilege.

One woman said, "I've developed a tendency to ask myself 'what was accomplished today?' even after a wearing day a work, and then reel off the tasks done beyond the outside job -- what was sewed, what cleaned, or cooked, or planted."

If the list was long, she viewed it with satisfaction, and felt justified in winding up the day by dropping wearily into bed.

But today the list is brief. Not many things were done. So what did I *really* accomplish? That is the true question. It was a good day really, after work. Friday afternoon, too exhausted to do much outwardly, but accomplished more within myself by taking the courage to read and do only necessary things, than had I beaten myself down still more, doing those things which quickly pass away and hold no lasting reality.

Work on the inner and more personal side of life is needed first, though there must be commensurate physical work to bring it forth, and work on oneself first of all, getting the inner man in

shape to really work on a higher level for the upliftment of his fellow man.

The Teacher who transcends and works on the inner planes finds his responsibilities much increased, for he must then do on the outer plane that which the inner work requires for its performance -- though it may seem mystifying to others. He lays himself on the line in service to God.

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Having experienced "grace" and the clearing of the slate, and noticing signs pointing to the probability that I was kindly being prepared for death, this letter was written to my son to be read if I passed on. As it turned out later, this indicated death was not of the physical body, but of the old "self" and former way of life, to be reborn in Christ.

Dear Son,

Though I feel very well, certain curious experiences have made me aware of the transience of outer things, and the actual reality of things spiritual. In fact, I've had an unimaginable experience, yet it couldn't be discussed with any who had not also experienced it.

Suffice it to say that the Bible teachings cannot be underestimated, but each story, as well as being probably factual and historical, also relates symbolically to certain aspects of the evolution of the human soul.

Perhaps I can hint at just one instance -- Jacob and Esau. It always seemed unfair and dishonest, looked at literally. But it seems that Esau, the hairy one, represents the animalistic nature which sells its

inheritance short for sense-gratification, momentary indulgence; while Jacob is another part of the same soul, the higher and finer part which knows it must rid itself of subservience to the lower nature before *it* can claim its divine inheritance as the son of God.

Perhaps you can gather from this how some of the others might also be understood.

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The main thing I have found out, without having actually seen any other-worldly apparitions or such things, is that one is more carefully looked-out-for and watched over than he ever realizes.

Though he is given all the rope he wants, to go as far afield as desired, and has to pay his way every step back, there comes a point at which he is *shown* to have been taken back.

I asked you once if you knew the meaning of the "double-entendre". Well, that's part of the experience, though not all. It's the beginning of it. I think what Jesus meant by "He that hat ears, let him hear." At first, it looks as though everything is against you, until you begin to pass tests.

I'm risking the scorn of "doubting Thomas" telling you these things, which may never be applicable in your case, and therefore not understandable. But it is my obligation to pass on the best of what I've gained, and this was it. Maybe "Tiny Tim" will replace the doubter, and may "God bless us every one."

